



ST Louis Estate Monthly Calendar



ST LOUIS ESTATE



LIVE WELL



December 2019



Office will be closed from 24TH December 2019 to 1ST January 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
						1 Sunday Roast 12:30 pm (DR) Roast Lamb & Vegetables	
2 Chair Yoga 2:30 pm (KL) Men's Club 5:00 pm (KL) Pasta Night 6:30 pm (KL) Private Function Mr Tunnicliffee (PDR)	3 Gentle Exercise 11:15 am (KL) Private Function Seniors (PDR)	4 Aqua Aerobics 9 am (PL) Bus to Shopping Centre 10 am Wednesday Dining 6:30 pm (DR)	5 Dr. Visit 11 am Consulting Room Appointment Needed Gentle Exercise 11:15 am (KL) Social Committee Meeting 2:30 pm (PDR) Happy Hour 5:00 pm	6 Christmas Fete 9am- 12pm (KL) Casual Dinner 6:30 pm (KL)1	7 Movie 1:30 pm (KL) Northpole Open for Christmas	8 Sunday Roast 12:30 pm (DR) Roast Lamb & Vegetables	
9 Chair Yoga 2:30 pm (KL) Pasta Night 6:30 pm (KL)	10 Gentle Exercise 11:15 am (KL)	11 Aqua Aerobics 9 am (PL) Bus to Shopping Centre 10am (HS) Wednesday Dining 6:30 pm (DR)	12 Gentle Exercise 11:15 am (KL) Hearing Clinic 9am (CR) Appointment Needed Bingo 1:30 pm (KL)	13 Guest Speaker- 10:15am (KL) Steve Lee "BlueForce" Casual Dinner 6.30pm (KL)	14 St Thomas the Apostle Claremont Choir Performing "Road to Bethlehem" 2:30 pm (KL)	15 Sunday Roast 12:30 pm (DR)- Roast Beef & Vegetables	
16 Chair Yoga 2:30 pm (KL) Pasta Night 6:30 pm (KL)	17 Gentle Exercise 11:15 am (KL) Movie 1:30 pm (KL) Christmas with the Kranks	18 Aqua Aerobics 9 am (PL) Bus to Shopping Centre 10 am (HS) Birthday Morning Tea 10:30am (KL) Wednesday Dining 6:30pm (DR)	19 Gentle Exercise 11:15 am (KL) Staff Christmas Lunch (KL)	20 Guest Speaker - 10:15 am (KL) Caren McLaren "Power Ledger's Energy Trading" Christmas Luncheon 12:30 pm (DR)	21	22 Sunday Roast 12:30 pm (DR)- Roast Lamb & Vegetables	
23 Chair Yoga 2:30 pm (KL)	24 Gentle Exercise 11:15 am (KL) Office & Kitchen Close 12:30pm	25 Public Holiday Christmas Day	26 Public Holiday Boxing Day	27 Office & Kitchen Closed	28 Office & Kitchen Closed	29 Office & Kitchen Closed	
Exercise	Functions	Guest Speakers	Dinners	Activity Program	Shopping Bus	Meetings	Private Function