



ST LOUIS ESTATE  
LIVE WELL

St Louis Estate  
The Village Voice  
January 2020

## THE BEST OF 2019



Week of Amazement



Anzac Day



Eric Lyons Memorial Service



Wine Tasting



Swan Valley Bus Trip



Harry Perkins Concert



Karen Wynn Farewell



Melbourne Cup



Melbourne Cup



Christmas Cocktail Party



Christmas Cocktail Party



Christmas Cocktail Party



## Contact Phone Numbers

Contact Person	Time & Day	Contact Number
Reception	Monday - Friday 9:00 am - 4:00 pm	9385 1420 Email - admin@stlouisestate.com.au
Doctor	Every 4 weeks	9385 1420
Dentist		9385 1420
Hairdresser - Karen	Every Wednesday, Thursday & Friday From 9:00 am (home visits available)	0419 948 577
Hearing Clinic		1800 054 667
Beautician - Christine	Every Friday	0403 281 205
Massage Therapy - Sandra	Tuesday from 10:00 am - 1:30 pm - \$25.00	9385 1420
Physiotherapist - Christine Butler		0408 645 302
Podiatrist - Jacqui Costigan	Every Second Wednesday	0417 098 873
Window Cleaner - Rigo		0425 611 780
Carpet Cleaner - Rigo	Cost around \$80	0425 611 780
Shopping Bus Service	Every Wednesday 10.00 am - \$15.00	9385 1420
Gopher Repairs - Lee Scanlon		0421 912 025

## MOVIE AFTERNOON

**SATURDAY 4<sup>TH</sup> JANUARY | KINGSMILL LOUNGE | 1.30PM**

Now an adult with three children, bank teller Michael Banks learns that his house will be repossessed in five days unless he can pay back a loan. His only hope is to find a missing certificate that shows proof of valuable shares that his father left him years earlier. Just as all seems lost, Michael and his sister receive the surprise of a lifetime when Mary Poppins – the beloved nanny from their childhood – arrives to save the day and take the Banks family on a magical, fun-filled adventure.

**Running time:** 130 mins



**THURSDAY 16<sup>TH</sup> JANUARY | KINGSMILL LOUNGE | 1.30PM**

Self-reformed petty criminal Terry Leather (Jason Statham) has become a financially struggling car dealer and settled into a pedestrian London life with his wife and kids, but takes the plunge into big crime when his ex-girlfriend, Martine (Saffron Burrows), turns up with an offer to pull off a lucrative bank heist. After Terry assembles his crew of misfits and begins the operation, he finds that there are other agendas at play, and powerful players who have designs on the vault's contents.

**Running time:** 107 min



# UPCOMING EVENTS

## New Year's Day Celebration



Wednesday 1<sup>ST</sup> January | 12.00pm

Come and celebrate New Year's Day with your neighbours at 12.00pm in the Kingsmill Lounge. BYO drinks and nibbles.

## Australia Day Lunch



Sunday 26<sup>TH</sup> January | 12.30pm

Join us to celebrate Australia Day with family and friends in the Village. Chef Nick has designed a special menu for your enjoyment. See more details on page 5.

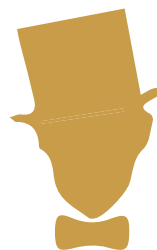
Cost: \$30.00 per person

## WELCOME

St Louis would like to welcome:

### OUR STAFF

Fraser Marshall (Catering)



## MEN'S CLUB

MONDAY 6<sup>TH</sup> JANUARY

KINGSMILL LOUNGE BAR

5.00PM | BYO DRINKS

## BIRTHDAY MORNING TEA

WEDNESDAY 15<sup>TH</sup> JANUARY  
KINGSMILL LOUNGE | 10.30 AM

4<sup>TH</sup> JANUARY - GLADYS POWELL

5<sup>TH</sup> JANUARY - ANN CARRINGTON JONES

6<sup>TH</sup> JANUARY - MARY MILLER

9<sup>TH</sup> JANUARY - JENNIE HEWITT

12<sup>TH</sup> JANUARY - PETE POLLARD

13<sup>TH</sup> JANUARY - COLLEEN BOYNE

20<sup>TH</sup> JANUARY - DAVE KEPERT

23<sup>RD</sup> JANUARY - PAUL BENNETT

23<sup>RD</sup> JANUARY - PAM HUNT

25<sup>TH</sup> JANUARY - VERA SMITH

26<sup>TH</sup> JANUARY - ANN WALL

27<sup>TH</sup> JANUARY - MARIETTE DU-BUISSON

28<sup>TH</sup> JANUARY - PETER HOLLINGWORTH



## HAPPY HOUR

THURSDAY 2<sup>ND</sup> JANUARY

KINGSMILL LOUNGE 5.00PM

BYO DRINKS & NIBBLES



## BBQ NIGHT

FRIDAY 17<sup>TH</sup> JANUARY

BBQ AREA BY THE POOL

6.30 PM | COST \$10.00

SALADS SUPPLIED



# BLACKBOARD SPECIALS

**2<sup>ND</sup> - 3<sup>RD</sup> JANUARY**

Chef's Veggie Frittata  
Oriental Chicken

**6<sup>TH</sup> - 10<sup>TH</sup> JANUARY**

Curried Sausages  
Bacon & Mushroom Pasta

**13<sup>TH</sup> - 17<sup>TH</sup> JANUARY**

Salmon Patties  
Sirloin Steak, Eggs & Mash

**20<sup>TH</sup> - 24<sup>TH</sup> JANUARY**

Oriental Pork Cutlet  
Crumbed Cobbler with  
Tartare Sauce

**27<sup>TH</sup> - 31<sup>ST</sup> JANUARY**

Beef Lasagna  
Vegetable Quiche

All Mains served with Potatoes & Vegetables

## WEDNESDAY NIGHT CHEF'S 3 COURSE DINNER 6.00PM

**8<sup>TH</sup> JANUARY**

Salmon Hollandaise  
Beef Lyonnaise

**15<sup>TH</sup> JANUARY**

Beef Steak with  
Garlic Prawns  
Chicken Filo's with  
Brie Cheese

**22<sup>ND</sup> JANUARY**

Pork Cutlet with  
Mushroom Sauce  
Tender Braised Lamb  
w/ Rosemary & Garlic

**29<sup>TH</sup> JANUARY**

Beef Silverside with  
Mustard Sauce  
Chicken with Prawn  
Thermidor

Fish, Steak & Vegetarian meals available on request | All meals are served with Vegetables & Potatoes  
Dinner includes Chef's Entrée and Dessert- \$30 per person • BYO Drinks - Children under 12 - \$16

## MONDAY PASTA NIGHT 6.30PM • KINGSMILL LOUNGE

**6<sup>TH</sup> JANUARY**

Hungarian Style  
Chicken Pasta

**13<sup>TH</sup> JANUARY**

Greek Beef Stifado

**20<sup>TH</sup> JANUARY**

Roasted Pork Rosemary  
& Garlic Pasta

## FRIDAY CASUAL NIGHT 6.30PM • KINGSMILL LOUNGE

**3<sup>RD</sup> JANUARY**

Chicken Tikka Masala

**10<sup>TH</sup> JANUARY**

Singapore Style  
Beef Curry

**24<sup>TH</sup> JANUARY**

Lamb Vindaloo with  
Vegetables

**31<sup>ST</sup> JANUARY**

Jamaican Pork Curry  
with Pineapple

Monday and Friday dinners: \$15.00 per person



# SUNDAY ROAST 12.30PM

**5<sup>TH</sup> JANUARY**

Roast Pork

**12<sup>TH</sup> JANUARY**

Roast Beef

**19<sup>TH</sup> JANUARY**

Roast Lamb

**26<sup>TH</sup> JANUARY**

Australia Day

All meals are served with Vegetables and Potatoes | Gluten free and vegetarian meals available on request  
\$28.00 per person | Book at Reception 9385 1420

## HOME DELIVERY SPECIALS

Chicken & Prawn  
Risotto with Saffron &  
Roasted Garlic  
Tomato Sauce

Slow Cooked Beef  
Cheeks with Fried  
Mushroom & Onion  
Potato Mash

Roasted Rack of  
Free-Range Pork with  
Calvados Apples &  
Fresh Marjoram

## AUSTRALIA DAY LUNCH MENU

### Entrée

Western Australian King Prawns

### Main Course

Albany Lamb Chops with Gourmet Snags,  
Coleslaw, Australian Day salad served with Mango,  
Rocket and Currants and Potato Salad

### Dessert

An array of Anzac biscuits, Lamington's  
and Pavlova with seasonal fruits

## JANUARY REMINDERS

### PUBLIC HOLIDAY

Office and Kitchen will be close on Monday 27<sup>TH</sup> January for Australia Day.

### COFFEE SHOP

Coffee shop will now be opened on Saturdays starting from 8<sup>TH</sup> February.

### WEDNESDAY DINING

As requested by residents this will now be at 6:00 pm.

### GUEST SUITE

Bookings for the Guest Suite can be arranged at reception.

### SENIORS AND PENSION CARD

Please provide reception with a copy of your seniors or pension card, as concessions can be claimed for your council and water rates.

### CHANGES TO EMERGENCY FORMS

Please contact reception if you have any changes to your contact or medical details on your BlueForce emergency form.





## DOCTOR'S VISIT

THURSDAY 2<sup>ND</sup> JANUARY  
CONSULTING ROOM  
COMMENCING AT 11:00 AM

BOOK APPOINTMENT AT RECEPTION



## DENTIST'S VISIT

ST QUENTIN & CLAREMONT  
FAMILY DENTIST  
TBC

BOOK APPOINTMENT AT RECEPTION



## HEARING CLINIC

THURSDAY 9<sup>TH</sup> JANUARY  
COMPUTER ROOM  
BOOK APPOINTMENT ON 1800 054 667



## COFFEE SHOP

Monday to Friday - 9:30am to 2:00pm  
Saturday - Closed  
Sunday - 9:30am to 2:00pm



ST. PATRICK'S  
COMMUNITY SUPPORT CENTRE

## DONATIONS

Here are some of the items they need:  
socks, soap, shampoo, conditioner, deodorant,  
sanitary items, toothpaste (all in travel pack size)  
and more. All donations are welcome.



## ST. LOUIS GIFT SHOP

Books & Gifts (Perth Children's Hospital)  
St. Louis Polo Shirts & Hats  
Koala Eco Products

These can be purchased at Reception.

## WANTED

### VOLUNTEERS

Sew/ stitch wool  
squares into  
blankets for  
charities.

### DONATIONS

Bread tags.  
These are recycled to  
fund wheelchairs in  
South Africa

**CONTACT:** Reception for more information.



## SUGGESTION BOX

We always welcome your feedback and  
suggestions. You can provide anonymous  
Feedback via our suggestion box  
located in the coffee shop.

Alternatively, please use our mailbox located on  
the veranda at the end of the homestead.



## ..... QUIZ: NUMBERS, NUMBERS AND MORE NUMBERS .....

**01.** Freezing temperature of water (F)

\_\_\_\_\_

**02.** Feet in a mile

\_\_\_\_\_

**03.** Heinz variety

\_\_\_\_\_

**04.** Degrees in a circle

\_\_\_\_\_

**05.** Water boiling temperature (F)

\_\_\_\_\_

**06.** Normal body temperature (F)

\_\_\_\_\_

**07.** Days in a year

\_\_\_\_\_

**08.** Weeks in a year

\_\_\_\_\_

**09.** Centigrade body temperature

\_\_\_\_\_

**10.** Letters of the alphabet

\_\_\_\_\_

**11.** Wonders of the ancient world

\_\_\_\_\_

**12.** Signs of the zodiac

\_\_\_\_\_

**13.** Cards in a deck

\_\_\_\_\_

**14.** Planets in the solar system

\_\_\_\_\_

**15.** Piano keys

\_\_\_\_\_

**16.** Holes on a golf course

\_\_\_\_\_

**17.** Blind Mice

\_\_\_\_\_

**18.** Hours in a day

\_\_\_\_\_

Quiz answers: 1- 32 2- 5280 3- 57 4- 360 5- 212 6- 98.6 7- 365 8- 52 9- 37 10- 26 11- 7 12- 12 13- 54 14- 9  
15- 88 16- 18 17- 3 18- 24





## VILLAGE MANAGER'S REPORT

Dear Residents,

Happy New Year!! We hope you had a wonderful Christmas with your families and loved ones. We would like to start the year by welcoming all the new residents who have joined us and all those who have returned from holidays.

December was a busy month around the Estate with our Christmas events. We enjoyed our annual Christmas Fete and Christmas Cocktail Party with great music and a delicious menu organized by our amazing Catering Team.

The St. Louis family would like to thank The St. Thomas the Apostle Claremont Choir for entertaining us with their beautiful performance. We hope you enjoyed the Residents Christmas Lunch also.

Just a reminder for those interested in attending the Australia Day Sunday Lunch to book in with reception. Please remember that our catering team is always available for birthdays, family gatherings and other event bookings. Please contact reception for more details.

In January we will be improving the common areas, adding some colour to our garden beds and finishing the painting of the hand rails. We would like to remind you that we have an excellent list of pre-approved contractors working around our Village to provide you with quality services if you need. Please refer to our contact phone list inside the newsletter.

I look forward to a successful 2020. May the year ahead bring all our residents and staff health and happiness always for you and your family.

Warmest regards,

Gerard Mclean | Village Manager

