



Merry Christmas

ST LOUIS CHRISTMAS BANQUET



Friday 18th December 12:00pm

The St Louis Christmas Banquet will be our final social event and community celebration for the year. We invite and encourage all residents to bring along family members and friends to celebrate the festive season together and send off 2020 with good friends, great food and a few surprises. You will be treated with a traditional style, Gourmet Christmas lunch with all the trimmings.

Tickets are \$40 per person, which includes Champagne on arrival, a delicious 3-course meal and an afternoon of festivity, you know you don't want to miss.

RSVP by Friday 11th December 2020 to reception.

ST LOUIS CHRISTMAS FETE

**Saturday 5th December 9:00am – 1:00pm
at the Homestead.**

Invite your family and friends along to enjoy our St Louis Community Christmas Fete. We have a great variety of stallholders ready to showcase their delightful goods, and hand-made treasures, the stalls include family friendly fun and games, food and baked goods, jams and preserves, arts and crafts, homewares, health-care products, local businesses and Christmas theme gifts wares.

The St Louis café will be serving a delicious Devonshire Tea in the dining room all morning.

We can't wait to see you there!

LAST CHANCE - CHRISTMAS RAFFLE TICKETS

Tickets Now on Sale - \$2 each or 3 for \$5. Purchase from Reception.

Raffle will be drawn at 12:30pm at the Christmas Fete on Saturday 5th December 2020.

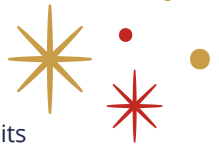
All proceeds from the Raffle go directly to the St Louis Social Club.

Catherine is still accepting donations towards to the raffle prizes so please drop any contributions directly to reception before Friday 4th December.





VILLAGE MANAGER'S WELCOME



First things first, Welcome to the Christmas Festive Season. It's that time of the year where we take the opportunity to reflect on the year that was. It's hard to believe that 2020 is already coming to a close. It's true what they say, "time flies when you're having fun" and fortunately here at St Louis we are passionate about what we do and how we can help you live well, enjoy yourselves and feel supported. Although 2020 has been a year like no other, with COVID-19 causing unprecedented changes to our ways of life on a global scale, I genuinely hope we've managed to succeed in providing you with all that you need and more.

This is the first opportunity I have to write to you since my permanent appointment as Village Manager. After ten incredibly busy, challenging but mostly importantly rewarding months acting in the position, I am delighted to be here and look forward to working closely alongside you all in 2021 and beyond.

November was a buzz with celebration, WA Seniors week saw several of our pop-up events enjoyed by numerous residents. Thank-you to everyone who attended and supported the various events we planned, it makes all the planning worth it when we get to see the enjoyment on your faces and good times shared by all. We have a month jam packed with festive and social events coming up, starting with the Cocktail Party, Christmas Fete, Christmas Lights Tour, and finally our Christmas Banquet, I can't wait to see all your friendly faces there.

As we approach the Christmas Holiday season its important to be prepared and ensure you ask for any additional support you may need across the Public Holiday's and office closures. We will go above and beyond as always to ensure we have provided as much support as possible in preparation for the closure. I encourage you to reach out to family and friends to check-in and offer any support for the Christmas and New Year period.

We are now just weeks out from 2021, myself and the team are excited about everything the coming year has in store. We are determined to make 2021 our best year yet with the introduction of additional social events, increased engagement of residents and continued improvement of the Estate facilities, grounds and gardens.

On behalf of myself and all of the team at St Louis Estate, I would like to take this opportunity to thank all of our residents, families and friends for their continuous support and we hope everyone enjoys a very a safe and happy festive season.

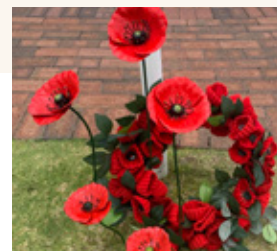
From my family to yours, I wish you a very Merry Christmas and the Happiest of New Years. I hope 2021 brings good things to you all.

Yours Truly, Sarah Reilly



Thank You Alex

A very special Thank You must go to Alex Pignéguay from Scotch College, who so generously donated his time and talents to play the Last Post and Rouse at our Remembrance Day Service. Alex is a credit to himself; his family and Scotch College and we would be delighted to welcome him back at any time. I am sure you all echo my words of gratitude to Alex for making our service extra special.





Village Services @ Christmas



All village services (Reception, Kitchen, Gardens & Maintenance) will continue throughout the Christmas & New Year period, except for on Public Holidays. Please note that due to annual leave for staff over the festive season and operational requirements there will be some changes to the hours and services offered from Wednesday 23rd December through until Monday 4th January.

MEALS DURING THE CHRISTMAS PERIOD

Although the Festive season will see some restrictions on Café dine-in options and evening meals. We will still be offering our full home delivery service. Delivery of your choice of fresh or frozen meals will be offered as per the below table. Menu's will be released closer to the timeline.

ANNUAL CHRISTMAS DAY BUFFET LUNCH

A self-serve buffet lunch will be made available on Christmas Day, Friday 25th December from 12:00 – 1:00pm. Residents spending Christmas day at the Estate are welcome to enjoy a delicious complimentary meal of Christmas Turkey, Ham, Salads and Christmas Cake.

DATE	MEAL OPTION	DELIVERY TIME	CAFE OPENING HOURS	OFFICE OPENING HOURS
Wednesday 23rd December	Meal of the Day or Light Meal	11:00 – 11:30	Café Open 9:00 - 12:00 No Wednesday Night Dining	9:00 - 12:00
Thursday 24th December	Meal of the Day or Light Meal	11:00 – 12:00	Café Open 9:00 - 12:00 For Coffee/Cake & take-away	9:00 - 12:00
Friday 25th December	Christmas Home Delivery Menu	24th December 11:00 – 12:00	Café Closed – Self Serve Lunch No Casual Dining (Curry Night)	Closed
Saturday 26th December	Christmas Home Delivery Menu	24th December 11:00 – 12:00	Café Closed	Closed
Sunday 27th December	Christmas Home Delivery Menu	24th December 11:00 – 12:00	Café Closed No Sunday Roast Lunch	Closed
Monday 28th December	Christmas Home Delivery Menu	24th December 11:00 – 12:00	Café Closed No Casual Dining (Pasta Night)	Closed
Tuesday 29th December	Meal of the Day or Light Meal	11:00 – 12:00	Café Open 11:00 – 1:00	9:00 – 3:00
Wednesday 30th December	Meal of the Day or Light Meal	11:00 – 12:00	Café Open 11:00 – 1:00	9:00 – 3:00
Thursday 31st December	Meal of the Day or Light Meal	11:00 – 12:00	Café Open 11:00 – 1:00	9:00 – 1:00
Friday 1st January	New Year Home Delivery Menu	31st December 11:00 – 12:00	Café Closed No Casual Dining (Curry Night)	Closed
Saturday 2nd January	New Year Home Delivery Menu	31st December 11:00 – 12:00	Café Closed	Closed
Sunday 3rd January	New Year Home Delivery Menu	31st December 11:00 – 12:00	Café Closed No Sunday Roast Lunch	Closed

All Office / Café Hours & Dining Options will resume as normal from Monday 4th January 2021.

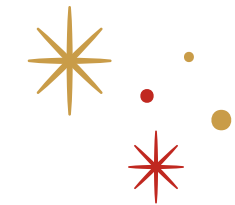
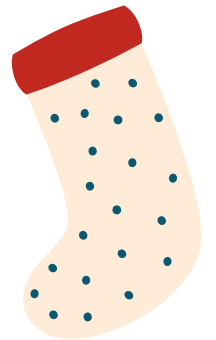
LIONS APPRECIATION AWARDS

We are proud to announce that recently two of our St Louis Residents, Mollie Gill and the late Gerogina Malabar were both awarded a 'Certificate of Appreciation' from Lions for their generous and ongoing contributions of knitting toys and garments for various charities and organisations in need.

A special heartfelt thank you goes out to these wonderful and talented ladies, including Joy Sinclair for all the ongoing contributions they make.

Lions continue to assist and support the WA community and those in need, recently donations made by residents and friends of St Louis Estate where delivered to the Perth Children's Hospital where they were given to the Refugee Clinic and Aboriginal Health team, whom are always seeking additional clothing for children. These donations are so greatly appreciated and are a great help in improving the quality of life of these children.

Leading up to Christmas, we are currently seeking donations of Children Pyjamas for the Child Protection Unit, specifically for adolescent females (Size 8-14) and both younger boys and girls (Size 1-3). All pyjamas can be dropped off at reception, alternatively if you would like to make a donation of cash towards to purchase of these items, please do so via Reception, or directly to Joy Sinclair (Unit 55) whom will then purchase a variety of the items in need to pass onto the hospital on our behalf.





Christmas Treats

WORD FIND

P	D	T	M	F	M	S	S	A	H	P	H	L	K	N
Q	A	A	U	F	I	U	M	Z	H	Q	F	Y	M	Q
G	E	E	E	A	N	O	U	C	O	O	K	I	E	S
S	R	S	K	O	C	I	L	C	L	O	V	E	S	L
E	B	O	A	M	E	T	P	E	G	D	U	F	E	E
G	R	O	C	S	M	P	R	E	H	E	P	L	I	O
N	E	G	T	M	E	M	A	N	H	A	U	A	R	N
A	G	U	I	M	A	U	G	A	G	M	M	T	R	E
R	N	J	U	O	T	R	U	C	R	I	P	B	E	D
O	I	F	R	I	B	C	S	Y	A	Y	K	R	B	E
N	G	T	F	B	B	S	P	D	V	E	I	E	N	H
G	O	N	G	G	E	W	R	N	Y	K	N	A	A	C
G	N	I	F	F	U	T	S	A	G	R	P	D	R	U
E	T	A	L	O	C	O	H	C	B	U	I	G	C	B
X	X	S	E	O	T	A	T	O	P	T	E	E	W	S



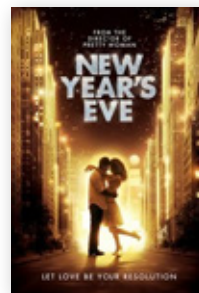
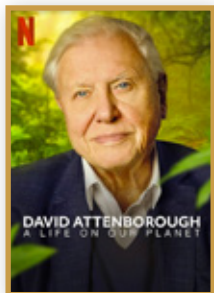
BUCHE DE NOEL
CANDY CANE
CHOCOLATE
CLOVES
COOKIES
CRANBERRIES
EGGNOG
FLAT BREAD

FRUITCAKE
FUDGE
GINGERBREAD
GOOSE
GRAVY
HAM
MINCEMEAT
NUTS

ORANGES
PUMPKIN PIE
SCRUMPTIOUS
STUFFING
SUGARPLUMS
SWEET POTATOES
TURKEY



DECEMBER EVENTS



MOVIES

David Attenborough: A Life on Our Planet

1h 54m - 8th December 1:30pm

In this moving documentary, the famed naturalist maps how steeply the planet's biodiversity has diminished over his lifetime.

Dolly Parton's Christmas on the Square

1h 38m - 22nd December 1:30pm

A woman who plans to sell a small town without regard for the people who live there receives a visit from an angel.

Miracle on 34th Street

1h 41m - 24th December 11:00am

The story takes place between Thanksgiving Day and Christmas Day in New York City, and focuses on the effect of a department store Santa Claus who claims to be the real Santa.

A Christmas Carol

1h 36m - 29th December 1:30pm

Ebenezer Scrooge, a spiteful and miserly man, encounters three spirits on Christmas Eve, who show him the folly of his ways and prompt him to become a better man.

New Year's Eve

1h 58m - 31st December 11:00am

People from different walks of life get their lives intertwined when they embark on a quest to find happiness on New Year's Eve.



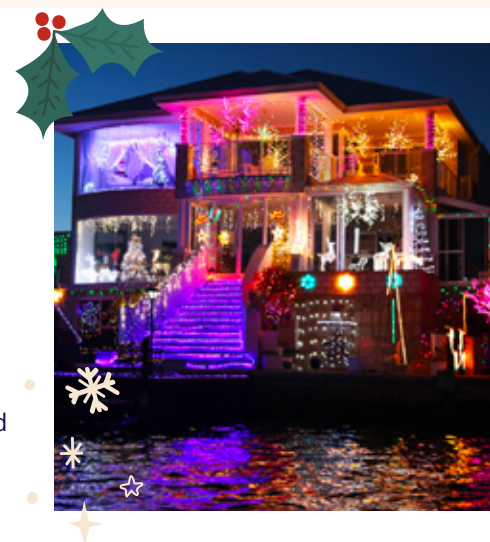
HAPPY HOUR

Friday 4th December, gather some friends, bring along a few drinks and enjoy happy hour in the Kingsmill lounge bar area from 5:00pm-6:00pm. Stay on to enjoy a meal at Casual Dining from 6:30pm.

CHRISTMAS LIGHTS CRUISE

Tuesday 15th December | Depart St Louis 4:30pm, returning by 10:00pm
\$75 per person

Last call for a few spare tickets to the St Louis Christmas lights cruise. Bring your friends or family along for a social evening to ignite our Christmas spirit. Enjoy delicious fish and chips at Cicerello's Mandurah by the water before we board the boat and embark on a cruise through the magnificent Mandurah Canals to enjoy the spectacular Christmas lights by night. Marvel at the multimillion-dollar homes dressed up for Christmas with thousands of lights and decorations making this area a fairy wonderland. Join us for an event not to be missed.





CHRISTMAS COCKTAIL PARTY

Thursday 3rd December 5pm - 7pm at the Kingsmill Lounge

Please join us for our Christmas Cocktail Party to celebrate the end of the year with the St. Louis Family.

RSVP Reception (by Tuesday 10th December)



IMPORTANT NOTICES

GUEST TALKS

We enjoyed our final guest talk of 2020 with John Viska seeing out the end of our November Schedule. Guest talks are scheduled to resume from the first Friday in February.

Do you know a great guest speaker? All suggestions and nominations are welcomed for Guest Speakers to populate our beloved Friday morning talks calendar in 2021. Please pass on details of volunteer guest speakers to the social club, or via reception. We are also seeking nominations for a resident/s to assist in the organising / scheduling of the guest talks.

RESIDENTS COMMITTEE

There will be no meeting of the Residents Committee held in December. The next scheduled meeting is set to be held in January 2021.



REMINDERS

SOCIAL CLUB

COMMITTEE MEETING

Thursday 3rd December.
No meeting in January.

LIONS HEARING CLINIC

December 17th
Call 1800 054 667 to book your appointment.

ST QUENTIN DENTIST

Pick up residents in the village if necessary. Call 9385 2418 to book your appointment.

HAIRDRESSER

Karen will be closed from Thursday 24th December 12:00pm reopen on Wednesday 6th January.

BEAUTICIAN

Chris will be closed from Thursday 24th December 12:00pm reopening on Friday 8th Jan

MASSAGE THERAPY

Sandra will visit the village on the 1st & 15th of December. Call reception to book your appointment 9385 1420.

GP IN THE VILLAGE

December 17th – Dr Chiara
Dr Tom will no longer be visiting the Estate.

BINGO

Will Resume in January 2021

SHIRE TIP PASSES

If you have received a WMRC Tip Pass for 20/21 and would like to donate it to reception, the garden and maintenance team would be very appreciative.

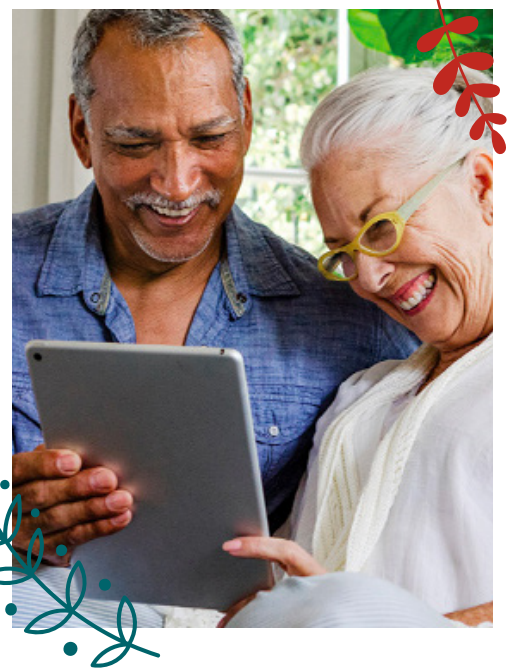
TECH SAVVY SENIORS

Many older Australians are at risk of being digitally excluded in an ever increasing online and digitally connected world. Seniors represent a large and growing segment of the Australian population. According to the Australian Digital Inclusion Index 2019, seniors are the most digitally excluded age group in Australia.

The Tech Savvy Seniors digital literacy training program was designed to help seniors develop the skills and confidence to get connected and participate in the online world. The program aims to increase digital inclusion, reduce social isolation and increase access to online information and services among older people. Tech Savvy Seniors is funded by the Government (Department of Family and Community Services NSW) and Telstra. Training is delivered free of charge.

The Training videos are available via YouTube Channel called "Tech Savvy Seniors"

This can be accessed at the following link www.youtube.com/channel/UC2ePMR_mnuRSGjhnMvnRmuQ/featured



FOR SALE

Metal folding bed (white) with mattress \$100 (Cost paid \$129.96) - still in delivery packaging. Ideal for overnight guests. Order duplicated in error online and not retrievable!

Contact: Norma Curnow on 9286 3595



Happy Birthday!

TO ALL OUR STAFF & RESIDENTS BORN IN DECEMBER



WELCOME TO OUR NEW RESIDENTS

St Louis Estate would like to extend a very warm welcome to our new residents.
We look forward to seeing you around the village.

