



FREMANTLE LINE

MAJOR IMPACT

5 FEB - 5 APRIL 2021

CLAREMONT TRAIN STATION PROJECT

St Louis Estate have received advice from MetroNet of upcoming major disruptions at Claremont Station and surrounding Barnfield Road area. The project will improve passengers' experience, increase service frequency during peak times and allow direct access to the future Airport Line.

To allow this to happen, new rail infrastructure called a turnback will be installed so Airport Line trains can drop passengers off at Claremont Station and use the turnbacks to turn around and head back the way they came. To build the new turnbacks eight weeks of intensive construction activity will take place from 5 February until 5 April 2021.

The following information has been provided by the Western Australian Government's MetroNet.

What to expect if you live around the works

Due to the nature of the work being undertaken, works are being completed round the clock in an effort to reduce ongoing impacts on residents, businesses and passengers.

For those living around the works, some disruptions include:

- Out-of-hours works throughout this time, including Sundays and nightworks, with every effort made to reduce noise during the night and plan noisy work, where possible, during the day.
- Traffic management and detours at various stages throughout this time. Signs will clearly show the detours and we ask everyone to look out for each other and slow down.

- Pedestrian shared path impacts to maintain a safe distance between the work site and traffic movements.

Drivers that use roads which follow the Fremantle Line or around local schools in the area may expect increased traffic during this time and should plan their journey accordingly. Specific impact details will be provided to directly impacted residents, including contact details for the out of hours works.

Major service impacts to the Fremantle Train Line during this work, including:

- Claremont Station will close and no train services will stop here. Bus services will continue to operate to and from Claremont Station.
- Several Line closures, with train replacement buses operating. Specific details are found on the Transperth website.
- Fremantle Line services between Showgrounds and Fremantle stations reduced to a 30-minute frequency with passengers required to change trains at Cottesloe Station (some passengers may also need to change at Showgrounds)

How can you prepare?

If you're a regular user of the Fremantle Line, it's important to be prepared ahead of the eight-week period of reduced services. It is recommended to leave up to 30 minutes of extra time to get to your destination. Passengers who may be impacted are urged to visit the Transperth website, or call the Transperth InfoLine on 13 62 13 for more information.

VILLAGE MANAGER'S WELCOME

I recently discovered a fun fact about February, did you know the Saxon term for the month is Sol-monath which means "cake month". The term arose because the Saxon people offered cakes to the gods during the whole month. An entire month dedicated to cake!! Just another reason as to why February is hands down my favourite month of the year.

It's a short but sweet month marking the end of Summer, I get to celebrate not only my birthday but Valentine's Day, and now my one-year anniversary as Village Manager. What an eventful year it has been, I look forward to many years ahead. There is never a dull moment here at St Louis and I am grateful for all the wonderful people, stories and experiences I encounter every day. This year, I plan on celebrating by spending these special days with my family, friends and loved ones.

It seems the year is getting away with us already, January passed quickly, and I have a feeling a busy February will be over before we know it. Lots of planning is underway for the events and bus trips scheduled for the rest of 2021, with our first bus trip hopefully happening towards the end of March.

A quick update on the COVID-19 pandemic. It's great to see we are currently not seeing any community transmission Australia wide. In January we saw the release of Australia's COVID-19 National Vaccine Rollout Strategy, which indicates the priority populations for vaccination, and the program phases through which vaccines will be provided in Australia.

WA Health is currently engaging with stakeholders to plan the staged rollout of the WA COVID-19 vaccination program. The program will start with priority groups such as frontline healthcare workers, quarantine and border workers, aged care and disability care residents and workers. We will be sure to update all residents about the availability of the COVID-19 Vaccine as soon as we have more specific information.

I hope you enjoy our last few weeks of Summer, get involved with our new jigsaw puzzle table in the Kingsmill or try a new activity this month, but most importantly, don't forget to enjoy a piece of cake.

Yours Truly, Sarah Reilly



AUSTRALIA DAY RECAP

Residents came together on Monday 25th January to celebrate Australia Day early, enjoying an 'All Things Aussie' meal and beautiful weather, thank you to everyone who attended and contributed to yet another successful event!





ST LOUIS ESTATE
LIVE WELL

From the Kitchen

VALENTINES DAY ROAST LUNCH



"There's going to be a gathering of sweet and loving friends, we hope with all our hearts, that you'll be able to attend"

This year Valentine's Day falls on Sunday 14th February, invite your loved ones, friends or that special someone along to enjoy our Chef's Roast Lunch.

FAMILY & FRIENDS WELCOME

Want to catch up with friends or family who don't live at St Louis Estate? Looking for a great venue to head out for dinner? Look no further! Remember you're always welcome to bring along guests to all St

OPENING HOURS

Monday - Friday
10:00 am - 2:00pm

SUMMER
SPECIAL
SOFT DRINK &
CAKE/Slice
/FRUIT
\$5.00
(DINE IN ONLY)

Louis special events along with our regular evening meals. Friends and Family are always welcome.

HOMESTEAD OPENING HOURS



Opening Hours for the Homestead Building, including the Swimming Pool, Gym, Café Area & Library are Monday - Sunday, 7:00am - 9:00pm. Residents are welcome to use the communal facilities during these hours.

Please note, for security reasons access into the Homestead building after 7:30pm is only available via the automatic door located near reception, all other entry doors are to remain locked after 7:30pm.

DINING OPTIONS & DELIVERY SERVICES

DAY	MEAL THEME	COST	DELIVERY TIME	DINE -IN TIME
Monday	Casual Dinner	\$15.00	4:00 pm - 5:00 pm	6:30 pm
Tuesday	Meal of the Day	\$15.00	12:00 pm - 1:00 pm	N/A
Wednesday	Chefs Dinner	\$30.00	5:00 pm - 6:00 pm	6:00 pm
Thursday	Meal of the Day	\$15.00	12:00 pm - 1:00 pm	N/A
Friday	Casual Dinner	\$15.00	4:00 pm - 5:00 pm	6:30 pm
Saturday	Meal of the Day	\$15.00	Friday Afternoon Delivery	N/A
Sunday	Roast Lunch	\$28 .00	12:00 pm - 12:30 pm	12:30 pm

Dietary requests will be met as required, gluten free and vegetarian options are always available. Orders need to be submitted via telephone or email to reception. All meal orders close at 12:00pm the day prior, but advanced notice is appreciated.

***Please Note:** Deliveries that are requested outside the set delivery times will incur a \$1.00 surcharge.



FEBRUARY EVENTS



MOVIES

Schindler's List (1993) - Tuesday 2nd February | R | 3h 15min | Biography, Drama, History

In German-occupied Poland during World War II, industrialist Oskar Schindler gradually becomes concerned for his Jewish workforce after witnessing their persecution by the Nazis.



Dances with Wolves (1990) - Tuesday 16th February | PG-13 | 3h 1min | Adventure, Drama, Western

Lieutenant John Dunbar, assigned to a remote western Civil War outpost, befriends wolves and Indians, making him an intolerable aberration in the military.

BINGO IS BACK

Thursday 11th February 2021 - 1:30pm in Kingsmill Lounge

Be ready for eyes down at 1:30pm sharp. New residents and friends welcome to attend.

\$10.00 per book for 10 games. Money collected is all allocated as prizes. Please feel free to donate any additional prizes on the day (wine, chocolates etc).

GUEST TALKS – 10:30AM – 11:30AM

Friday 5th February

Richard Offen –
"Heroes, Villains
& Vagabonds"

Friday 12th February

Teelia Peploe –
"COVID-19 & Navigating
Home Care Packages"

Friday 26th February

Robin Tunnicliffe –
"The Boeing 737 Max
Sage & a Similar RAF
Aircraft Problem"

We are seeking Guest
Speakers! Please let us
know of anyone who
would be interested in
volunteering to speak.

IMPORTANT NOTICES



IN LOVING MEMORY: STEPHEN KIKIROS



St Louis Estate wish to express our deepest sympathies to the Kikiros family on the passing of Stephen Kikiros. Stephen passed peacefully at SCGH on 5th January 2021. A pillar of the community and a treasured member of our St Louis Family. Our thoughts and prayers are with you during this difficult time.

Stephen will always be remembered for his self-less and caring nature and the lasting impact he made with his charity work, helping the Greek and Australian communities including Lion's Australia, numerous migrants, the Hellenic community of WA and the St Andrew's Grammar School. We are forever grateful for his service to our community.



EXTERNAL CONTRACTORS & SERVICE PROVIDERS

A friendly reminder to all residents, should you be engaging external contractors or service providers to perform works on or within your unit it is important to keep your neighbours in mind and informed. If access to a communal area or neighbouring property is required, please ensure you have informed your neighbour and/or reception in advance. Our Estate is a unique environment and we need to work together to ensure everyone is comfortable.

2021 WESTERN AUSTRALIAN STATE ELECTION

The Western Australian Electoral Commission will be attending St Louis Estate to offer an early voting centre for the upcoming WA State election to be held on Saturday 13th March 2021.

Early Voting Centre Details:

St Louis Estate Claremont

Wednesday 3rd March 2021

9:30am – 10:30am, Kingsmill Lounge



WESTERN AUSTRALIAN
Electoral Commission

GUEST SUITE – NOW TAKING BOOKINGS

Our 2021 bookings calendar is now open for the St Louis Estate Guest Suite. The guest suite is available for booking by family, friends and guests of St Louis Estate residents only. After an extended period of closure due to COVID-19, we are delighted to re-open this service. Currently bookings will only be open to WA based guests and visitors (no inter-state or international guests). We hope to expand this further in the future and will do so based on Government health advice and with the safety and wellbeing of our residents as the first priority. Bookings can be made via Reception.

PERTH CHILDREN'S HOSPITAL CURRENTLY SEEKING DONATIONS

All donations of pyjamas are welcomed for the Child Protection Unit at PCH. Both boys and girls, Sizes 1-14 are needed. Alternatively, if you would like to donate money towards the purchase of the items needed, please do so via reception or the donations box located at the Donations Display currently set up in the Café.



ARE YOU THE MISSING PIECE? JIGSAW PUZZLE TABLE

As part of a new resident lead initiative, we have set up a jigsaw puzzle table in the Kingsmill Lounge. Residents are welcome to assist in the completion of the jigsaw puzzle at their own leisure, whether you would like to sit for a while and complete a section or add one or two pieces as you are passing by, lets see how quickly we can finish our first joint puzzle!



CELEBRATE ST LOUIS

Come along to our Celebrate St Louis Morning Tea on Friday 19th February 2021 to celebrate our St Louis Birthdays, New Residents & Special Milestones.

Happy Birthday!

TO ALL OUR RESIDENTS & STAFF THAT CELEBRATE
THEIR BIRTHDAYS IN FEBRUARY



WELCOME TO OUR NEW RESIDENTS

St Louis Estate would like to extend a very warm welcome to our new residents. We hope you settle in quickly and look forward to seeing you around the village.



CELEBRATING 20 YEARS

Patsy Steer of Unit 5 is celebrating her 20 Year Anniversary of living at St Louis Estate.





ST LOUIS ESTATE
LIVE WELL

REMINDERS

SOCIAL CLUB COMMITTEE MEETING

Thursday 4th February 2:00pm

LIONS HEARING CLINIC

Friday 19th February. Call 1800 054 667 to book your appointment.

ST QUENTIN DENTIST

Pick up residents in the village if necessary. Call 9385 2418 to book your appointment.

RESIDENTS COMMITTEE MEETING

Wednesday 24th February 10:00am

HAIRDRESSER

Karen is open for Bookings Wednesday – Friday. Call 0419 948 577 to book.

BEAUTICIAN

Chris is open for bookings on Fridays. Call 0403 281 205 to book.

MASSAGE THERAPY

Sandra will visit the village on the 2nd & 16th February 2021. Call reception to book your appointment 9385 1420.

GP IN THE VILLAGE

Dr Chiara will host her next clinic on Thursday 4th February 2021.

SHIRE TIP PASSES

If you have received a WMRC Tip Pass for 20/21 and would like to donate it to reception, the garden and maintenance team would be very appreciative.



HAND SANITISER

The installation of the Hand Sanitiser wall brackets across the Estate has proven to be a great asset in the continued good infection control practices we aim to maintain here at St Louis. If your Hand Sanitiser is running low, don't forget you are able to purchase refills at Reception for just \$10.00.

PUZZLE ANSWERS

Puzzles can be found on the last page.



A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
10	18	21	13	8	17	24	6	1	7	5	3	16	19	22	25	23	12	26	9	14	11	2	20	15	4

I ' V E F A L L E N I N L O V E M A N Y
1 11 8 17 10 3 3 8 19 1 19 3 22 11 8 16 10 19 15

T I M E S . . . A L W A Y S W I T H Y O U .
9 1 16 8 26 10 3 2 10 15 26 2 1 9 6 15 22 14

Arrow
Be Mine
Candy
Card
Chocolate
Couples

Cupid
Date
Diamond
February
Gift
Hand Holding

Feelings
Flowers
Friendship
Gift
Hand Holding

Heart
Hugs
Kisses
Love
Lovers

Romance
Roses
Stroll
Suits



VALENTINE'S DAY PUZZLES



Unscramble the words and find them hidden in the puzzle

waorr	hipridsnef
nmbiee	igtf
dynac	ndohagdnilh
radc	hatre
eothalocc	sghu
oslepuc	sissek
updci	vloe
etda	osevir
doadnmi	cmenroa
reuybarf	essor
eiesfngl	strllo
sreflow	osurtis

This puzzle is called a Cryptogram. At the top there is a KEY that lists all the letters from A through Z with a box below. Each of the letters has a corresponding number. The bottom part contains a secret phrase. Each of the blanks has a number underneath it. Fill in the letters that correspond to the numbers below the blanks to solve the phrase.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
10				8				1						22						14					

I ' _ E _ A _ _ E _ I _ _ O _ E _ A _ _
1 11 8 17 10 3 3 8 19 1 19 3 22 11 8 16 10 19 15

_ I _ E _ . . . A _ _ A _ _ _ I _ _ _ O U
9 1 16 8 26 10 3 2 10 15 26 2 1 9 6 15 22 14