

## WHAT'S ON THIS MONTH

<b>Meal of the day</b>	<b>Important Dates/Public Hols</b>	<b>Events in the Village</b>	<b>Exercise/Activity Class</b>	<b>Village Organised Trip</b>
<b>Social Activities</b>	<b>Guest talk</b>	<b>Formal Dining</b>	<b>Casual Dinner</b>	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 New Year's Day Public Holiday Office & Kitchen Closed NO Curry Night	2 Office & Kitchen Closed	3 No Sunday Roast
4 Shopping Bus 10:00am Chair Yoga 2:30pm (KL) Men's Club at 5:00pm (PDR) Pasta Night - Roast Tomato & Prawn Spaghetti 6:30pm (KL)	5 Gentle Exercise 11:15 (KL) Homemade Beef Spring Roll with Brown Rice Salad Movie in the Village at 1:30pm (KL)	6 Aqua Aerobics 9:00am (PL) Wednesday Night Dining - Honey Mustard Pork or Salmon with Mango Salsa 6:00pm (DR)	7 Gentle exercise at 11:15am (KL) GP Clinic Dr Chiara Vegetable Risotto	8 No Guest Talk Happy Hour 5:00 (KL) Curry Night - Tandoori Chicken 6:30pm (KL)	9 Beetroot, Fetta & Walnut Salad served with Grilled Lamb	10 Sunday Roast - Roast Beef & Vegetables 12:30pm (DR)
11 Shopping Bus 10:00am Chair Yoga 2:30pm (KL) Pasta Night - Bacon & Leek Gnocchi in Cream Sauce 6:30pm (KL)	12 Gentle Exercise 11:15am (KL) Movie in the Village at 1:30pm (KL) Chicken Quesadillas with Avocado Salad	13 Aqua Aerobics 9:00am (PL) Wednesday Night Dining - Beef Fillet with Pepper Sauce or Creamy Garlic Prawn 6:00pm (DR)	14 Gentle exercise at 11:15am (KL) Bingo 1:30pm (KL) Fish & Chips or Seafood Basket	15 Celebrate St Louis Morning Tea 10:30am (KL) Lions Hearing Clinic Curry Night - Lamb Rogan Josh 6:30pm (KL)	16 Chicken Noodle Salad	17 Sunday Roast - Roast Turkey & Vegetables 12:30pm (DR) Private Function BBQ Area
18 Shopping Bus 10:00am Chair Yoga 2:30pm (KL) Pasta Night - Squid & Fennel Pasta in Tomato Sauce 6:30pm (KL)	19 Gentle Exercise 11:15am (KL) Joy Movie in the Village at 1:30pm (KL) Sinclair (BBQ Area) 5:00pm Onwards Beef Slides with Chips or Wedges	20 Aqua Aerobics 9:00am (PL) Wednesday Night Dining - Pork Belly with Apple Sauce or Grilled Snapper with Tomato Salsa 6:00pm (DR)	21 Gentle exercise at 11:15am (KL) Beef Pie Served with Roast Veg & Sweet Potato	22 No Guest Talk Curry Night - Butter Chicken 6:30pm (KL)	23 Salmon Patties with Potato & Veg	24 Sunday Roast - Roast Lamb & Vegetables 12:30pm (DR)
25 Shopping Trip 10:00am (Homestead) Chair Yoga 2:30pm (KL) Aussie Day BBQ Lunch 12:00pm No Pasta Night	26 Lamb Stir Fry Served with Noodles (Delivered Monday Afternoon) Public Holiday Office & Kitchen Closed	27 Aqua Aerobics 9:00am (PL) Residents Committee Meeting 10:00am (PDR) Wednesday Night Dining - Beef Silverside with White Sauce or Barramundi with Citrus Sauce 6:00pm (DR)	28 Gentle exercise at 11:15am (KL) Fish & Chips or Seafood Basket	29 Curry Night - Prawn Curry 6:30pm (KL) No Guest Talk	30 Portuguese Chicken with Cous Cous & Veg	31 Sunday Roast - Roast Pork & Vegetables 12:30pm (DR)