



AUSSIE, AUSSIE, AUSSIE... OI OI OI, YOU'RE INVITED TO OUR AUSTRALIA DAY BBQ

MONDAY
25TH
JANUARY



TIME: 12PM

WHERE: HOMESTEAD

It's a great nation and, wherever you are on Australia Day, you'll be in a great state!

Let's celebrate all that's great about being Australian with good company, a BBQ and a few cold ones. Bring your friends and family along as we throw some lamb on the BBQ and share in a lamington or two. Enjoy a delicious three course "All things Aussie" BBQ menu with all the extras that make an Aussie BBQ great!

This is a BYO event.

\$30.00 per person, please RSVP to reception by Monday 18th January.

Please Note: There will be no Casual Dining on Monday 25th January.



PLEASE NOTE: The office & kitchen will be closed on Tuesday 26th January 2020

VILLAGE MANAGER'S WELCOME

Let's take this moment to breathe a big sigh of relief to see the end of our very busy Christmas season here at St Louis. It often feels like sitting in a week of limbo between Christmas and the New Year, but it's also a beautiful opportunity to reflect on the year that has passed and focus on our goals and aspirations as we transition into the new year.

I'll wave goodbye to 2020 with a sense of pride and accomplishment, our village community conquered several challenges with COVID-19 together and maintained a positive and supportive approach through times of uncertainty and restriction. With that in mind, I'd like to say a big thank you to every person that contributed to another wonderful year at St Louis Estate, we couldn't have done it without you.

Although we hoped we could move into 2021 and leave COVID-19 behind, sadly that isn't that case, with the situation continuing to evolve in different ways across the country and the world, I must once again emphasise the importance of not becoming complacent with our infection control practices and contact tracing registers.

I'd also like to take this opportunity to advise everyone and reassure you as residents, that St Louis Estate and St Louis Home Care will act swiftly and without hesitation should we identify a potential risk to the safety and wellbeing of our residents and staff. This may include restricting the use of communal areas and the cafe if deemed necessary.

Fingers crossed, we continue to see no further community transition here in WA and can conquer the year 2021 without incident. Let's make 2021 the best year yet, I encourage you all to get involved in our social events, activities and village life in the new year and be part of our buzzing community.

Finally, with the last little bit of energy I have remaining from 2020, I'd like to wish all our residents, families and friends a very happy and prosperous new year, I hope 2021 is filled with happiness, love and no restrictions. Stay Safe!

Yours Truly, Sarah Reilly

COVID MANDATORY CONTACT REGISTER

We are seeing a range of strategies being introduced to reduce the spread and limit the impact of COVID on the lives of all Australians. Each state has its own requirements specific to its needs, and the use of technology to support contact tracing efforts is now being used here in WA to assist us should there be an outbreak of community transition.

Since the re-introduction of the contact tracing and the new SafeWA app, there have been several questions raised about why we've elected to use digital registers in our setting.

- Electronic check-in methods (such as QR codes) and digitised contact tracing records will speed up investigations should an outbreak occur.
- Hand-written details can be difficult to read and need to be turned into an electronic format for contact tracing. This is time consuming on village resources.
- Electronic methods are also contactless and reduce physical contact between people.

You will see the QR Code for St Louis Estate displayed in all communal areas of the Estate.

It is a mandatory government requirement that every time someone enters a communal area, they sign in using either the SafeWA app or the manual register. This applies to all residents, visitors, staff & contractors. These records will be kept for 28 days and then destroyed, as per WA Government requirements.

If you have a mobile device and would like some assistance in registering for the SafeWA app and using the QR codes, please don't hesitate to ask for some assistance at reception. We would be more than willing to assist where possible.

These systems are designed to keep everyone in the community safe.





ST LOUIS ESTATE
LIVE WELL

From the Kitchen

OPENING HOURS

Monday - Friday
10:00 am - 2:00pm

SUMMER SPECIAL
SOFT DRINK &
CAKE/SLICE
/FRUIT
\$5.00
(DINE IN ONLY)

EVENING DINING IS BACK

From 4th January 2021, all Casual and Formal dining options return. Grab some friends and join us for a casual Pasta or Curry Meal on a Monday or Friday night, or bring along your family to a Wednesday Night Dinner or Sunday Lunch.

DINING OPTIONS & DELIVERY SERVICES

DAY	MEAL THEME	COST	DELIVERY TIME	DINE -IN TIME
Monday	Casual Dinner	\$15.00	4:00 pm - 5:00 pm	6:30 pm
Tuesday	Meal of the Day	\$15.00	12:00 pm - 1:00 pm	N/A
Wednesday	Chefs Dinner	\$30.00	5:00 pm - 6:00 pm	6:00 pm
Thursday	Meal of the Day	\$15.00	12:00 pm - 1:00 pm	N/A
Friday	Casual Dinner	\$15.00	4:00 pm - 5:00 pm	6:30 pm
Saturday	Meal of the Day	\$15.00	Friday Afternoon Delivery	N/A
Sunday	Roast Lunch	\$28 .00	12:00 pm - 12:30 pm	12:30 pm

Dietary requests will be met as required, gluten free and vegetarian options are always available. Orders need to be submitted via telephone or email to reception. All meal orders close at 12:00pm the day prior, but advanced notice is appreciated.

***Please Note: Deliveries that are requested outside the set delivery times will incur a \$1.00 surcharge.**

SUMMER MENU HIGHLIGHTS

The warmer weather has seen the kitchen introduce a delicious new range of summer blackboard special menu items, pop into the café to see them changing daily. In addition some regular items available over January will be ...

- A huge range of Gourmet Salad
- Prawn or Chicken Rice Paper Rolls
- Fruit Salad
- Sushi

JANUARY EVENTS

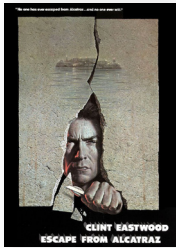


MOVIES

Scent of a Woman - 5th January - 1992 | 2h 36m | Drama

Hoping to earn some cash during the Thanksgiving holiday, a poor prep-school student agrees to look after a blind and cantankerous retired colonel.

Starring: Al Pacino, Chris O'Donnell, James Rebhorn



Escape from Alcatraz - 12th January - 1979 | 1h 52m | Action & Adventure

Lifer Frank Morris plans his unauthorized departure from Alcatraz in this thriller based on the penitentiary's only successful jailbreak.

Starring: Clint Eastwood, Patrick McGeehan, Roberts Blossom



Grown Ups - 19th January - 2010 | 1h 42m | Comedy

Five childhood pals reunite after 30 years at a lake house to mourn the loss of their old basketball coach, and act quite juvenile for their age.

Starring: Adam Sandler, Kevin James, Chris Rock

BINGO IS BACK

Thursday 14th January 2021 - 10:30am

Be ready for eyes down at 1:30pm sharp. New residents and friends welcome to attend.

\$10.00 per book for 10 games. Money collected is all allocated as prizes. Please feel free to donate any additional prizes on the day (wine, chocolates etc).



WELCOME TO OUR NEW RESIDENTS

St Louis Estate would like to extend a very warm welcome to our new residents.

We look forward to seeing you around the village.

Happy Birthday!

TO ALL OUR RESIDENTS & STAFF THAT CELEBRATE
THEIR BIRTHDAYS IN JANUARY





IMPORTANT NOTICES



IN LOVING MEMORY: IRIS SMITH

With heavy hearts, we advise of the peaceful passing of Iris Smith on Friday 18th December 2020. Iris had such a generous spirit and always brought happiness wherever she went. She will be greatly missed around the village by everyone she crossed paths with. Our deepest sympathy to her family for their loss.

A public funeral will be held on Monday 4th January 2021 at 2:00p, West Chapel at Fremantle Crematorium.

GET YOUR RUBBISH RIGHT!

Tips for Bin Usage at St Louis

Heading into 2021, let's double check our rubbish before we put it in the wrong bin. There has been several reports of residents not using the general rubbish, garden organics & recycling bins correctly. Follow the below tips to ensure correct bin usage.

- General Rubbish goes in the **Red Lid Bins** – Ensure your wrap any rubbish with offensive odours before putting them in the bin.
- Recycling goes in the **Yellow Lid Bins** – Only items which can be recycled are to be put in the yellow bins, unfortunately when used for general rubbish, the bins will not be emptied by the Town of Claremont.
- Garden Organics goes in the **Green Lid Bins** - There are a limited number of these bins available and they must only be used for garden waste.

The Green Lid and Yellow Lid bins are for shared communal use, so think of others before filling them up. In addition, please remember bins must be left in the designated bin area, or immediately returned to the area after use. This allows for efficient collection of bins on Wednesday mornings and ensures no bins are missed out.

REMINDERS

SOCIAL CLUB COMMITTEE MEETING

There will be no social club meeting in January. Meetings will resume in February 2021.

LIONS HEARING CLINIC

Friday 15th January 2021
Call 1800 054 667 to book your appointment.

ST QUENTIN DENTIST

Pick up residents in the village if necessary. Call 9385 2418 to book your appointment.

HAIRDRESSER

Karen will be open again from Wednesday 6th January 2021.
Call 0419 948 577 to book.

BEAUTICIAN

Chris will be open again from Friday 8th January 2021.
Call 0403 281 205 to book.

MASSAGE THERAPY

Sandra will visit St Louis on the 5th & 19th January 2021.
Call reception to book your appointment 9385 1420.

GP IN THE VILLAGE

Dr Chiara will host her next clinic on Thursday 7th January 2021.

SHIRE TIP PASSES

If you have received a WMRC Tip Pass for 20/21 and would like to donate it to reception, the garden and maintenance team would be very appreciative.

CHRISTMAS CELEBRATIONS

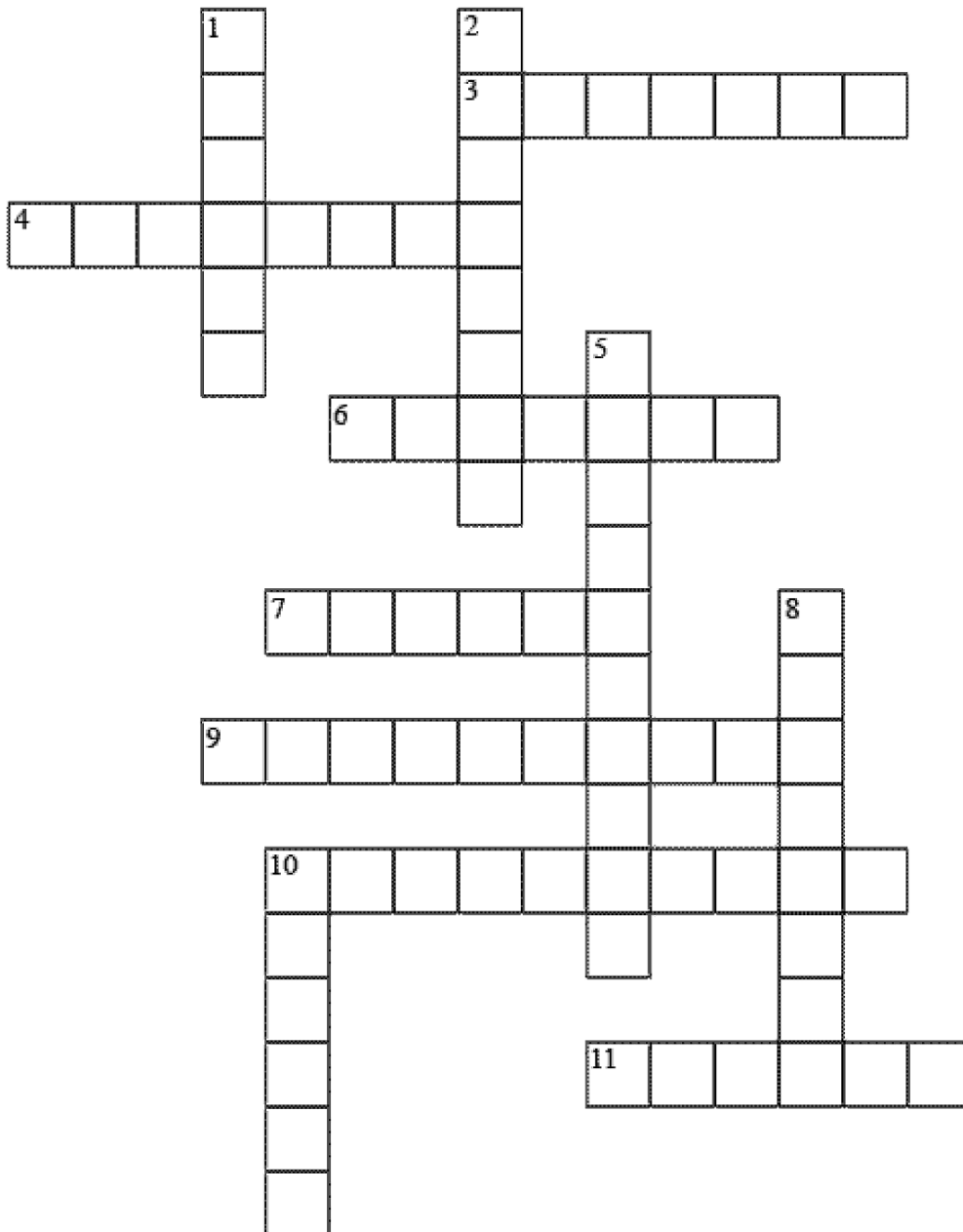




ST LOUIS ESTATE
LIVE WELL



NEW YEAR'S CROSSWORD



ACROSS

3. A "good luck" vegetable consumed on New Year's Day
4. Twelve o'clock at night, the highest point of New Year's celebrations
6. The month that follows December 31st
7. A ceremonial procession including people marching with bands

9. A promise to do something in the new year
10. A horn or rattle used to make noise at a party
11. People born on New Year's Day are commonly called New Year _____

DOWN

1. Polar Bear _____, a New Year's activity that requires you to enter into water, mainly for charity
2. The famous song, "Auld Lang Syne" commonly sung to bring in the new year originated in _____
5. He is the personification of time
8. Small pieces of coloured paper or streamers
10. The Iranian new year holiday is called this



ANSWERS

- | | |
|-------------|----------------|
| ACROSS | DOWN |
| 3. CABBAGE | 7. PARADE |
| 4. MIDNIGHT | 8. CONFETTI |
| 6. JANUARY | 9. RESOLUTION |
| | 10. NOISEMAKER |
| | 11. BABIES |
| | 1. PLUNGE |
| | 2. SCOTLAND |
| | 5. FATHERTIME |
| | 10. NAVROZ |