



ST LOUIS TODAY



ST LOUIS RESIDENTS TRANSITION TO MONT CLARE

Mont Clare is welcoming new residents to the landmark aged-care facility in Dean Street. They will live in a state-of-the-art setting where a range of activities and essential services are close to hand.

To date, most residents have come from the former Melvista Nursing Home. However, Nan Larkin made the transition from her unit in the neighbouring St Louis Estate. Her new surroundings at Mont Clare have become equally homely, with pride of place given to family photographs and other mementoes.

Mrs Larkin's spacious balcony has views over Claremont, and pride of place is given to a small statue of her 'pet' German Shepherd, Brandy, which she bought some years ago on a St Louis organised outing to Katanning.

Mrs Larkin has the distinction of being one of the first residents in St Louis Estate, moving in 24 years ago, and she makes history again as one of the first residents in Mont Clare. The seamless relocation enables her to still see familiar faces when she participates in activities at St Louis, and a Mont Clare staff member takes her to and escorts her from the gentle exercise classes and



Above: Mrs Larkin relaxing in one of the comfortable sitting rooms.

Friday morning teas. She also has her St Louis friends popping across for visits.

Mont Clare combines a holistic approach with effective clinical methods. There is a relaxed, warm atmosphere and an ethos that supports the individual according to their needs. Whatever residents require – be it medical, technological or practical – there is the means to provide a premium level of care. Families are always welcome and they are always involved in decision-making.

The hub of each of the five boutique residential pods is a spacious kitchen, dining and living area that breaks onto a large alfresco balcony with views.

An on-site chef prepares quality meals suited to residents' needs, and wine is always offered. Comfortable furnishings, a large flat-screen TV, modern fireplace and coffee tables add to the homely feel. Residents' private rooms with ensuites and balconies branch off from this central welcoming space that has friendly staff always milling around.

Mont Clare is currently accepting new aged-care residents. To view the extraordinary facilities, please contact Colin Bahn on 9383 0000, email cbahn@chcgroup.com.au or see www.montclareliving.com.au for further information.



OUR CARING COMMUNITY

Cynthia and Kirstyn Tranchita are close not only as sisters but also as colleagues at Mont Clare and St Louis Estate.

Cynthia joined the family-operated Continuing Health Care (CHC) Group – the parent company of St Louis Estate and Mont Clare in 2006, progressing to the key role of Chief Administrator, while Kirstyn joined St Louis Estate in February 2011 as Administration Assistant, giving invaluable support to Manager, Peter Hunt.

Kirstyn says, “Cynthia trained me when I first started here and now I take some of the load off her. She knows she can trust me with the work.”

Cynthia is based at Mont Clare and enjoys being among the residents. She sometimes takes them their mail and newspapers and always makes time for a chat. “They love the new building and so do I. Also I enjoy working with all our staff – we’re like a close-knit family,” she said.

Apart from the demands of her job, she has just started studying Accounting and Human Resources at university, encouraged to do so by the owners of Mont Clare.

Kirstyn has the distinction of being the youngest person at St Louis Estate! Her nail polish colour invariably creates interest amongst the more fashion-conscious residents, and as the knowledgeable, friendly face in the front office, it is easy to spot!

She loves the variety that each day brings and often undertakes tasks that are beyond the call of duty. “I help our residents with their computer problems, give them lifts when taxis haven’t turned up; I’ve helped unpack shopping and I also went to Swanbourne to collect someone who’d had a fall. I enjoy feeling that I’m needed and appreciated,” Kirstyn said.

Top: Cynthia, left, and Kirstyn in the reception area at St Louis Estate.
Below: Kirstyn at her desk.

BE PART OF THE VIBRANT ST LOUIS LIFESTYLE!

Having a home in the active St Louis Estate community enables you to tap into a way of life that allows you to enjoy vibrant, independent living but still benefit from an enormous range of support services. The units are all slightly different, so the choice can be yours!

Ann Carr is thrilled with the improvements in her two bedroom, one bathroom unit with superb timber finishes and a large picture window that gives her a lot of light and gorgeous views towards Scotch College. She has a carport that is literally outside her front door.

A Volunteer Guide at Kings Park, Ann has lived at St Louis Estate since early 2010 and enjoys the various events that are on



offer. Her home is easy-care with polished floorboards and is also very child-friendly, with her four-year-old granddaughter often visiting or coming for sleepovers.

Ann also gets a lot of pleasure from working in her garden, which invariably has a splash of colour.

Olive Taylor also has a two bedroom, one bathroom unit with a garage and a protected north-facing outdoor area.

A resident for 14 years, she is the coordinator of a craft group who knit, crochet and sew, making rugs and teddy bears for Indigenous children and African orphans. There are examples of Olive's beautiful handiwork throughout her sitting room, with silk-ribbon embroidery cushions, cross-stitch and other sewing. Olive participates actively in the social life at St Louis and enjoys playing Mah-jong and Scrabble.

There are currently a limited number of 1 and 2 bedroom units for sale, some of which are in the process of being upgraded.

Please contact Peter Hunt by email at sales@stlouisestate.com.au or phone 9385 1420 for details.

Top: Ann in her large, light open-plan living area. Left: Olive working on her latest sewing project.



A VISITING DOCTOR IN THE HOUSE

As part of the range of medical in-house services at St Louis Estate, Dr Siva Krishnan from Hollywood Village Medical Centre will be available for residents.

Dr Krishnan specialises in aged care and also bulk bills. He has an assistant, Kylie Leaman, who helps with his diary. Dr Krishnan is just one of the visiting medical professionals who regularly come to St Louis Estate. Residents can also book appointments with the podiatrist, physiotherapist and optometrist.

Please contact Kirstyn at the St Louis Reception Desk for an appointment to see Dr Krishnan.



A LATENT TALENT

Talented artist Robin Tunnicliffe and his wife, Sally, have been residents at St Louis Estate since May 2010. They moved from an apartment in Cottesloe and haven't looked back!

Robin and Sally find life at St Louis Estate trouble-free, have made friends easily and join in many of the social events. The couple value the maintenance help that is readily available and were appreciative when the gardeners planted a special 50th wedding anniversary rose and other greenery from their former home.

Sally enjoys the Heart Moves exercise classes and also benefits from being able to invite her Book Club group to the Private Dining Room.

The couple live in a spacious two bedroom unit with a sizeable covered courtyard that doubles as Robin's art studio. Discreet cupboards house his painting materials and he enjoys the natural light that is exceptionally good for most of the year.

Aged 14, Robin was encouraged by his art teacher to work with oils. However, on leaving school in the UK there was no more time for that. His National Service saw him enter the RAF and he flew all over the world for the next 14 years.

Arriving in Perth in 1984 via Singapore and the USA, Robin's subsequent career kept him away from painting but he indulged his artistic side through photography, learning the importance of composition, and he took an interest in stage photography through Sally's work in theatre. "Composition in painting is everything," he said.

About five years ago, Robin was encouraged to enrol in a few courses at Claremont School of Art, which he thoroughly enjoyed. He held his first solo exhibition earlier this year and a second is presently on view at the Town of Cambridge.

CHC Group, the owners of St Louis Estate and Mont Clare, have also been most supportive of Robin's work and two of his wildflower panels hang in the café area at St Louis Estate, while three pieces are in Mont Clare.

Footnote: Robin's exhibition, WA Landscapes, is on display until the end of November at The Boulevard Centre, Floreat Forum.

Top: Robin and Sally beside his wildflower paintings in the St Louis café area.

RESIDENTS, NEIGHBOURS
AND MEMBERS OF THE
WIDER COMMUNITY ARE
WELCOME AT MOST OF
THESE EVENTS.



ON THE HORIZON

FRIDAYS IN THE KINGSMILL LOUNGE

16 NOVEMBER FROM 10.30AM

Ron Banks, former Arts Editor for WA Newspapers, will talk about reviews and people he has interviewed over the years.

7 DECEMBER FROM 9AM-MIDDAY

The ever-popular Fete with many great gift ideas, from Christmas cakes to candles and decorations. Morning tea and scones will be available and a raffle of Christmas hampers will be drawn.

14 DECEMBER FROM 10.30AM

Champagne & Roses is a light-hearted revue celebrating special days – birthdays, anniversaries and especially Christmas - with sketches, jokes and music in an hour-long performance presented by Agelink Theatre and directed by St Louis resident, Sally Tunnicliffe.

THE FOLLOWING EVENTS WILL ALSO BE TAKING PLACE:

WEDNESDAY, 21 NOVEMBER 5 - 7PM

The St Louis Estate Residents Annual Cocktail Party. You should receive your invitation shortly.

THURSDAY, 29 NOVEMBER, 10AM

A talk on The New Retirement Village Regulations: what does this mean for you? Places are limited so please RSVP by phoning the number below.

Please contact the St Louis Estate office on 9385 1420 or check The Village Voice weekly information sheet for more details.

To discover the richness of lifestyle that is on offer at St Louis, please contact our Manager, Peter Hunt, on 9385 1420 or email sales@stlouisestate.com.au, who will be happy to arrange a visit.

If you have any ideas for future Newsletter topics, please contact Noëlle Udall, Journalist at Creating Communities on 9284 0910, or email noelle@creatingcommunities.com.au with your suggestions.



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