

## WHAT'S ON THIS MONTH

<b>Meal of the day</b>	<b>Important Dates/Public Hols</b>	<b>Events in the Village</b>	<b>Exercise/Activity Class</b>	<b>Village Organised Trip</b>
<b>Social Activities</b>	<b>Guest talk</b>	<b>Formal Dining</b>	<b>Casual Dinner</b>	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Beef Lasagne (delivered on Sunday 28th Feb) Public Holiday - Labour Day	2 Apricot Chicken with Potato & Vegetables Gentle Exercise 11:15am (KL) Movie in the Village - The King's Speech (1h 58min) 1:30pm (KL)	3 Wednesday Night Dining - Barramundi with Lemon Butter Sauce or Corn Silverside with Cream Sauce 6:00pm (DR) Aqua Aerobics 9:00am (Pool) WA Election Voting 9:30 - 10:30am (KL)	4 Prawns & Green Pea Risotto Gentle Exercise 11:15 (KL) GP Clinic Dr Chiara 12:00pm Social Committee Meeting 2:00pm (PDR)	5 Curry Night - Beef Vindaloo 6:30 pm (KL) Guest Speaker 10:30 am (KL) Happy Hour 5:00pm (KL)	6 Vegetable Quiche with Roast Pumpkin & Vegetables	7 Sunday Roast - Roast Beef & Vegetables 12:30pm (DR)
8 Pasta Night - Chicken & Bacon Carbonara 6:30pm (KL) Yoga 2:30pm (KL) Men's Club 5:00pm (DR) Private Function 6:00 - 8:00pm (PDR)	9 Meat Lovers or Aussie Pizza Gentle Exercise 11:15am (KL)	10 Wednesday Night Dining - Salmon in Filo Pastry or Chicken with Garlic Sauce 6:00pm (DR) Aqua Aerobics 9:00am (Pool) Private Function 10:00 - 12:00pm (PDR)	11 Fish & Chips or Seafood Basket Gentle exercise 11:15am (KL) Bingo 1:30 pm (KL)	12 Curry Night - Prawn Curry 6:30pm (KL) Guest Speaker 10:30 am (KL)	13 Lamb Stew with Potato & Vegetables	14 Sunday Roast - Roast Turkey & Vegetables 12:30 pm (DR)
15 Pasta Night - Pumpkin Ravioli with Chicken in Tomato Sauce 6:30pm (KL) Yoga 2:30pm (KL)	16 Meatloaf with Vegetables Gentle Exercise 11:15am (KL) Movie in the Village - The Sound of Music (2h 52min) 1:30pm (KL)	17 Wednesday Night Dining - Lamb Rump with Red Wine Sauce & Mint or Creamy Garlic Prawns 6:00pm (DR) Aqua Aerobics 9:00am (Pool)	18 Beef Stir Fry Gentle exercise 11:15am (KL)	19 Curry Night - Butter Chicken 6:30pm (KL) Celebrate St Louis Morning Tea 10:30am (KL) Lions Hearing Clinic	20 Meatballs in Tomato Sauce with Roast Vegetables	21 Sunday Roast - Roast Lamb & Vegetables 12:30 pm (DR)
22 Pasta Night - Beef Stroganoff with Penne 6:30pm (KL) Yoga 2:30pm (KL)	23 Chicken Pad Thai Gentle Exercise 11:15am (KL)	24 Wednesday Night Dining - Beef Fillet with Pepper Sauce or Snapper with Tomato Salsa Salsa 6:00pm (DR) Aqua Aerobics 9:00am (Pool) Residents Committee Meeting 10:30am (PDR)	25 Fish & Chips or Seafood Basket Gentle exercise 11:15am (KL)	26 Curry Night - Lamb Korma Curry 6:30pm (KL) Guest Speaker 10:30 am (KL)	27 Honey Mustard Chicken & Vegetables	28 Sunday Roast - Roast Pork & Vegetables 12:30 pm (DR)
29 Pasta Night - Ham & Pea Gnocchi with Creamy Blue Cheese Sauce 6:30pm (KL) Yoga 2:30pm (KL)	30 Gourmet Hot Dog with Chips or Wedges Bus Trip Whiteman Park 9:15am (Homestead) Gentle Exercise 11:15am (KL)	31 Wednesday Night Dining - Pork Belly with Plum Compote or Salmon with Hollandaise Sauce 6:00pm (DR) Aqua Aerobics 9:00am (Pool)				