



St Louis Social

BECOME INVOLVED IN YOUR CLUB!

Every day brings new opportunities to meet people and have fun.

Being connected to others can help improve our mental and physical wellbeing. And, when living in our vibrant community surrounded by like-minded people, you'll always find opportunities to join a social outing, take up new hobbies or enjoy a meal with friends. In addition to the wonderful events and regular activities organised by St Louis Estate, the Residents Social club plan and organise resident run events and initiatives. These include BBQ's, Pizza Nights, Happy Hours and Social Outings. With an influx of new residents and an already established small group of volunteers, there's no better time to get involved and boost the social calendar for St Louis. **The possibilities are endless... We just need YOU!**

Upcoming Social Club Meetings

The social club meet the first Thursday of every month in the Private Dining Room at 2:00pm. Next Meetings: 6th May 2021 and 3rd June 2021

The Social Club host summer BBQ's & winter Pizza Nights for all residents to attend and enjoy on the last Saturday of every month. The next events are scheduled for **Saturday 29th May (BBQ) & Saturday 26th June (Pizza).**

SOCIAL BRIDGE CLUB

St Louis is set to host a brand-new social bridge club. The club will meet fortnightly at 1:30pm in the Kingsmill Lounge. Social games will be organised for players of all levels. Have you ever wanted to learn to play bridge or just brush up on your skills? Supervised play and how-to-play lessons will be provided for any new players or those who feel a little rusty. Come along and make this new club a success.

Commencing Tuesday 18th May 2021 and being coordinated by a wonderful social club volunteer Debbie Frink. Please register your interest directly to Debbie on 0411 257 603.



WA MUSEUM BOOLA BARDIP DAY TRIP

The social club is organising a trip to the all-new WA State Museum for a Highlights Tour, which is an excellent introduction to WA Museum Boola Bardip.

Over one-hour, expert guides will take you through a selection of the Museum's permanent exhibitions — bringing to life the rich stories of Western Australia through some of the Museum's most compelling objects and ideas. Those attending will also have some free time to enjoy the museum and purchase lunch on the day if they wish.

DATE: Thursday 10th June 2021

TIME: Departing Homestead at 9:00am

COST: \$8.00 per person for the tour.

Transport to be provided free of charge by social club.



RSVP: 20th May 2021 via Reception

NOTE: This is a resident run outing, there will be no support staff attending and residents are reminded the outing will require walking for the duration of the tour.

VILLAGE MANAGER'S WELCOME

Welcome to our first Bi-Monthly edition of the 'Village Voice', where I'll now be challenged to pack two months' worth of content into the same space. It's hard to believe this newsletter will see out the first half of 2021, the months seem to be flying past quicker than the blink of an eye.

Our recent '3-Day Snap Lockdown' served once again as a reminder of the uncertain times we are still faced with whilst navigating life with COVID-19. It was disappointing that we were unable to come together for an Anzac Day service, but lovely to see several people 'Light Up the Dawn' with driveway services across the Estate and wider Perth community.

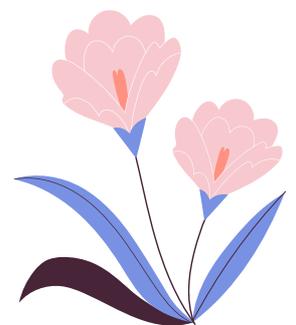
It's so important to ensure we are still maintaining our contact tracing registers and good infection control practises, especially as we enter the winter months and upcoming flu season. I encourage all our residents and families to ensure you get vaccinated as soon as possible. It was reassuring to see how well our COVID response system has been working across the Estate, with the flexibility and cooperation of all residents and staff we have been able to adapt to different ways of life and still continue

to provide services to residents in the safest way during periods of lockdown and restriction. Thank you for your ongoing understanding and appreciation.

With extremely high occupancy levels in the Estate currently and an influx of new residents, there is no better time to get involved and meet new people, make new friendships and create an even more vibrant community here at St Louis. It has been fantastic to see some new initiatives from the Social Club and Residents committee, though they are still seeking volunteers to assist with resident run events.

We have plenty happening over the next couple of months, with Australia's biggest morning tea, Museum Day Trip, fantastic guest speakers, movies screening every week, WA Day public holiday in June and of course we can't forget Mother's Day next weekend. This Mother's Day I'd like wish all the lovely ladies who form part of our wonderful community a beautiful day filled with love and happiness. Thank you for adding joy to my life and the lives of those around you. Happy Mother's Day!

Yours Truly, Sarah Reilly





From the Kitchen

Opening Hours: Monday – Friday 10:00 am – 2:00pm

AUSTRALIA’S BIGGEST MORNING TEA

You are invited to our Australia’s Biggest Morning Tea. Let’s get together and enjoy some tasty treats so we can support those impacted by cancer. \$20.00 from every ticket will be donated directly to the Cancer Council.

Monday 24th May 2021 | 10:30am | Kingsmill Lounge

Cost: \$25.00 per person

RSVP: Monday 17th May 2021 via reception.

Tax Receipts for Donations available by request.

We’re hosting a Biggest Morning Tea 
Please support us!

 **Cancer Council**
 Australia’s Biggest Morning Tea

WA DAY PUBLIC HOLIDAY

The Office and Kitchen will be closed on Monday 7th June
Monday meal will be delivered on Sunday.

NOTE: There is no casual dining held on Public Holidays, if you wish to have a meal delivered please order via reception.



MOTHERS DAY GOURMET ROAST

Sunday 9th May | 12:30pm | Dining Room

Cost: \$28.00 per person



As our way to celebrate Mother’s Day at St Louis, we invite you and your family to join us for a delicious gourmet roast lunch to honour and appreciate the amazing women in our lives. All ladies will receive a special gift on the day. Bookings are essential via reception. St Louis Estate wishes you a Happy Mother’s Day!

DINING OPTIONS & DELIVERY SERVICES

DAY	MEAL THEME	COST	DELIVERY TIME	DINE –IN TIME
Monday	Casual Dinner	\$15.00	4:00 pm – 5:00 pm	6:30 pm
Tuesday	Meal of the Day	\$15.00	12:00 pm – 1:00 pm	N/A
Wednesday	Chefs Dinner	\$30.00	5:00 pm - 6:00 pm	6:00 pm
Thursday	Meal of the Day	\$15.00	12:00 pm – 1:00 pm	N/A
Friday	Casual Dinner	\$15.00	4:00 pm – 5:00 pm	6:30 pm
Saturday	Meal of the Day	\$15.00	Friday Afternoon Delivery	N/A
Sunday	Roast Lunch	\$28.00	12:00 pm – 12:30 pm	12:30 pm

Dietary requests will be met as required, gluten free and vegetarian options are always available. Orders need to be submitted via telephone or email to reception. All meal orders close at 12:00pm the day prior, but advanced notice is appreciated.

**Please Note: Deliveries that are requested outside the set delivery times will incur a \$1.00 surcharge.*

MAY/JUNE EVENTS

MAY MOVIES | 1:30PM



Hunt for the Wilderpeople (2016) - Tuesday 4th May

PG | 1h 41min | Adventure, Comedy, Drama
A boy (Julian Dennison) and his foster father (Sam Neill) become the subjects of a manhunt after they get stranded in the New Zealand wilderness.

Resident Selection on the Day - Thursday 13th May
Resident Selection on the Day - Thursday 27th May



John Wick (2014) - Tuesday 18th May

R | 1h 41min | Action, Crime, Thriller
Keanu Reeves plays John Wick, a retired hitman seeking vengeance for the killing of the dog given to him by his recently deceased wife and the theft of his car.

To cater to our resident requests, we have added an additional movie screenings to the event calendar, Movies will now show every week, alternating between Tuesday & Thursday.

JUNE MOVIES | 1:30PM



Emma. (2020) - Tuesday 1st June

PG | 2h 4min | Comedy, Drama, Romance
Emma is a self-proclaimed matchmaker who meddles in the love lives of her friends. Her misguided matches and romantic missteps lead her to find love that has been there all along.

Resident Selection on the Day - Thursday 10th June
Resident Selection on the Day - Thursday 24th June



A Star Is Born (2018) - Tuesday 15th June

R | 2h 16min | Drama, Music, Romance
After falling in love with struggling artist Ally, Jackson, a musician, coaxes her to follow her dreams, while he battles with alcoholism and his personal demons.



BINGO

When: Thursday 13th May 2021 & Thursday 10th June 2021 at 1:30pm

Where: Kingsmill Lounge

Congratulations to our April Jackpot Winner, Ric

Grab a friend, come along and try your luck for the May & June Bingo Event. Guests of residents from outside of the village are also welcomed to attend. Be ready for eyes down at 1:30pm sharp. New residents and friends welcome to attend. \$10.00 per book for 10 games. Money collected is all allocated as prizes. Please feel free to donate any additional prizes on the day (wine, chocolates etc).

THE 'VILLAGE VOICE' IS NOW BI-MONTHLY

After careful consideration of valuable resident feedback, the frequency of the 'Village Voice' will be decreased from Monthly to Bi-Monthly. Commencing with this edition which will cover May & June 2021. The next edition of the 'Village Voice' will cover July & August 2021, and will be published in the final week of June.

The change was prompted by resident requests for more frequent, real-time communication regarding the Estate and

upcoming events. It will allow us to issue more current and up to date information, whilst avoiding duplication of the 'Village Voice' content. The monthly calendar will continue to be issued every month, with supplementary notices and updates provided on an 'as needed' basis.





ST LOUIS SPEAKER SERIES

Kingsmill Lounge 10:30am – 11:30am



Friday 7th May

Richard Offen | Heroes, Villains & Vagabonds

Perth's history is littered with wonderful characters who shaped the city in a multitude of ways. This talk tells the story of some of those most prominent in our history.

Friday 28th May

Beyond Blue

Many Australians have experience with depression & anxiety. Beyond Blue work is aimed at achieving an Australian community that understands depression & anxiety plus awareness which reduces stigma and people have access to information.

Friday 11th June

Helen Johnstone & Margaret Atkinson | Ronald McDonald House Charities

Helen & Margaret will share the stories and benefits of what Ronald McDonald House does for the community and families it supports.

Friday 14th May

Christine & Bob | COTA WA

The Council on the Ageing provides leadership in social policy, community information and education for all older persons in and Australia. Christine and Bob will share an overview of COTA and their programs.

Friday 4th June

Bruce McNaught | The unique country and people of Bhutan

Bruce will share his personal memories and impressions of Bhutan and outline some aspects of the radio design and survey project, he was involved in 30 years ago, as a member of a small Telcom Australia Project team who worked in Bhutan at a time when tourism was still very restricted.

Friday 25th June

Musical Performance | Waratha Community Singers

Will once again WOW St Louis with their musical talents as they share a performance of everyone's most loved songs.

ST LOUIS HAIR SALON

St Louis Estate Hair Salon has had a fresh and vibrant makeover. Welcoming our new hairdresser, Maria Scidone to the salon. Maria brings with her over 25 years' experience across all aspects of Ladies & Men's hairdressing. Please give Maria a warm St Louis Welcome and Book your appointment today!!

Contact Maria Directly on
0407 100 544

Maria will be available by appointment only whilst she transitions into the Salon.



2021 / 2022 BUDGET MEETING



The annual St Louis Estate Residents Budget Meeting will be held on Monday 31st May 2021 at 10:30am in the Kingsmill Lounge.

COVID-19 VACCINATION ROLL OUT AND FLU-VAC CLINIC

As the vaccination rollout continues to evolve across Australia, with regular changes and recommendations being made by Government and Regulatory Bodies. It is best for everyone to receive a vaccination in a clinic equipped with all the necessary equipment and under the direction of their own GP. Additionally, it is important that your GP monitor the time periods required between vaccinations. Unfortunately, this means St Louis Estate will be unable to host onsite vaccination clinics this year.

Residents are encouraged to make arrangements with their usual GP to receive the COVID-19 and Flu vaccinations as soon as possible.

Alternatively, residents may choose to book an appointment as a member of the priority group (Aged 70 & over) to have their vaccination at the Claremont Showgrounds Vaccination Clinic.



Appointments can be made by calling **1326843** or via vaccinatewa.health.wa.gov.au/s/login/SelfRegister

PET WASTE PROBLEM

No one likes stepping in dog poo, whether it's on a lawn or footpath. Sadly we have seen an increase in frequency and amounts of pet waste being left across the Estate.



St Louis residents are encouraged to show courtesy for their fellow community members by picking up after their pets.

Picking up after your pets also means you are doing the right thing by the environment. So, be a good neighbour and carry a doggy bag so that you can clean up after your pet. Bag it and bin it. To make it easier for people to pick up after their dogs, we are currently looking to install Pet Waste Bag Dispensers across the Estate.

SMOKE ALARMS



Annual Battery Change, our maintenance team will be attending every unit during May to replace all smoke alarm batteries. If you do not authorise the maintenance team to enter your unit for this purpose, or would like to schedule a particular time, please notify reception by 7th May.



IMPORTANT DATES

SOCIAL CLUB COMMITTEE MEETING

Thursday 6th May 2021 - 2:00pm

Thursday 3rd June 2021 - 2:00pm

LIONS HEARING CLINIC

Tuesday 18th May 2021

Tuesday 15th June 2021

Call 1800 054 667 to book your appointment.

ST QUENTIN DENTIST Can arrange transport for residents to and from the village if necessary. Call 9385 2418 to book your appointment.

RESIDENTS COMMITTEE MEETING

Wednesday 26th May 2021- 10:30am

Wednesday 23rd June 2021 - 10:30am

BEAUTICIAN

Chris is open for bookings on Fridays.

Call 0403 281 205 to book.

MASSAGE THERAPY

Sandra will visit the village on 4th May, 18th May, 1st June, 15th June and 29th June 2021. Call reception to book your appointment 9385 1420.

GP IN THE VILLAGE

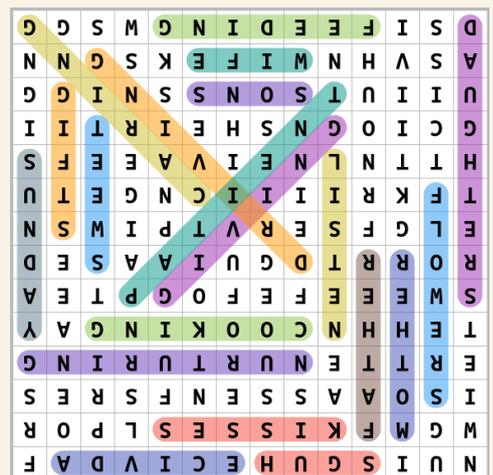
Dr Chiara Curnow will run clinics on Thursday 6th May and Thursday 3rd June 2021.

PUZZLE ANSWERS

Puzzles can be found on page 8.

GIFTS
Some common gifts given to moms on their special day are breakfast in bed, cards, flowers, a restaurant meal, jewelry, chocolates, gift cards, spa day, books, housewares and more.

IN ANCIENT TIMES
Mothers have been celebrated for a long time. In two hundred and fifty B.C. the Romans celebrated a spring festival called Hilaria which was dedicated to a mother goddess named Cybele.





Happy Birthday!

TO ALL OUR RESIDENTS & STAFF
CELEBRATING BIRTHDAYS IN MAY
& JUNE, WE WISH YOU A
WONDERFUL BIRTHDAY

CELEBRATE ST LOUIS MORNING TEA

When: Friday 21st May & Friday 18th June 10:30am

Where: Kingsmill Lounge

Come along to our Celebrate St Louis Morning Tea's on Friday 21st May and 18th June to celebrate our St Louis Birthdays, New Residents & Special Milestones.

WELCOME NEW RESIDENTS

St Louis Estate would like to extend a very warm welcome to our new residents!

We look forward to seeing you around the village.





HAPPY Mother's DAY

MOTHER'S DAY CRYPTOGRAM PUZZLES

Cryptogram puzzles are sentences or paragraphs that are encrypted with a letter substitution. In this case each of these puzzles is a fun fact related to Mother's Day. Each puzzle uses different letter substitutions. An example of a letter substitution encryption may be: The word CARD could be encoded to XPQM if C=X, A=P, R=Q, D=M. Find the right letter substitutes to solve these printable cryptogram puzzles.

GIFTS

IDLW ZDLLDU SFOPI SFAWU PD LDLI DU PCWFQ IRWZFBH THE HQW JQWHNOHIP FU
JWT, ZHQT, OBDXWQI, H QWIPHMQHUP LWHB, GWXWBQE, ZCDZDBHPWI, SFOP ZHQT, IRH
THE, JDDNI, CDMIWXHQWI HUT LDQW.

IN ANCIENT TIMES

IYVZAKF ZPLA JAAU RAHAJKPVAT BYK P HYUX VGIA. GU VDY ZNUTKAT PUT BGBVO J.R.
VZA KYIPUF RAHAJKPVAT P FMKGUX BAFVGLPH RPHHAT ZGHPKGP DZGRZ DPF TATGRPVAT
VY P IYVZAK XYTTAFF UPIAT ROJAHA.

N	U	I	S	G	U	H	E	C	I	V	D	A	F
W	G	M	F	K	I	S	S	E	S	L	P	O	R
I	S	O	A	A	S	S	E	N	F	S	R	E	S
E	R	T	T	E	N	U	R	T	U	R	I	N	G
T	E	H	H	N	C	O	O	K	I	N	G	A	Y
S	W	E	E	E	F	E	F	O	G	P	T	E	A
R	O	R	R	T	D	G	U	I	A	A	S	E	D
E	L	G	F	S	E	R	V	T	P	I	W	S	N
T	F	K	R	I	I	I	I	C	N	G	E	T	U
H	T	T	N	L	N	E	I	V	A	E	E	F	S
G	C	I	O	G	N	S	H	E	I	R	T	I	I
U	I	I	U	T	S	O	N	S	S	N	I	G	G
A	S	V	H	N	W	I	F	E	K	S	G	N	N
D	S	I	F	E	E	D	I	N	G	W	S	G	G

MOTHER'S DAY WORDSEARCH

- | | |
|-----------|-----------|
| COOKING | SUNDAY |
| GIVING | FEEDING |
| KISSES | DAUGHTERS |
| NURTURING | HUGS |
| SWEET | SONS |
| MOTHER | FLOWERS |
| WIFE | ADVICE |
| LISTEN | PATIENT |
| DRIVING | CARING |
| FATHER | GIFTS |

