



H A P P Y N E W Y E A R

2022

SOCIAL CLUB NEW YEARS DAY CELEBRATION

Date: Friday 1st January 2022

Time: 11:30am

Location: Kingsmill Lounge

NO RSVP Required, just come along, and celebrate the New Year.
BYO Drinks and a plate of nibbles to share.

Everyone welcome!



AUSTRALIA DAY BBQ BREAKFAST

Join your fellow residents & friends to celebrate Australia Day with a BBQ Buffet Breakfast. Full buffet and Juice provided. Please BYO Alcohol.

Date: Wednesday 26th January 2022

Time: 9:30am

Location: Kingsmill Lounge

Cost: \$25.00 per person

RSVP: To Reception by Friday 21st January,

Tickets are essential.



This event is being run on a Public Holiday by the Social Club, if you would like to volunteer to assist with the setup, cooking or clean-up for the Aus Day BBQ Breakfast please advise Debbie Frink ASAP. Many hands make light work.

Please Note: There will be no social club BBQ on Saturday 30th January.

**REMINDER: THE OFFICE & KITCHEN WILL BE CLOSED ON
WEDNESDAY 26TH JANUARY 2022.**

VILLAGE MANAGER'S WELCOME

Well, we made it through another busy festive season and we're here to welcome what I hope will be a wonderful 2022. Thank you to those who attended the Christmas cocktail party and luncheon, I think everyone would agree that both events were a great success and thoroughly enjoyed by all. I hope you have had an opportunity to celebrate and spend time with loved ones during the Christmas break.

The coming year has so much to offer, with an array of wonderful events and activities organised. I look forward to seeing how our program with MLC Early Learning Centre develops, with monthly events and free activities open to all. I encourage all residents to get involved in this amazing intergenerational opportunity and don't forget to register to volunteer for our stall at their birthday carnival on 21st January.

With the Western Australian boarder restrictions set to change on 5th February, I implore all residents to ensure you are fully vaccinated and have received your Covid-19 Booster. In conjunction with GPs on Bayview we are set

to host an on-site booster clinic at the end of January, so please complete and return the registration form ASAP. As always, we will ensure any information regarding Covid-19 is communicated as soon as practical. If you wish to be included in the SMS alert service, please ensure your mobile number is registered with reception.

Another year has flown by and I'm happy to say, you've have been the best community to work with each day. Have a brilliant New Year and make the joy last, hold onto fond memories from the year that's just past. From the bottom of my heart, I'd like to wish all our residents, families, and friends a very happy and prosperous new year, I hope 2022 is filled with happiness, love, and very minimal restrictions. Stay Safe!

Yours Truly,
Sarah Reilly Village Manager



WELCOME BACK & FAREWELL MORNING TEA

Date: Friday 4th February

Time : 10:30am

Location: Kingsmill Lounge

A chance to celebrate and farewell Gayle Reilly and Sarah Scanlon whilst catching up with fellow residents after our January break from events. I hope you can all join us to thank them and wish them well for their next chapter.



All Residents, Staff and Families are invited and encouraged to attend, let's give our dedicated Home Care Nurses the farewell they deserve and enjoy the opportunity to meet some new friendly staff and resident faces for 2022.



FAREWELL & THANK YOU FROM ST LOUIS

It saddens me to inform you of the retirement of our beloved RN Gayle Reilly. Gayle has worked with CHC for over 30 years, initially starting with Rhonda at Lathlain Nursing Home. Gayle has demonstrated professionalism, extensive clinical skills, experience, and great empathy in her work. Gayle has been a huge support to the care team, residents of St Louis, home care clients and their families, who all place trust in her judgement and seek her council. I am personally indebted to Gayle for her commitment to St Louis, her sage advice and her warmth and support. I know you will join me in wishing her well in her deserved retirement, commencing late January.

Registered nurse Sarah Scanlon has also resigned from her role at St Louis to commence a new role with the Department of Health early next year. Congratulations Scaz. Sincere thanks for your extensive contribution

to the St Louis community over the last three years. You have worked your way into the hearts of your colleagues and clients, have been a brilliant nurse, and you will be missed.

If you wish to contribute towards a farewell & thank you gift for Gayle, or Sarah and write them a personal message, please see Catherine at Reception. We have a card ready for signing on behalf of all Residents, Families and Home Care Clients, and are collecting all contributions towards a gift prior to our 4th Feb, Morning Tea.

Warm Regards,
TEELIA PEPLUE
Director



A FAREWELL MESSAGE FROM GAYLE

Firstly, I would like to say thank you and farewell to the St Louis community. I have truly enjoyed working with all the staff and residents since my journey began over 5 years ago setting up the St Louis Home Care Package Services.

I thank you all for your support and friendship. It has been my pleasure to get to know so many residents and their families over the years, I will genuinely miss you all. My time here at St Louis has been very rewarding and that is mainly due to such a lovely community to work with. I appreciate having had the opportunity to work with the Peplue family throughout my career and thank them for all their support over the years.

Having been a nurse since 1976, I am certainly looking forward to the next stage in my life, my retirement. I plan on spending valuable time fulfilling my duties as

a grandmother (GG) and enjoying my hobbies, cooking, sewing, gardening and hopefully some travel with my husband when the borders open. I wish you all well in your future endeavours and hope to see some of your friendly faces again one day.

Best wishes, Gayle. xx



2022 MLC ELC

INTERGENERATIONAL PROGRAM

2022 will see the introduction of our formal program with MLC ELC. On the first Wednesday morning of every month from 10:00am – 11:00am, we will run a scheduled intergenerational group activity. These will rotate between children visiting us here at St Louis and residents visiting the ELC centre at MLC grounds. RSVP to these events will be essential via reception as numbers will be limited.

Our first event of 2022 will take place on Wednesday 2nd February with a visit to the Early Learning Centre to visit the Babies and Toddlers rooms. Transport to the event will be provided.

Following this on Wednesday 2nd March, we will host a morning of outdoor activities here at St Louis in the BBQ Area from 10:00am – 11:00am.

Please register your interest ASAP.



MLC ELC BIRTHDAY CARNIVAL

Date: 21st January 2022

Time: 3:00pm – 5:00pm

Location: MLC Oval

As part of our ongoing relationship with MLC ELC, we have been invited to host a St Louis Residents stall at their annual Birthday Carnival. Our Residents Stall will include Giant Lawn games (Jenga, Bowls, Connect 4, Tic-Tac-Toe) and an interactive cookie decorating activity.

Other attractions will include, Bouncy Castle, Petting Zoo, Snow cones, Popcorn, Balloon Twisting, Face Painting and Thomas the tank engine train rides.

SEEKING RESIDENT VOLUNTEERS



We are seeking several resident volunteers to come along and assist in the running of our Resident activity with the children during the birthday carnival, even if you can spare just 1 hour of your time. Please register your interest with Catherine at Reception.





2022 ST LOUIS ESTATE RESIDENT COMMITTEE

Congratulations and thank you to the Residents who make up the 2022 St Louis Residents committee, we look forward to a "Resident Committee Report" to feature in future editions of the Village Voice. Residents are encouraged to reach out to members of the committee with any queries or suggestions.

RESIDENTS COMMITTEE MEETING

Wednesday 19th January (One week early due to Aus Day Public Holiday) - 10:30am (PDR)
Wednesday 23rd February - 10:30am (PDR)

RESIDENTS

Mr Charles Townsend

Mrs June Craig

Mrs Patricia Quinlan

Mr Ronald Hassall

Mrs Joy Sinclair

Mr Michael Prevost

Mr David Jones

Mr Robert Turner

Mrs Jeanette Tomlinson

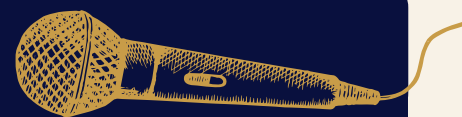
Mrs Joy Hill

Mrs Debbie Frink
(Social Club Representative)



ST LOUIS SPEAKER SERIES

Location: Kingsmill Lounge | **Time:** 10:30am – 11:30am



January is our annual break from Guest Talks – We look forward to welcoming some amazing speakers to St Louis in 2022. Starting back on Friday 11th February. If you know any great speakers, please be sure to pass their details onto the Residents Committee or Reception.

Antoine Bloemen | From Belgium to America to Australia | Friday 11th February

We welcome retired Magistrate Mr Antoine Bloemen to share his experiences. Bloemen was born in Bocholt, Belgium in 1941 where he finished school at grade 7. He then worked as a domestic in a Jesuit college before joining the Belgian merchant marines. After immigrating to the USA he was drafted into the Army, Airborne Division and did 76 jumps, before settling in New York City where he worked as a salesman on Wall Street.

With his wife he drove from Belgium to Bangkok and back in a Volkswagen Kombi van from 1967 to 1969. He and his family then migrated to Australia in 1972. After finishing Law School at UWA he built up his own legal practice and was appointed Magistrate for the Pilbara and then the

Kimberley. He retired in 2008. We look forward to hearing about Antoine in more detail and the interesting stories he has about his travels, his career, and his life experiences!

Paul Forrestal | Living with Arthritis Friday 25th February

Paul Forrestal retired from a teaching career at the end of 2012. As a Health and Physical Education teacher he has always had an interest in health promotion and physical activity. He then joined Arthritis & Osteoporosis WA (AOWA) speaking to community groups on arthritis and osteoporosis. Paul also has osteo arthritis and understands what those with osteo arthritis go through. His talk will cover an overview of arthritis, tips for managing arthritis: Pain Management - Conservative & Medical Management; Exercise; Nutrition; Joint Protection; Complimentary & Alternative Medicines, along with the services and information available from Arthritis & Osteoporosis WA.

UPCOMING EVENTS

If you have a special request for a movie your fellow residents may enjoy, please advise us via reception.

JANUARY MOVIES | 1:30PM



14 Peaks: Nothing is Impossible (2021) - 11th January
1h 41min | Documentary
Fearless Nepali mountaineer Nimsdai Purja embarks on a seemingly impossible quest to summit all 14 of the world's 8,000-meter peaks in seven months.

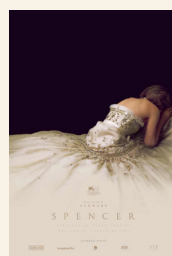


The Wrong Missy (2020) - 25th January
MA | 1h 30min | Rom Com
Disaster strikes when a man invites his dream girl to an island resort, but a previous blind date with the same name shows up instead.

FEBRUARY MOVIES | 1:30PM



Red Notice (2021) - 8th February
M | 1h 55min | Action/Comedy
In the world of international crime, an Interpol agent attempts to hunt down and capture the world's most wanted art thief.



Diana (2021) - 22nd February
PG-13 | 1h 57min | Drama
The Biographical Stage production explores Princess Diana and her life in the royal family from her first meeting with Charles to her untimely death.

FEATURE SERIES | 1:30PM THURSDAYS



The Crown (2016)
MA15+ | 45-60min per episode | Historical Drama

The Crown screenings will continue in 2022, starting at Season 2, they will screen every week (Except for Bingo week – 2nd Thursday of the month). This will recommence from January 6th at 1:30pm with Episodes 5 & 6.

HAPPY HOUR

Date: 7th January & 4th February

Time: 5pm to 6pm

Location: Kingsmill Lounge

Gather some friends, bring along a few drinks.

SOCIAL BRIDGE CLUB

Date: 1st, 3rd & 5th Tuesday of the month

Time: 1pm

Location: Private Dining Room

SOCIAL CLUB BBQ

Date: Saturday 26th February

Time: 5:30pm

Location: Kingsmill Lounge

Cost: \$10 per ticket (from reception)

Tickets are essential.

MEN'S CLUB

Date: 10th January & 7th February

Time: 5pm

Location: Private Dining Room

All welcome - BYO drinks and good conversation

BINGO

Date: 13th January & 10th February

Time: 1:30pm sharp

Location: Kingsmill Lounge

New residents and guests of residents welcome to attend. \$10.00 per book.

SOCIAL CLUB COMMITTEE MEETINGS

Thursday 6th January - 2:00pm (PDR)

Thursday 3rd February - 2:00pm (PDR)





From the Kitchen

DINING IS BACK FOR 2022

Casual and formal dining were suspended during the Christmas closure. Dining will recommence on Sunday 9th January 2022 for **Sunday Roast lunch** at 12:30pm.

Pasta Night will resume on 10th January at 6:30pm, Wednesday **Formal Dining** will resume on 12th January at 6:00pm, **Curry Night** will resume on Friday 14th January at 6:30pm.

FAMILY & FRIENDS WELCOME

Want to catch up with friends or family who don't live at St Louis Estate? Looking for a great venue to head out for dinner? Look no further! Remember you're always welcome to bring along guests to all St Louis dining options & special events. The more the merrier!



VALENTINES DAY PASTA NIGHT

"There's going to be a gathering of sweet & loving friends, we hope with all our hearts that you'll be able to attend."

This year Valentine's Day falls on Monday 14th February, invite your loved ones, friends or that special someone along to enjoy our Casual Dinner. Bring a bottle of wine and enjoy a tasty pasta for just \$15.00pp – no RSVP required. Just come along and enjoy the night.

Date: Monday 14th February

Cost: \$15pp

OPENING HOURS

Monday – Friday 10:00am – 2:00pm
(Café will re-open from Tuesday 4th January)

HISTORIC YANCHEP INN & TWO ROCKS BUS TRIP

Date: Tuesday 22nd February 2022

Price: \$75 pp includes full day bus trip, morning tea and lunch

Time: Depart Homestead @ 9:00am, please arrive at 8:45am. Return to Homestead by 3:30pm.

Following a delightful Club 55 morning tea at Neil Hawkins Park, we will travel the new Marmion Avenue extension directly to Yanchep through all the new suburbs that are popping across the north. Enjoy the scenic views of Two Rocks Marina & Yanchep Beach Lagoon. We retrace the fateful journey of the Gilt Dragon which sank and was left undiscovered just off the coast

here for many years, before entering Yanchep National Park. You can stroll around the lake, visit the gallery, and gift shop and view the delightful Koalas. Lunch will be provided in the cosy surrounds of the beautifully restored historic Yanchep Inn.



Happy Birthday!

WISHING OUR RESIDENTS &
STAFF THAT CELEBRATE IN
JANUARY & FEBRUARY
A FABULOUS BIRTHDAY!

CELEBRATE ST LOUIS MORNING TEA

Celebrate our birthdays and meet new residents in the **Kingsmill Lounge** from **10:30am** on **21st January** and **18th February**.

A MESSAGE FROM LIONS HEARING CLINIC

Thank you for welcoming Lions Hearing Clinic into your community! Since 2019 we have been providing hearing services on site, and it has been wonderful getting to know you all.

We are committed to making quality hearing care accessible to as many people as possible. From January 2022, we will visit you twice a year, giving you the flexibility to make a hearing appointment to suit your needs and availability at one of our 19 clinics. Tentative Dates for 2022 St Louis clinics are 13th April 2022 & 17th October 2022.

YOUR CLOSEST CLINICS ARE

Nedlands: 8 Verdun Street Nedlands, WA 6009

Subiaco: Level 2 1 Salvado Rd Subiaco, WA 6008

Transport can be arranged to assist you in visiting the clinics.

Keep an eye out for our St Louis visits via the newsletter and letter drops.

Book today on 1800 054 667 or
book@lionshearing.org.au



**LIONS
HEARING
CLINIC**
Ear Science

CHRIST CHURCH COMMUNITY SERVICE PROGRAM

The students and staff of Christ Church Grammar School are looking forward to recommencing visiting St Louis Estate residents in 2022. The students' visits will be recommencing in Late February 2022 and will have an important focus on serving our community and interacting with and assisting residents.

Activities can include assistance with computers, televisions, mobile phones, other IT queries, car washing or assisting with small tasks around the home.

The visits will take place on Friday afternoons from 1:30pm - 2:45pm. **Please register your interest with reception**