



WHAT'S ON THIS MONTH

Meal of the day	Important Dates/Public Hols	Events in the Village	Exercise/Activity Class	Village Organised Trip
Social Activities	Guest talk	Formal Dining	Casual Dinner	Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 6:00 pm (KL) Madras Chicken Curry Guest Speaker 10:30 am (KL) Hilary Silbert "Edith Dircksey Cowan: Facts, Figures & Fake News" Activity Club 1:30 - 3:30 pm (Café) Happy Hour 5:00 pm (KL)	2 Hungarian Goulash	3 12:30 pm (DR) Roast Beef & Vegetables
4 6:00 pm (KL) Macaroni Tuna Bake Yoga 2:30 pm (KL) Men's Chat Club 5:00 pm (PDR)	5 Beef Burger & Chips Private Function Tea 10:30 am (PDR) Gentle Exercise 11:15 am (KL) Bridge Club 1:00 pm (PDR)	6 6:00 pm (DR) Pork with Honey Mustard Sauce Or Barramundi with Pesto Crumb Aqua Aerobics 9:00 am (Pool)	7 Beef Chow Mein Social Club Meeting 10:00 am (PDR) Gentle Exercise 11:15 am (KL) Series 1:30 pm (KL) Bridgerton	8 6:00 pm (KL) Vegetables & Chickpea Curry Guest Speaker 10:30 am (KL) Peter Hunt "Did You Know Some Fun" 10:30 am (KL) Activity Club 1:30 - 3:30 pm (Café)	9 Beef Pie With Veg	10 12:30 pm (DR) Roast Pork & Vegetables
11 6:00 pm (KL) Gnocchi Bolognese Order of Australia 10:00 am (PDR) Yoga 2:30 pm (KL)	12 Chilli Con Carne With Rice Gentle Exercise 11:15 am (KL) Movie 1:30 pm (KL) The Lost City (2022)	13 6:00 pm (DR) Lamb Rump with Thyme Jus Or Salmon with Lemon Butter Sauce Aqua Aerobics 9:00 am (Pool)	14 Fish & Chips Or Seafood Basket Gentle Exercise 11:15 am (KL) Bingo 1:30 pm (KL)	15 6:00 pm (KL) Beef Masala Curry Birthday Morning Tea 10:30 am (KL) Activity Club 1:30 - 3:30 pm (Café)	16 Chicken Casserole	17 12:30 pm (DR) Roast Lamb & Vegetables
18 6:00 pm (KL) Salmon & Leek Lasagna Yoga 2:30 pm (KL)	19 Soft Pulled Pork Tacos Bridge Club 1:00 pm (PDR)	20 6:00 pm (DR) Chicken Breast with Rice & Satay Sauce Or Creamy Garlic Prawns	21 Slow Cooked Chicken Diane Series 1:30 pm (KL) Bridgerton	22 6:00 pm (KL) Lamb Korma Curry Guest Speaker 10:30 am (KL) Bill Edger "Convict System in WA Fact of Fiction" Activity Club 1:30 - 3:30 pm (Café)	23 Shepherd's Pie & Veg	24 12:30 pm (DR) Roast Turkey & Vegetables
25 6:00 pm (KL) Pumpkin Ravioli with Creamy Sauce Yoga 2:30 pm (KL)	26 Beef Kway Teow (Stir Fry Noodles) Movie 1:30 pm (KL) Oklahoma! (Musical) (1955)	27 6:00 pm (DR) Beef Corn Silverside with Cream Sauce Or Snapper with Tomato Sauce Aqua Aerobics 9:00 am (Pool) Residents Committee Meeting 10:00 am (PDR)	28 Fish & Chips Or Seafood Basket Gentle Exercise 11:15 am (KL) Series 1:30 pm (KL) Bridgerton	29 No Curry Night No Guest Speaker Activity Club 1:30 - 3:30 pm (Café) Christmas in July Luncheon 12:30 pm (DR)	30 Home Delivery Meals Available Social Club Event Tickets Essential 5:30 pm (KL)	31 12:30 pm (DR) Roast Beef & Vegetables