



RESIDENT OUTING BUS TRIP / RIVER CRUISE

Date: Tuesday 4th October

Time: Leave Homestead @ 9.00am – Return @ 3.30pm

Swan River Cruising and Twin Fin | Cost: \$85

We make our way directly to the impressive Queens Garden where we will enjoy a delightful morning tea and time to admire these magnificent gardens. We now make our way to Elizabeth Quay where you will have some free time to check out all the changes here before boarding your Captain Cook, river cruise to Fremantle.

Full commentary by your crew as you cruise our impressive Swan River to Fremantle. Your coach will be waiting for you at the other end and will do a tour around Fremantle before arriving at Fisherman's Harbor and Twin Fin for some tasty fish and chips for lunch. After lunch free time to maybe visit the shipwrecks Museum or simply enjoy the location before slowly starting on our way home.

NEW ACTIVITY CLUB

Date: Friday, 1st of July 2022

Time: 1.30 – 3.30 pm

Cost: \$15 per person, per session

St Louis Home Care is delighted to introduce a new Activity Club for residents to enjoy on Friday afternoons at the Homestead Cafe. All residents are welcome to attend and participate in engaging activities designed to grow and strengthen friendships, memories, and minds. Join Kathrin, a Home Care employee, and the Christ Church Grammar students for a fun intergenerational exchange.

New Activity Club charges \$15.00 per person, per session, including afternoon tea and activity resources. To book today, please phone the Home Care Office at (08) 9385 3406.

CHRISTMAS IN JULY

Date: Friday 29th July 2022

Time: 12:00pm

Price: \$45.00 per person, which includes a delicious 3-course meal

Join us to celebrate Christmas in July, a delicious mid-year treat, with good friends, great food and a few surprises. You will be treated with a traditional style, Gourmet Christmas lunch with all the trimmings and an afternoon of festivity, you know you don't want to miss.

Bookings are essential via Reception. | RSVP closes Friday 22nd July, unless sold out prior.



RESIDENT NEWSLETTER

JULY 2022

UPCOMING EVENTS

If you have a special request for a movie your fellow residents may enjoy, please advise us via reception.

JULY MOVIES



The Lost City (2022)

12th July – 1.30 pm (KL)
Cast: Sandra Bullock & Brad Pitt
Running time: 1 hr 51 mins
American action-adventure comedy film
A reclusive romance novelist on a book tour with her cover model gets swept up in a kidnapping attempt that lands the group in a cutthroat jungle adventure.



Oklahoma! (Musical) (1955)

26th July – 1.30 pm (KL)
Cast Gordon MacRae & Shirley Jones
Running time: 2 hrs 25 mins
Oldie but Goodie
In Oklahoma, several farmers, cowboys, & travelling salesman compete for the romantic favours of various local ladies.

FEATURE SERIES



Bridgerton | Season 1 & 2

Wealth, lust, and betrayal set against the backdrop of Regency-era England, seen through the eyes of the powerful Bridgerton family. Follow the story of eight close-knit siblings of the powerful Bridgerton family in their attempts to find love.

*Screening most Thursdays. See monthly calendar for dates.

HAPPY HOUR

Date: 1st July **Time:** 5pm to 6pm

Where: KL

Gather some friends, bring along a few drinks.

MEN'S CLUB

Date: 4th July **Time:** 5pm **Where:** PDR

All welcome - BYO drinks and good conversation

SOCIAL BRIDGE CLUB

Date: 5th & 19th July **Time:** 1pm **Where:** PDR

SOCIAL CLUB MEETING

Date: 7th July **Time:** 10am **Where:** PDR

BINGO

Date: 14th July **Time:** 1:30pm sharp **Where:** KL

New residents and guests of residents welcome to attend. \$10.00 per book.

CELEBRATE ST LOUIS MORNING TEA

Celebrate our monthly birthdays & meet new residents.

Date: 15th July **Time:** 10:30am **Where:** KL

SOCIAL CLUB EVENT

Date: 30th July **Time:** 5:30pm **Where:** KL

Tickets are essential. More info to come.



Happy Birthday!

WISHING OUR RESIDENTS & STAFF THAT CELEBRATE IN JULY A FABULOUS BIRTHDAY!

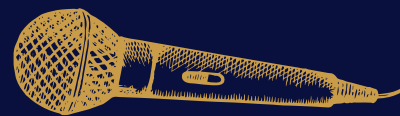
WELCOME NEW RESIDENTS

St Louis Estate would like to extend a very warm welcome to our new residents! We can't wait to see your friendly faces around the village.



ST LOUIS SPEAKER SERIES

Location: Kingsmill Lounge | Time: 10:30am – 11:30am



Edith Dircksey Cowan: Facts, Figures & Fake News

Hilary Silbert | 1st July

Celebrating the election of Australia's first female parliamentarians Edith Dircksey Cowan, OBE, achieved a unique position: Twenty-two years from gaining the vote, she stood for parliament at the first opportunity. Granddaughter of early colonial families and born on a property outside Geraldton in WA. Edith rose above adversity to contribute to the society of the day in an extraordinary capacity. A diverse range of organisations recognise her as a founder which for whilst being a wife, mother of five children, well read and extensive traveller. The centenary of her election to parliament was celebrated on the 12th of March 2021.

No Speaker as Xmas in
July Luncheon | 29th July

Did You Know?... Let's Have Some Fun (Bring Paper & Pen)

Peter Hunt | 8th July

This is a fun morning with some audience participation, bring along a pen and some paper to join the fun. Jokes and stories for a bit of a laugh.

Convicts

Bill Edgar | 22nd July

Bill Edgar has a PhD in Australian history, has been a teacher, archivist, curator and historian and has written more than a dozen books, mostly on social history but including three books on military history. Come along and listen to Bill speak on the Convict System in WA facts and fiction.

We are still seeking guest speakers to fill up our calendar from August to December. If you would like to give a guest talk or know a great speaker who may be interested in presenting here at St Louis, please provide all details to the resident committee or reception.

RESIDENT COMMITTEE REPORT

For those of you who missed the Budget Meeting in May it is important to know that the Resident's Committee gets quarterly budget auditing input from two "in-house" accountants: Ron Hassall, one of our own committee members, and Robin Tunnicliffe a long time "advisor" to the committee; and also, from Peter Mansell our Trustee. They reviewed the budget and feel it is optimistic, but good.

As always, we want to hear from you. It's important that we know what pleases you as well as what bothers you as it is a measure of our effectiveness as a committee. Let us know if you enjoyed your dining experiences, Friday Guest Speakers, or the colourful plants blooming around the Village. That way we know we are doing the right thing. Of course, we also want to be made aware of problems or concerns that may arise. For anything requiring immediate action, contact Reception first so a work order can be created.

Some recent items presented have been the quality of the formal dinners and the overall appearance of the gardens on the property. With two new chefs on board, we feel optimistic that the dining experience has returned to its former high level, though we continue to monitor it closely. As for the gardens, management are working through a gardening plan for the upcoming year.

Finally, a special thanks to our previous guest speaker Dr Paul Wilkes, who has kindly provided us with a list of useful references from his talk on 'Climate Change and Renewable Energy' back in early June. A copy of this list can be obtained from Catherine at reception.

Regards, Charlie Townsend (Chairman)
Ph: 0400 029 829 | Email: charliewoodstock@aol.com

The next resident committee meetings will be held on 27th July at 10:00am in the Private Dining Room.

St Louis Home Care Update



INTRODUCING CHRISTINA VENABLES TO ST LOUIS HOME CARE:

Please join us in warmly welcoming Christina Venables as our new Home Care Package, Case Manager. As a registered nurse and a career in aged care management and education, we are very fortunate to have someone with Christina's experience and knowledge join our Home Care team. I'm sure her contributions will benefit us all. Christina is replacing Melissa Brechin, who recently resigned. We wish Melissa all the best.

Christina joins Gabbie Jones in the role of coordinating home care packages with a focus on clinical assessments, case management, and nursing care. Working Monday, Wednesday, and Friday, she will be available for nursing care visits by appointment, for 15, 30, or 45 minutes at a time and charged at applicable nursing rates. If you require a nursing visit, we are happy to assist at St Louis Home Care at Unit 58 or phone (08) 9385 3406.

THINKING ABOUT HOME CARE SERVICES?

Hello, my name is Karena Sherriff, St Louis Home Care Manager. I joined the Home Care team in early 2022, with over twenty years of experience in community aged care. I would be delighted to assist you and your family in navigating the home and community care service industry, including service options and cost comparisons. I am available Tuesday to Thursday weekly to explore a broad range of personally tailored home care service options with you. To enquire about booking a visit, please phone (08) 9385 3406 or email homecare@stlouisestate.com.au.

Were you aware that St Louis Home Care offers government-subsidized and accredited Home Care Package Care (Level 1-4)? In fact, we're celebrating 5 years of delivering quality tailored home care packages to residents of St Louis Estate and to several residents in Claremont, Cottesloe, and Crawley. Four key benefits of a Home Care Package with St Louis Home Care include.

1. Receiving assessment and care planning with a Registered Nurse.
2. Shorter visits offer greater package value.
3. Comparable fees to local providers.
4. Quality care services delivered by reliable, qualified, and trained home care employees.



To enquire about accessing a Home Care Package with St Louis Home Care, please contact (08) 9385 3406 or email homecare@stlouisestate.com.au We can assist with walking you through each step of the process.

REMINDERS

- Smoke Alarm Batteries will be changed this month, if you do not consent for our maintenance team to enter your unit to change the batteries, please advise reception ASAP.
- For Sale Large St Louis Golf Umbrellas - \$50.00 available from reception.
- Casual dinner is now served from 6:00pm on Mondays and Fridays.