



Merry Christmas and Happy New Year

FROM ST LOUIS ESTATE



CHRISTMAS COCKTAIL PARTY

Date: Thursday, 7th December | 5:00pm -7:00pm

Location: Kingsmill Lounge

RSVP to reception by Tuesday 5th December.

All residents are invited to join us for our annual Christmas Cocktail Party to celebrate the end of the year with your St Louis Family. Come along and enjoy an evening of festivity. Food & Beverages provided.

CELEBRATE ST LOUIS BIRTHDAY MORNING TEA & MLC CHRISTMAS VISIT

Date: Friday, 8th December 2023

Time: 10:30am

Where: Kingsmill Lounge

Join us for our December Celebrate St Louis morning tea, featuring a special visit from the MLC ELC children for a special Christmas celebration.



RESIDENTS CHRISTMAS BANQUET

Date: Wednesday, 20th December 2023

Time: 12:00pm | **Where:** Dining Room | **Cost:** \$50

The St Louis Christmas Banquet will be our final social event and community celebration for the year. We invite and encourage all residents to bring along family members and friends to celebrate the festive season together and send off 2023 with good friends, great food and a few surprises. You will be treated with a traditional style, Gourmet Christmas lunch with all the trimmings.

Tickets include Champagne on arrival, a delicious 3-course meal and an afternoon of festivity, you know you don't want to miss. Don't forget you must book at Reception.



RESIDENT NEWSLETTER

DECEMBER 2023

UPCOMING EVENTS

ST LOUIS VARIETY CONCERT

Date: Friday, 15th December 2023

Time: 10:30am til Noon | **Where:** Kingsmill Lounge

Organised by the St Louis Social Club, all residents are invited to enjoy a morning of musical delights. Join us in the Kingsmill lounge for a variety concert featuring a wonderful array of performers from 10:30am 'til around 12 noon. Special thanks to James Natt for his hard work organising the performance.

CHRISTMAS RAFFLE

The raffle will be drawn at the Christmas fete on Friday, 1st December 2023 at 1:00pm. All proceeds from the raffle go directly to the St Louis Social Club to help subsidise resident outings and social club events during the year. Tickets are still available for sale at Reception.



NEW YEAR'S DAY CELEBRATION

Date: 1st January 2024. 11:00 am

Location: Kingsmill Lounge

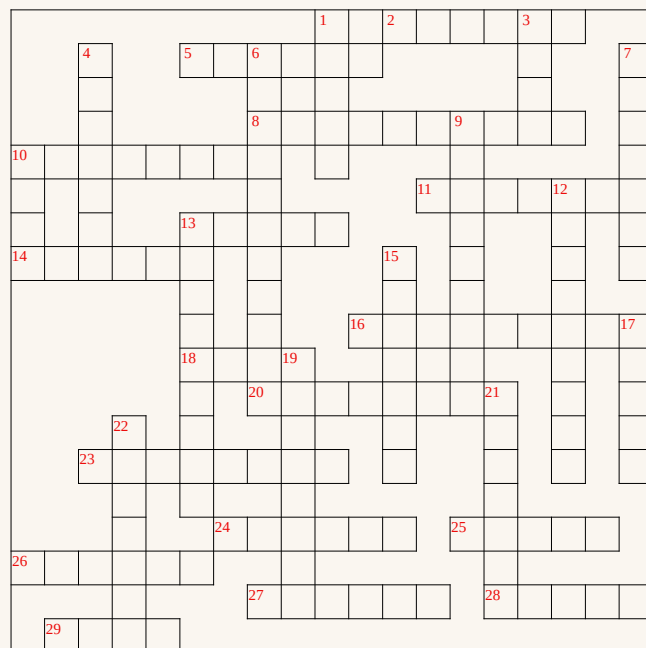
Join fellow residents at the social club new years get together, bring in 2024 with friendly faces and a casual celebration. All welcome!

BYO | Wine, Cheese, and Crackers

CHRISTMAS LIGHTS BUS TOUR CANCELLED

Sadly due to a lack of registrations, the Christmas light bus trip has been cancelled for 2023. We hope to see more registrations of residents to attend various bus trips in 2024, to ensure we can continue to run them.

CHRISTMAS PUZZLE



Across

- 2 Famous snowman
- 5 Traditional dairy drink
- 8 An opener or a famous ballet
- 10 Hung over the fireplace
- 11 Carrot-nosed figure
- 13 Christmas song
- 14 Circular decoration
- 16 Dance of the ____ Fairy
- 18 Tree topper
- 20 Christmas month
- 23 Tree decoration
- 24 Santa's ride
- 25 Santa's helpers
- 26 ____ Bells
- 27 Green Christmas thief
- 28 Plant with red berries
- 29 The First Christmas, "The First ____"

Down

- 1 ____ Pole
- 3 Green Christmas decoration
- 4 Mean or miserly person
- 6 Treat used to build miniature houses
- 7 How Santa gets in
- 9 Striped sweet
- 10 Frozen rain
- 12 Christmas "kissing" plant
- 13 Gift giving holiday
- 15 Little ____ Boy
- 17 ____ Christmas; A season's greeting
- 19 Rudolph and friends
- 21 Lead reindeer
- 22 Kris ____



MONTHLY EVENTS



HAPPY HOUR

Date: Friday, 1st December **Time:** 5pm **Where:** KL

BRIDGE CLUB

Date: Tuesday, 5th & 19th December
Time: 1pm **Where:** PDR

MEN'S CHAT CLUB

Date: Thursday, 14th December **Time:** 5pm **Where:** PDR

SOCIAL COMMITTEE MEETING

Date: Tuesday, 5th December **Time:** 10am
Where: Computer Room

Happy Birthday!

WISHING OUR RESIDENTS
& STAFF THAT CELEBRATE
BIRTHDAYS IN DECEMBER
A FABULOUS BIRTHDAY!



AND A VERY WARM
WELCOME TO ALL OF OUR
NEW RESIDENTS.



GUEST SPEAKERS

There will be **no guest speakers this month**, but we look forward to bringing you plenty of exciting guests in 2024!

DECEMBER MOVIES

If you have a special request for a movie your fellow residents may enjoy, please advise us via reception.



Christmas with the Kranks

Tuesday, 12th December | 1:30pm
Cast: Tim Allen, Jamie Lee Curtis, Dan Aykroyd
Running time: 1hr 38m

The Kranks scandalise everyone when they declare that they won't be celebrating Christmas. But, when their daughter decides to visit home, they get off on a mad rush to organise a spanking Christmas.



Miracle on 34th Street

Thursday, 14th December | 1:30 pm

Cast: Richard Attenborough, Elizabeth Perkins

Running time: 1h 54m

Susan, and her mother, along with the help of a lawyer, must defend a man, Kris Kringle, from being institutionalised. To do so, they must prove that he is the real Santa Claus.



White Christmas | Musical

Thursday 21st December | 1:30pm

Cast: Bing Crosby, Danny Kaye, Rosemary Clooney, Vera-Ellen

Running time: 2h

This 1954 musical film centres around a group of entertainers during World War II keen on spreading the holiday spirit to save a failing Vermont Inn.



RESIDENT NEWSLETTER

DECEMBER 2023

VILLAGE SERVICES OVER THE *Festive Season*

RECEPTION & CAFE CLOSURE

Please note that due to annual leave for staff over the festive season and operational requirements there will be some changes to the hours and services.

The St Louis Estate Christmas Closure period will commence at 12 noon on Friday 22nd December 2023 and reopen Tuesday 2nd January 2024. During this closure period both Reception and the Café will be closed.

CASUAL & FORMAL DINING

Casual and formal dining will be suspended during the Christmas Closure. Please refer to the Christmas Closure table for specific dates. Dining will recommence on Monday, 8th January 2024 and Friday, 12th January 2024.

CHRISTMAS CLOSURE MEAL DELIVERY SERVICE

Although there will be no Café dine-in options and evening meals during the Christmas closure, we will still be offering our full home delivery service on a pre-order basis. Delivery of your choice of fresh or frozen meals will be offered, via pre-order from the Christmas Delivery Menu which will be issued in early December. All orders must be submitted to reception by Wednesday 13th December and will be delivered to residents on 22nd & 23rd December.

Please note: Rubbish bin collection will still be completed on Wednesday 27th of December 2023.

FESTIVE SEASON OPENING HOURS



DATE	MEAL OPTION	CAFE HOURS	OFFICE HOURS
Wednesday 20th December	Christmas Banquet Lunch	Café Closed	9:00am - 4:00pm
Thursday 21st December	Normal Café Menu & Delivery Options	Café Open 10:00am - 12:00pm	9:00am - 2:00pm
Friday 22nd December	Pre-Order from Christmas Delivery menu	Café Closed	Closed from 12:00pm
Saturday 23rd December - Monday 1st January	Pre-Order from Christmas Delivery menu	Café Closed	Closed
Tuesday 2nd January	Normal Café Menu & Delivery Options	Café open 9:00am-2:00pm	9:00am - 4:00pm
Sunday 7th January	Sunday Roast Lunch	Cafe closed Sunday roast lunch 12:00pm	Closed
Monday 8th January	Normal Café Menu & Delivery Options	Café open 10:00 - 2:00pm Pasta night 6:00pm	9:00am - 4:00pm



RESIDENTS' ROVING REPORTER

DECEMBER 2023

EDITOR: MR JAMES NATT (UNIT 13)



A ROYAL MESSAGE FROM THE KING TO THE KINGS!

Michael and Margie King recently celebrated their Golden Wedding Anniversary. They received a host of congratulatory messages, but one that stood out and gave them great pleasure was personally signed by King Charles and Queen Camilla.

FAREWELL TO POPULAR PHYSIO CHRISTINE



After ten years at St Louis helping residents keep fit and happy, physiotherapist Christine Butler is retiring. Her cheerful personality, practical knowledge and experience will be greatly missed by all who saw her individually or enjoyed her exercise classes in the pool or on land. We wish her a long, happy and productive retirement.

We welcome new physio Rahima Richardson, who has worked for many years as a community physiotherapist.

WE VISIT THE MLC LITTLE ONES



Annie was into story time with a couple of young charmers!

A few residents and staff crossed the Highway to visit MLC pre schoolers recently. We read stories to the delightful three year olds and afterwards enjoyed scones and cakes with a cup of tea



Molly is getting the interest of a little girl looking rather confused?

LEST WE FORGET



The Gopher Squad (our very own Bikies!!)



A social group gather out of the sun.

Residents have always observed Remembrance Day November 11th by gathering together to pause at 11am to remember past servicemen and women who died fighting for their country.



A BUSLOAD OF HAPPY JAZZ LOVERS

20 residents had a comfortable ride to His Majesty Theatre for the jazz concert featuring Sydney group Adam Hall and the Velvet Playboys. It was a great success and everyone had a swinging time.

The concert was part of a series of Morning melodies HM put on throughout the year ranging from Opera to Jazz. The convenience of door to door transport is attractive too so we will probably offer residents the same deal for various concerts in 2024.

A TWILIGHT CRUISE TO REMEMBER

What could be better than cruising a calm Swan river on a 20 metre luxury boat with an ice cold beverage in hand amongst resident friends?

Claremont Council and Claremont yacht club combine every Seniors week (.yearly) and offer their Seniors a Twilight cruise followed by dinner in the Yacht club. A generous gesture indeed! It was just beautiful cruising a serene Swan and finishing with a superb dinner.

All residents should note this one for next year. We could fill several boats I'm sure.



Residents (from left) Judy, Nell, Jean, Charlie and Hilaire - Are very happy sitting "Aft" taking in the gentle river breeze.



Debbie and Alan living the "sweet life".



Brian our owner /Skipper with his charming deckhand.

SPEAKERS CORNER

ARTHRITIS ADVICE

Deborah Brown gave an enlightening talk on osteoporosis and the main types of arthritis. Many of us encounter arthritis some time, some where! Deborah outlined helpful management techniques old and new, including exercise and positive thinking, and how to contact the Wylie Centre for more information. planned and executed disappearing act."



BETWEEN THE WARS

Bill Edgar, researcher and archivist, gave us a fascinating talk about the period between the Great Wars 1 and 2.



The 30 year period saw the rise of narcissic leaders in Hitler, Mussolini, Stalin who led totalitarian regimes. Japan also belonged in this anti democracy group and Bill's account of Japan's effort to extend their empire to Australia was most compelling.

Japan came very close and would have achieved its goal but for the U.S. joining the war after Pearl Harbour and the crucial sea battles of the Coral Sea and Milne Bay. On our doorstep, In New Guinea, on the Kokoda Trail under ten thousand Australian troops held off twenty five thousand Japanese to stem the land advance South within sight of Port Moresby. What heroes we had fighting in the jungles of



EDGAR EVANS

Former Malaysian Airlines pilot, Edgar Evans gave us an absorbing insight into his research on the mystery of the disappearance of Boeing 777 MH 370

His conclusion:

"It was a suicide mission. Captain Zaharie Ahmad Shah piloted the doomed Boeing 777 into the swell in the remote southern reaches of the Indian Ocean- the last action of his meticulously planned and executed disappearing act."



New Guinea, where the biggest killer by the factor of four was Malaria and typhus!

Bill 's book on the subject Warrior of Kokoda, is the story of Brigadier Arnold Potts, a farmer from Kojonup, commander of the Australians, who became a controversial figure.

Pictured: Bill (left) with a fellow ex- teacher and resident Ric Evans.

VARIETY CONCERT PERFORMERS



Pianist Peggy Butt and her daughter Alison Booth, who plays the trumpet, will perform solo numbers as well as playing together. Their program is popular music from the "old days."



Christabel Cole is a talented singer, whose delightful voice and choice of songs is something to look forward to.



Sam Robins is a versatile young musician who plays piano, guitar and harmonica and sings in the Elton John style.



Lady Lyn Garland is a star classical pianist, well known to us all and it will be a pleasure to hear her playing.

MELBOURNE CUP



Joy's Hat Shop



The Winning Hat



SPECTACULAR FASHION PARADE AT MELBOURNE CUP EVENT

Featured at this year's festivities were an array of gorgeous millinery, modelled above. Our thanks to Joy Sinclair, fashion purveyor extraordinaire, who provided most of them.

The winner of best hat was Michael Prevost (left) wearing a shoulder wide Napoleon Bonaparte styled fedora, seen here posing in a Bonapartian manner with his left hand inside his jacket –checking for his wallet!

ST LOUIS ESTATE INAUGURAL ART EXHIBITION



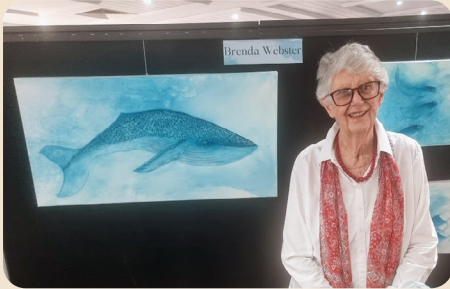
Julie Drake



Brenda Wood



Anne McEvoy



Brenda Webster



Robin Tunnicliffe



Inge Stokes



Joan Fisher



Jim Larkin



Rachel Letts



Marg Bongers



ARTISTS IN RESIDENCE-A CRITICAL AND POPULAR SUCCESS!

The Exhibition was the inspiration of Margaret Bongers who realised that among the residents were a number of accomplished fellow artists. "Why not display our work for others to enjoy?" she wondered. Management liked the idea and so the first St Louis Art Exhibition was planned.

Nine artists contributed resulting in a wonderful variety of works that drew large viewing audiences over three days. Exhibits included a winged zebra, elegant fishes, a little girl in fancy dress surrounded by flying rabbits, an excellent assortment of still lifes, impressive landscapes and Impressionist and semi-abstract works. It was a great opportunity for the artists to air earlier and current works and to demonstrate a variety of techniques and skills.

Management did a marvellous job in setting up the art works on display boards around Kingsmill Lounge. Champagne and canapes added to the ambience of a successful and pleasurable opening evening to launch the Exhibition. Congratulations to all involved.

DECEMBER -A BUSY MONTH - FOR YOUR CALENDARS.

FRIDAY 1ST Christmas fete 9.30-1.00pm

THURSDAY 7TH Christmas Cocktail Party 5.00pm-7.00pm

FRIDAY 15TH Variety concert 10.30 -12 Noon

WEDNESDAY 20TH Christmas banquet 12 noon

