



WHAT'S ON THIS MONTH

Meal of the day	Important Dates/Public Hols	Events in the Village	Exercise/Activity Class	Village Organised Trip
Social Activities	Guest Talk	Formal Dining (menu on back)	Casual Dinner	Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 Sally Anne Hasluck: "Digitising John Forrest Scrapbook - A Journey" Happy Hour (KL) 5:00pm 6:00pm (KL) Curry Night: Lamb Korma	2	3 12:30pm (DR) Sunday Roast: Pork with Veg Dessert: Chocolate Mousse
4 Public Holiday No Pasta Night	5 Seniors Morning Tea 10:00am (PDR) Gentle Exercise (Kiora) 11:15am	6 Aqua Aerobics (Pool) 9:00am Yoga with Annette & Cherie (Kiora) 9:00am Sound Healing (Kiora) 10:30am HCP Info Session (KL) 11am 6:00pm (DR) Wednesday Dining	7 Social Committee Meeting (PDR) 10am Gentle Exercise (Kiora) 11:15am Men's Chat Club - 5pm (KL)	8 Robert Nicholson: "Captain Robert Laurie & the Development of Maritime Fremantle" 6:00pm (KL) Curry Night: Thai Green Chicken Curry	9	10 12:30pm (DR) Sunday Roast: Beef with Veg Dessert: Lemon Cake with Ice Cream
11 Order of Australia Meeting (PDR) 10am Ann @ Chair Yoga (Kiora) 10:30am 6:00pm (KL) Spinach and Ricotta Canneloni Private Booking 11am-12pm (KL)	12 Gentle Exercise (Kiora) 11:15am	13 Aqua Aerobics (Pool) 9:00am Yoga with Annette & Cherie (Kiora) 9:00am Sound Healing (Kiora) 10:30am 6:00pm (DR) Wednesday Dining	14 Gentle Exercise (Kiora) 11:15am	15 Birthday Morning Tea (KL) 10:30am 6:00pm (KL) Curry Night: Beef Masala	16 Private Function (KL) 4pm - 8pm	17 12:30pm (DR) Sunday Roast: Turkey with Veg Dessert: Fruit Salad with Jelly and Ice Cream
18 Ann @ Chair Yoga (Kiora) 10:30am 6:00pm (KL) Creamy Chicken and Mushroom	19 Gentle Exercise (Kiora) 11:15am	20 Aqua Aerobics (Pool) 9:00am Yoga with Annette & Cherie (Kiora) 9:00am Sound Healing (Kiora) 10:30am 6:00pm (DR) Wednesday Dining	21 Gentle Exercise (Kiora) 11:15am Private Booking 12:30 - 2:30pm (KL)	22 Lenore Layman: "Australian Asbestos History" 6:00pm (KL) Curry Night: Lamb Vindaloo	23	24 12:30pm (DR) Sunday Roast: Lamb with Veg Dessert: Pavlova
25 Ann @ Chair Yoga (Kiora) 10:30am 6:00pm (KL) Beef Ragu	26 Gentle Exercise (Kiora) 11:15am	27 Aqua Aerobics (Pool) 9:00am Yoga with Annette & Cherie (Kiora) 9:00am Residents Committee Meeting (PDR) 10:00am Sound Healing (Kiora) 10:30am 6:00pm (DR) Wednesday Dining	28 Gentle Exercise (Kiora) 11:15am Easter Morning Tea, Hat Parade & Raffle Draw 10:30am (KL) 	29 Good Friday Office Closed No Curry Night Meals Available Delivered on Thursday	30 Easter Saturday	31 Easter Sunday No Sunday Roast



WEDNESDAY
DINING

6

6:00pm (DR)

Lamb Rump
or
Barramundi

Dessert: Pear Crumble
with Ice Cream

13

6:00pm (DR)

Chicken Maryland
or
Beef Fillet

Dessert: Apricot Danish
with Ice Cream

20

6:00pm (DR)

Garlic Prawns
or
Pork Belly

Dessert: Apple Crumble
with Ice Cream

27

6:00pm (DR)

Salmon
or
Pork Cutlet

Dessert: Sticky Date
with Ice Cream