



Merry Christmas AND HAPPY NEW YEAR

FROM EVERYONE AT ST LOUIS ESTATE

CHRISTMAS RAFFLE

The raffle will be drawn at the Christmas fete on **Friday, 6th December 2024 at 12:30pm**. All proceeds from the raffle go directly to the St Louis Social Club to help subsidise resident outings and social club events during the year. Tickets are still available for sale at Reception. Cash only.



RESIDENTS CHRISTMAS BANQUET

Date: Friday 13th Dec | **Time:** 12:00pm | **Where:** KL
Cost: \$50 per person

The St Louis Christmas Banquet will be our final social event and community celebration for the year. We invite and encourage all residents to bring along family members and friends to celebrate the festive season together and send off 2024 with good friends, great food and a few surprises. You will be treated with a traditional style, Gourmet Christmas lunch with all the trimmings.

Tickets include Champagne on arrival, a delicious 3-course meal and an afternoon of festivity, you know you don't want to miss. Don't forget you must book at Reception.



CHRISTMAS COCKTAIL PARTY

Date: Thursday 19th Dec | **Time:** 5:00pm - 7:00pm
Where: KL | **RSVP:** To reception by 16th December

All residents are invited to join us for our annual Christmas Cocktail Party to celebrate the end of the year with your St Louis Family. Come along and enjoy an evening of festivity. Food & Beverages provided.

RESIDENT NEWSLETTER

DECEMBER 2024

VILLAGE SERVICES OVER THE Festive Season

RECEPTION & CAFÉ CLOSURE

Please note that due to annual leave for staff over the festive season and operational requirements there will be some changes to our business hours and services.

The St Louis Estate Christmas Closure period will commence at **12 noon on Tuesday 24th December 2024 and reopen Thursday 2nd January 2025**. During this closure period both Reception and the St Louis Café will be closed. The Kiora Café will remain open to offer services to residents on the days indicated in the Festive Season Opening Hours table below.

CASUAL & FORMAL DINING

Casual and formal dining will be suspended during the Christmas Closure.

- Pasta Night** Final Night: 16th Dec | Reopens: 13th Jan
- Curry Night** Final Night: 20th Dec | Reopens: 10th Jan
- Sunday Roast** Final Lunch: 15th Dec | Reopens: 12th Jan
- Wednesday Night Dining** Final Night: 18th Dec | Reopens: 15th Jan

CHRISTMAS CLOSURE MEAL DELIVERY SERVICE

Although there will be no Café dine-in options and evening meals during the Christmas closure, we will still be offering our full home delivery service on a pre-order basis.

Delivery of your choice of fresh or frozen meals will be offered, via pre-order from the Christmas Delivery Menu which will be issued in early December. All orders **must be submitted to reception by Thursday 12th December** and will be delivered to residents on 23rd & 24th December.

Please note due to the Christmas & Boxing Day public Holidays, Rubbish collection for all units will likely be completed on **Thursday 26th December**, Bins will be emptied and put out on Tuesday 24th December prior to office closure at 12 noon and will be brought in from the street on Friday the 27th December.

FESTIVE SEASON OPENING HOURS



Date	Meal Option	SLE Cafe Hours	Kiora Cafe Hours	Office Hours
Friday 20th Dec	Curry Night	9:00am - 2:30pm	9:00am - 2:00pm	9:00am - 4:00pm
Saturday 21st Dec	Pre-Order all meals from Christmas Deliery menu between Friday 20th December 2024 and Thursday 2nd January 2025	SLE Cafe will be closed from Saturday 21st December 2024 through to Thursday 2nd January 2025	9:00am - 12:00pm	Closed
Sunday 22nd Dec			Closed	Closed
Monday 23rd Dec			9:00am - 2:00pm	9:00am - 4:00pm
Tuesday 24th Dec			9:00am - 12:00pm	Closed from 12:00pm
Wednesday 25th Dec			Closed	Office closed from 12:00pm 24th of December and reopens at 9:00am on Thursday 2nd January 2025
Thursday 26th Dec			Closed	
Friday 27th Dec			9:00am - 12:00pm	
Saturday 28th Dec			9:00am - 12:00pm	
Sunday 29th Dec			Closed	
Monday 30th Dec			9:00am - 12:00pm	
Tuesday 31st Dec			9:00am - 12:00pm	
Wednesday 1st Jan			Closed	
Thursday 2nd Jan	Normal Cafe Menu & Delivery Options	9:00am - 3:00pm	9:00am - 2:00pm	9:00am - 4:00pm





MONTHLY EVENTS



HAPPY HOUR

There will be no happy hour due to the fete

BRIDGE CLUB

Date: Tuesday 3rd & 17th December

Time: 1pm **Where:** KL



MAH-JONG

Date: Tuesday 10th

Time: 1pm **Where:** PDR

SOCIAL COMMITTEE MEETING

There will be no meeting this month

RESIDENT COMMITTEE MEETING

There will be no meeting this month

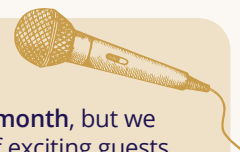
GARDEN COMMITTEE MEETING

There will be no meeting this month

SOCIAL CLUB EVENT

There will be no event this month

GUEST SPEAKERS



There will be no guest speakers this month, but we look forward to bringing you plenty of exciting guests from February 2025!

DECEMBER MOVIES

If you have a special request for a movie your fellow residents may enjoy, please advise us via reception.
Most Thursdays at 1:30pm in the Kingsmill Lounge.

PLEASE NOTE DUE TO HOMESTEAD RENOVATIONS, THERE WILL BE NO TUESDAY MOVIES UNTIL FURTHER NOTICE.



Love Actually Thursday 5th December Romantic Comedy

Follows the lives of eight very different couples in dealing with their love lives in various loosely interrelated tales all set during a frantic month before Christmas in London, England.

Cast: Hugh Grant, Colin Firth, Emma Thompson, Laura Linney, Bill Nighy
Running time: 1hr 15min



Spirited Thursday 12th December Comedy / Family / Fantasy

A musical version of Charles Dickens's story of a miserly misanthrope who is taken on a magical journey.

Cast: Will Ferrell, Ryan Reynolds
Running time: 2hr 7min

****There will be no movie on Thursday 19th due to the Christmas Cocktail Party**

CELEBRATE ST LOUIS BIRTHDAY MORNING TEA & SECRET SANTA GIFT EXCHANGE



Date: Friday, 20th December 2024 | **Time:** 10:30am
Where: Kingsmill Lounge

Join us for our December Celebrate St Louis morning tea, featuring our very first Secret Santa Gift Exchange for those registered. If you would like to join in the Secret Santa gift exchange for residents this year, please register at reception ASAP.

NEW YEAR'S DAY CELEBRATION



Date: 1st January 2025 | **Time:** 11:00am
Where: Kingsmill Lounge

Join fellow residents at the social club new year's get together, bring in 2025 with friendly faces and a casual celebration. All welcome!
BYO: Wine, cheese, crackers

WELCOME TO OUR NEW RESIDENTS!

St Louis Estate would like to extend a very warm welcome to our new residents!

RESIDENT NEWSLETTER

DECEMBER 2024

DECEMBER BIRTHDAYS

FOR ALL OUR RESIDENTS BORN IN DECEMBER,
WE WISH YOU A HAPPY BIRTHDAY!



St Louis Home Care Update



HOME CARE OFFICE CHRISTMAS OPENING HOURS



On behalf of St Louis Home Care Team, we wish to share our best wishes to you and your family over the festive season. The St Louis Home Care Office will be **closed on Christmas Day 25th, Boxing Day 26th of December, and New Year's Day, 1st of January 2024.**

NEW OFFICE SPACE

St Louis Home Care is delighted to share that in addition to our offices at Unit 57-58, St Louis Estate, we will be opening a second office located at the Cottesloe Medical Centre, at 525 Stirling Hwy, Cottesloe.

This second location will enable St Louis Home Care to house our expanding team and continue to grow our service offerings to the broader, Western Suburbs community with a locally accessible office. The new office space will officially **open in early December 2024.** We would love for you to visit us at Cottesloe.

PHYSIOTHERAPY SERVICE

Rahima's exercise classes and individual physiotherapy services will continue until Thursday 19th December 2024 and close over the Christmas and New Year holidays. Rahima will return from holiday on Wednesday 8th of January 2025.

REMEDIAL MASSAGE

Mildred's remedial massage will continue to be available until Thursday, 19th of December 2024, and will close over the week of Christmas. Remedial massage will recommence on Thursday, 2nd of January 2025.

To book a remedial massage, please phone or email the Home Care Office, at **(08) 9385 3406** or homecare@stlouisestate.com.au

SMALL SOCIAL GROUP OUTINGS

St Louis Home Care wishes to offer small social group outings at local venues of your choice. Small social group outings can be designed by you and a small group of friends (maximum of 4 people) or please join in the following events to meet new friends from St Louis Estate.

Nicola Cross, St Louis Home Care Employee, is **available each Wednesday between 1 and 3.30 pm** to facilitate small social group outings at a local venue of your choice. A minimum of 3 people, per booking is required, with one week's notice to confirm the booking.

The cost per person is \$55.00 for the social outing, including, transport and Nicola's assistance on the day (between 2 to 2.5 hrs). Any venue entry fees, refreshments, or meals will be at the participant's cost. Please book your social outing with Tanya at the Home Care Office at **(08) 9385 3406.**

RESIDENTS' ROVING REPORTER

DECEMBER 2024

EDITOR: MR JAMES NATT

WE REMEMBER THEM

Remembrance Day observed on November 11th is a day dedicated to honouring the bravery, sacrifices and contributions of those who served in the armed forces particularly during the world wars and subsequent conflicts. At the 11th hour of the 11th day of the 11th month people around the world pause in silence to remember the fallen, a tradition rooted in the Armistice that ended World War One in 1918. The red poppy symbolising both loss and resilience is often worn to honour these individuals acknowledging their courage and the peace their sacrifices helped to secure. Remembrance Day reminds us not only of the cost of war but also of the enduring hope for peace and unity Lounge.



George Powell offers prayers to the fallen. Peter Hunt as MC for the service is behind him



Pam Robinson Gave us an excellent reading (by memory) of "In Flanders Field"



A MORNING OF CHARMING PIANO

David Taylor entertained a large audience in Kingsmill Lounge with his delightful Piano playing. David is a composer and songwriter studying for his Bachelor of Music at the University of Conservatorium WA. Originally studying classical music, he has moved towards developing his own style of what he calls "nostalgic classics with a soupcon of improvisation".

BIG BROTHER IS WATCHING

Alex Jenkins Director of WA Science Innovation Hub at Curtin University addressed a packed Kingsmill Lounge on how Artificial Intelligence (AI) is impacting our lives today and what challenges lie ahead. It was fascinating to see the ways AI can alter images, voices and personal features raising questions about what we perceive as real.

Alex highlighted the effectiveness of apps, Siri and Chat GPT, illustrating how these tools provide valuable assistance in daily life. Having personally tried both of these apps I highly recommend them to fellow senior citizens. They offer convenience akin to having a personal butler managing a range of tasks with ease.



PLEASE NOTE: There will be no Roving Reporter printed for January. The editor is heading east for his grandson's wedding. At last - the first out of seven grandsons!

RESIDENTS' ROVING REPORTER

DECEMBER 2024

THE RACE THAT STOPS THE NATION

On a crisp Melbourne Cup day residents gathered for a special lunch in the Dining Room. The day had all the promise of good company, lively conversation and the thrill of watching "the race that stops the nation". Most were dressed in their finest race day attire with wide brimmed hats, sharp suits, and bright fascinators adding colour to the scene. Laughter and the self clinking of glasses created a cheerful buzz as residents took their seats.

Peter Hunt quizzed guests on their knowledge of the Cup and all matters Australiana. In the end they viewed the race in Kingsmill Lounge. It was a close finish with the group divided between those who cheered for the winning horse and those who swore they'd had a good thing.

They returned to the dining room still energised clinking glasses once more. The lunch stretched into the afternoon as they lingered over coffee and a final glass of wine, savouring the day's memories and the bond they shared.



Anne Marie Baker and Mollie Gill look confident of a win



Kerrie Roberts and John Brown feeling lucky!



A table of expectant punters



Margaret Cole, Jill and Ray House have front row seats to view the race



Jim Larkins dressed up expecting an invitation into the "sponsors tent"?



Peter and Pam Hunt are so excited! Have they drawn the favourite in the sweep?

THE REFURBISHMENT

Today we're taking a bittersweet look at something really special. The refurbishment of this classic old school building known as "The Homestead". It's a place full of memories, history and character. While we're thrilled to see it being preserved for the future, it's hard not to feel a bit sad about saying goodbye to its current form. This building has been around for generations standing strong as an anchor in our community. It's amazing to see details like the classic windows, ceilings and chandeliers, and even some original classroom features. Just imagine how many students have walked these rooms over the years.

Now let's talk about the future — the refurbishment plans include modernising the space to be safer and more functional while keeping its original charm intact. The architects are focused on preserving as many historic features as possible from the architecture to the little design details that makes this place so unique.

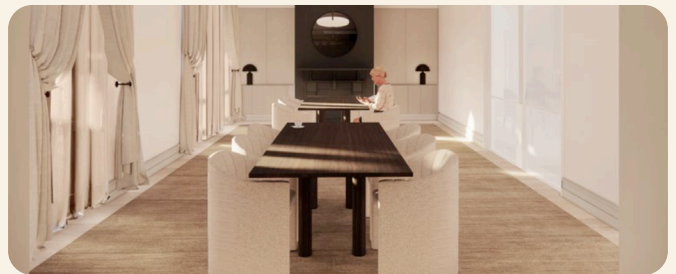
I'm excited to see the upgrades but there's a nostalgic part of me that's sad to see the old school atmosphere change. It's like saying goodbye to an old friend but at the same time it's great to know that future generations will be able to experience this space in a new way.



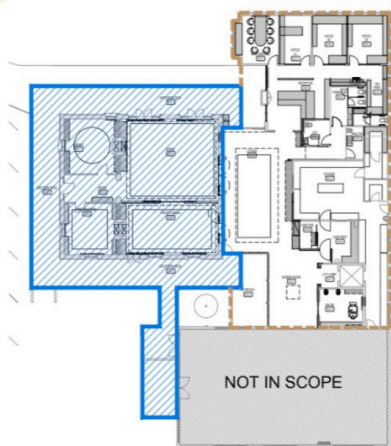
The Cafe



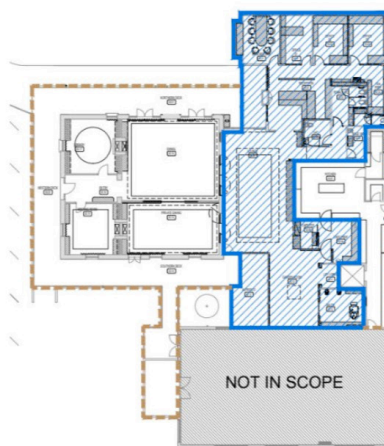
Dining Room



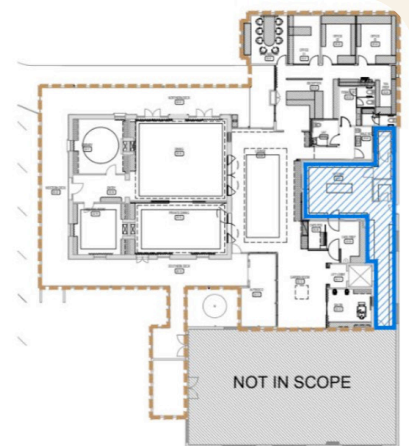
Private Dining Room



STAGE 1 - NOVEMBER 2024 COMMENCEMENT APPROX
ORIGINAL HOMESTEAD EXTERIOR WORKS
INCLUDING BUT NOT LIMITED TO REPORTING, DECK, RE-ROOFING, PAINTING, LIGHTING
ORIGINAL HOMESTEAD INTERIOR WORKS
FULL INTERIOR REFURBISHMENT INCLUDING FURNITURE



STAGE 2 - JANUARY 2022 COMMENCEMENT APPROX
NEW HOMESTEAD EXTERIOR WORKS
INCLUDING BUT NOT LIMITED TO ROOF PAINTING, EXTERNAL PAINTING
NEW HOMESTEAD INTERIOR WORKS
INCLUDING BUT NOT LIMITED TO, CAFE FOH, SALON, ALFRESCO
NOTE: KITCHEN TO REMAIN OPERATIONAL AS LONG AS POSSIBLE



STAGE 3 - TIMING TBC BASED ON BUILDER'S PROGRAMME
NEW HOMESTEAD INTERIOR WORKS
KITCHEN

RESIDENTS' ROVING REPORTER

DECEMBER 2024

EDITOR: MR JAMES NATT



HUNGARY FROM COMMUNISM TO CAPITALISM

Review by Charlie Townsend

How much do you know about Hungary? Most of us know “some” things about it, but not much more. Jim Natt lived and worked in Budapest for 6 months in 1991/1992 and he taught us many more things about Hungary in his Friday, November 8th morning talk. More interestingly, he described what it was like to see a country freeing its shackles of the Soviet Union and feeling its way into the “Western World”.

Jim had spent most of his career working for Coca-Cola. After Coca-Cola Amatil Australia had bought the Hungarian State-run Coca Cola Franchise in 1990 Jim was part of a team sent to Hungary to evaluate the status of the company, which was converting from Communism to Capitalism, and to plan for its future. Upon arriving in Hungary Jim observed how eager the Hungarian people were to actually own products they had only seen on television and dreamed about before then. He had a front row seat in observing their antiquated buildings and physical production tools and their reluctance to offer ideas for improvement. It was even hard at first to get them to realize the importance of things like selling Coca-Colas in cold bottles instead warm bottles that had been sitting around in buildings in the heat for days or months.

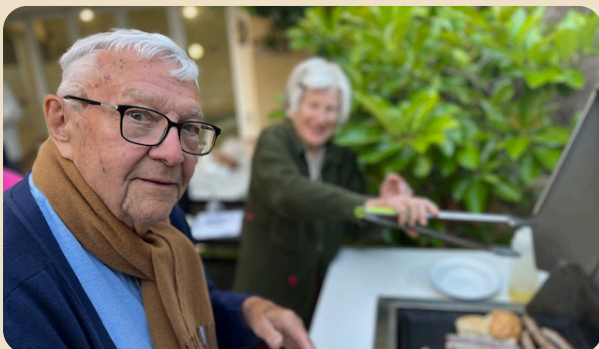
He found it a different kind of challenge because the Hungarians were used to a system of being told what to do, not to actually make decisions and offer ideas. He was primarily involved in the Human Resources aspects of the company. Many of the jobs in that area required a knowledge of English. He found that women were much more likely to apply for such jobs than men. The men seemed more reluctant to adapt to new ideas.

He also had leisure time in Hungary and described some of the beautiful architectural and “cultural” offerings found there. He also mentioned that one positive aspect of the Communist regime was its support of the Arts. He was lucky enough to have free time while there to enjoy some artistic and musical offerings. Regarding politics, Hungary does not accept immigrants. Immigrants are allowed to pass through the country to other parts of Europe, but not to stay.

Jim’s talk reflected how much he appreciated the opportunity to experience such an interesting part of history.

BBQ - THE FIRST OF THE SEASON

Attention grill enthusiasts and sunshine seekers the time has come to swap winter woollies for sunglasses and “tongs”. Welcome to the first sizzling soire’e of the season. The Social Clubs summer BBQ is officially fired up promising smoky flavours hearty laughter and a side of competitive condiment artistry.



Michael Prevost is about to slap the wrist of Marg Bongers. “Get your hands off my sausage!” says Michael. “You should be so lucky Michael!” replied Marg.



The first of the Social Clubs summer BBQs turned out to be like the last of the winter BBQs. It was cold but it didn’t dampen the atmosphere of the night. Enjoyed by all!