



# 2025

**WISHING YOU A HAPPY NEW YEAR  
FROM ST LOUIS ESTATE!**

## NEW YEAR'S DAY CELEBRATION

**Date:** 1st January 2025 | **Time:** 11:00am  
**Where:** Kingsmill Lounge



Join fellow residents at the social club New Year's get together, bring in 2025 with friendly faces and a casual celebration. All welcome!  
**BYO:** Wine, cheese, crackers



## AUSTRALIA DAY LUNCH

**Date:** 26th January 2025 | **Time:** 12:30pm  
**Where:** Kingsmill Lounge  
**RSVP:** Essential by Wednesday 22nd January 2025

Invite your family and friends to join us for Australia Day with an "Aussie Mixed Grill" lunch on Sunday 26th January 2025, instead of our usual Sunday Roast. The Aussie Day Mixed grill will include Lamb Chops, Sausages & Fresh Salads.

## AUSTRALIA DAY SOCIAL CLUB SUNDOWNER

**Date:** 26th January 2025 | **Time:** 5:00pm  
**Where:** Homestead Lawn  
**RSVP:** Essential by Wednesday 22nd January 2025

Join your fellow residents & friends to celebrate Aussie day with a Sundowner & Two Up on the lawn. This event is being run by the Social Club, if you would like to volunteer to assist please advise Debbie Frink ASAP. Many hands make light work. **Please BYO Alcohol.**

## PUBLIC HOLIDAYS

Please note the Office & Kitchen will be closed on the following public holidays.

New Year's Day - Wednesday 1st January  
Australia Day - Monday 27th January

## JANUARY MOVIES

If you have a special request for a movie your fellow residents may enjoy, please advise us via reception.  
Most Thursday at 1:30pm in the Kingsmill Lounge.

PLEASE NOTE DUE TO HOMESTEAD RENOVATIONS, THERE WILL BE NO TUESDAY MOVIES UNTIL FURTHER NOTICE.



**The Father Who Moves Mountains**  
Thursday 9th January  
Thriller/Drama

Mircea, a retired intelligence officer, finds out that his son from has gone missing in the mountains. After days of searches, Mircea put his own rescue team together, leading to altercation with the local squad.

**Cast:** Adrian Titieni, Elena Porea, Judith State  
**Running time:** 1hr 48mins



**The Unforgivable** Thursday 23rd January  
Thriller

A woman is released from prison after serving a sentence for a violent crime and re-enters a society that refuses to forgive her past.

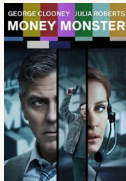
**Cast:** Sandra Bullock, Viola Davis, Vincent D'Onofrio  
**Running time:** 1hr 52mins



**The Lost Daughter**  
Thursday 16th January  
Thriller/Drama

A woman's beach vacation takes a dark turn when she begins to confront the troubles of her past.

**Cast:** Olivia Colman, Jessie Buckley, Dakota Johnson  
**Running time:** 2hrs 1min



**Money Monster** Thursday 30th January  
Thriller/Crime

Financial TV host Lee Gates and his producer Patty are put in an extreme situation when an irate investor takes them and their crew as hostage.

**Cast:** George Clooney, Julia Roberts, Jack O'Connell, Dominic West  
**Running time:** 1hr 39mins



## WELCOME TO OUR NEW RESIDENTS!

St Louis Estate would like to extend a very warm welcome to our new residents!



## JANUARY BIRTHDAYS

Wishing all our residents and staff that celebrate their birthdays in January a wonderful day!



## Medium

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	3				9	7		
5			2		7			
1				4		2	8	
				2				
						6		9
		3	8		5	9	4	2
		5	6				3	
	2	8					5	



## MONTHLY EVENTS



### HAPPY HOUR

*There will be no happy hour in January*

### BRIDGE CLUB

**Date:** Tuesday 7th & 21st January

**Time:** 1pm **Where:** KL



### SOCIAL COMMITTEE MEETING

**Date:** Thursday 9th January

**Time:** 10:00am **Where:** KL

### RESIDENT COMMITTEE MEETING

**Date:** Wednesday 22nd January

**Time:** 10:00am **Where:** KL

### GARDEN COMMITTEE MEETING

*There will be no meeting this month*

### SOCIAL CLUB EVENT

(AUS DAY SUNDOWNER)

**Date:** Sunday 26th January

**Time:** 5:00pm **Where:** Homestead Lawn



### CELEBRATE ST LOUIS MORNING TEA

**Date:** Friday 17th January

**Time:** 10:30am **Where:** KL

### MAH-JONG

**Date:** Tuesday 14th & 28th January

**Time:** 1pm **Where:** KL



### GUEST SPEAKERS

There will be no guest speakers this month, but we look forward to bringing you plenty of exciting guests from February 2025!



## THE PUZZLE PATCH

### Ice Cream Flavors

C	A	S	A	H	O	K	E	Y	P	O	K	E	Y
O	T	E	T	N	U	T	A	E	E	I	C	S	T
T	B	C	C	R	T	C	O	O	C	A	N	K	A
T	U	O	H	A	A	U	E	T	A	R	S	C	Y
O	N	O	O	E	T	W	A	A	N	U	L	A	C
N	E	K	C	T	U	O	B	T	C	I	N	R	V
C	O	I	O	N	E	O	T	E	A	T	L	T	A
A	P	E	L	E	A	R	O	T	R	Y	R	E	N
N	O	D	A	E	C	E	R	A	C	R	O	S	I
D	L	O	T	R	E	E	S	E	S	T	Y	O	L
Y	I	U	E	G	G	F	U	D	G	E	W	O	L
U	T	G	S	I	A	N	A	N	A	B	E	M	A
E	A	H	T	U	N	O	C	O	C	I	A	O	N
L	N	N	N	T	D	A	O	R	Y	K	C	O	R

COCONUT  
STRAWBERRY  
VANILLA  
FUDGE  
ROCKY ROAD  
COOKIE DOUGH  
NEOPOLITAN  
COTTON CANDY  
HOKEY POKEY  
CHOCOLATE  
MOOSE TRACKS  
GREEN TEA  
TIGER TAIL  
PECAN  
REESES  
BANANA

5				8	2
3			6	5	
2	9	5	8	3	
9	6				
		2			
		4			1
	8	2			5
		7	2		3
		9			6
		7			
		1	3	2	

Medium

# RESIDENT NEWSLETTER

JANUARY 2025

## St Louis Home Care Update



### HOME CARE OFFICE HOLIDAY OPENING HOURS



The St Louis Home Care team wishes everyone a safe, healthy, and happy 2025. The St Louis Home Care Office will be closed on **New Year's Day, 1st of January, 2025** and **Australia Day, Monday 27th of January, 2025, Public Holidays.**



### NEW OFFICE SPACE

St Louis Home Care is delighted to share that in addition to our offices at Unit 57-58, St Louis Estate, we have opened a second office at Level 1, 525 Stirling Hwy, Cottesloe. This second location will enable St Louis Home Care to house our expanding team and continue to grow our service offerings to the broader, Western Suburbs community. Please pop in to see us at Cottesloe.

### SHOPPING BUS SERVICE



Thursday's shopper bus service to and from Claremont Quarter returns to service on **Thursday, 2nd of January 2025**. The bus leaves the Homestead at 1.00 pm and returns at 2.30 pm. The cost is \$15.00 per person, no bookings are required.

### REMEDIAL MASSAGE

Mildred's remedial massage services reopen on **Thursday, 2nd of January 2025**. To book a remedial massage, please phone or email the Home Care Office, at (08) 9385 3406 or [homecare@stlouisestate.com.au](mailto:homecare@stlouisestate.com.au)

### PHYSIOTHERAPY SERVICE

Rahima has made the difficult decision to retire and finish her physiotherapy classes and services with St Louis Estate. Her last day was the 19th of December 2024. Once we have a new Physiotherapist join St Louis Estate, we will recommence the exercise classes.

### SMALL SOCIAL GROUP OUTINGS



St Louis Home Care wishes to offer small social group outings at local venues of your choice. Small social group outings can be designed by you and a small group of friends (maximum of 4 people) or please join in the following events to meet new friends from St Louis Estate.

Nicola Cross, St Louis Home Care Employee, is available each Wednesday between 1.00 and 3.30 pm to facilitate small social group outings at a local venue of your choice. A minimum of 3 people, per booking is required, with one week's notice to confirm the booking. The cost per person is \$55.00 for the social outing, including, transport and Nicola's assistance on the day (between 2 to 2.5 hrs). Any venue entry fees, refreshments, or meals will be at the participant's cost. Please book your social outing with Tanya at the Home Care Office at (08) 9385 3406.