



happy  
MOTHER'S DAY

## MOTHER'S DAY SUNDAY ROAST

**Date:** Sunday 11th May 2025 | **Where:** Kingsmill Dining Area | **Time:** 12:30pm

**Let's Celebrate all Mums this Mother's Day!**

Invite along your families or the lovely ladies in your life to celebrate Mother's Day with a beautiful roast beef lunch in the dining room. A special gift for all the ladies will be given on the day.

RSVP essential to reception by Tuesday 6th May 2025.



## ST LOUIS' AUSTRALIA'S BIGGEST MORNING TEA

**Date:** Friday 30th May 2025 | **Where:** Kingsmill Lounge  
**Time:** 10:30am | **Cost:** \$30pp

You are invited to the St Louis Estate 'Australia's Biggest Morning Tea'. Let's come together and enjoy a cuppa and delightful morning tea, so we can support those impacted by cancer.

Join us for a fun morning, there will be door prizes, a raffle and a few little games to add some fun. You will be treated to a delicious assortment of tasty treats along with a variety of tea and coffees.

All proceeds are donated directly to the Cancer Council. Invite your friends and family to support a wonderful cause.

**RSVP: Wednesday 21st May 2025 (Bookings are essential, Contact reception).**

## ANNUAL BUDGET MEETINGS

### 2025 / 2026 Annual Budget Meetings:

A formal notice of the budget meeting along with copies of budget documents will be provided to residents two weeks prior to the meeting.

#### St Louis Estate Budget Meeting

**Date:** Friday 23rd May 2025 | **Where:** Kingsmill Lounge | **Time:** 10:30am

#### Kiora Budget Meeting

**Date:** Friday 23rd May 2025 | **Where:** Kiora Wellness Studio | **Time:** 1:00pm

# RESIDENT NEWSLETTER

MAY 2025

## MAY MOVIES



If you have a special request for a movie your fellow residents may enjoy, please advise us via reception. Every Thursday at 1:30pm in the Kingsmill Lounge.



### Casablanca | Drama/Romance

Thursday 1st May

**Cast:** Humphrey Bogart, Ingrid Bergman, Paul Henreid

**Running time:** 1hr 42min



### A Man Called Otto | Comedy/Drama

Thursday 8th May

**Cast:** Tom Hanks, Mariana Trevino, Rachel Keller

**Running time:** 2hr 06min



### Thelma | Action/Comedy

Thursday 15th May

**Cast:** June Squibb, Fred Hechinger, Richard Roundtree

**Running time:** 1hr 38min



### Storm Boy | Drama/Family

Thursday 22nd May

**Cast:** Finn Little, Jai Courtney, Geoffrey Rush

**Running time:** 1hr 39min



### The Sapphires | Comedy/Drama/Music

Thursday 29th May

**Cast:** Chris O'Dowd, Deborah Mailman, Jessica Mauboy

**Running time:** 1hr 43min

## GUEST SPEAKERS



Join us in **every Friday in the Kingsmill Lounge at 10:30am** for this month's guest speakers.

### Amanda Ghouse | 2nd May

#### Advocare Education

Join Amanda from Advocare, she will share resources on empowering older people in WA. Come along to hear about access to:

- Aged care services and advocacy assistance.
- Information on elder abuse and the Advocare helpline
- Planning for the future and staying safe
- Advocare's programs

### Darren Reynolds | 9th May

#### Taking it Personally

Darren was first impacted by the reality of human trafficking back in 2006 when he met an eight-year-old girl who had been rescued from abuse and exploitation in Cambodia. The fact that his own daughter was the same age made it personal.



Darren subsequently left an eighteen-year career in audio production to work in the not-for-profit sector, work that has taken him to Cambodia and Thailand where he was involved in undercover human trafficking rescue operations and, more recently, to Nepal where he was able to visit a number of interception booths, emergency shelters and safe homes run by Every Daughter Matters.

Darren is Head of Engagement for Every Daughter Matters. Whilst Darren's presentations address the horrific reality of modern slavery and human trafficking, they are designed to encourage his audience about the work being done by Australians to rescue, intercept and restore precious young lives.

## URGENTLY SEEKING GUEST SPEAKER NOMINATIONS

We are desperately seeking guest speakers to fill up our calendar for the second half of 2025. If you would like to give a guest talk or know a great speaker who may be interested in presenting here at St Louis, please provide all details to the resident committee or Annie at Resident Services.



## MONTHLY EVENTS



### HAPPY HOUR

**Date:** Friday 2nd May  
**Time:** 5pm **Where:** KL

### BRIDGE CLUB

**Date:** Tuesday 6th and 20th May  
**Time:** 1pm **Where:** KL

### SOCIAL COMMITTEE MEETING

**Date:** Thursday 8th May **Time:** 10am **Where:** KL

### RESIDENTS COMMITTEE MEETING

**Date:** Wednesday 28th May **Time:** 10am **Where:** KL

### GARDEN COMMITTEE MEETING

**Date:** Wednesday 21st May **Time:** 10:30am **Where:** KL

### SOCIAL CLUB PIZZA NIGHT

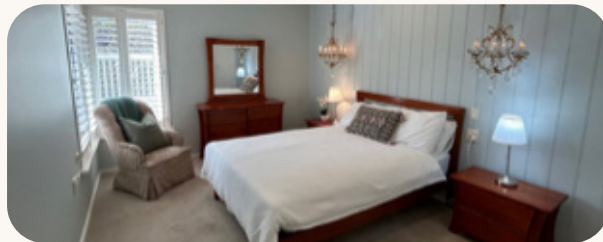
**Date:** Saturday 31st May **Time:** 5:30pm **Where:** KL

### CELEBRATE ST LOUIS MORNING TEA

**Date:** Friday 16th May **Time:** 10:30am **Where:** KL

### MAH JONG

**Date:** Tuesday 13th and 27th May  
**Time:** 1:00pm **Where:** KL



## GUEST SUITE (UNIT 59)

Next time you have family or friends coming to visit, consider making use of the Residents Guest Suite, located at Unit 59. The guest suite is fully self-contained, with 2 double bedrooms, bathroom, separate toilet, fully equipped kitchen and laundry. Simply check in, you'll have everything you need including access to all the facilities (pool, gym, social activities) and dining options at St Louis Estate.

**Check In:** After 2:00pm | **Check Out:** 10:00am

The cost per night is \$170.00. This can be raised as an invoice for your guest to pay on check out, or alternatively can be billed to your monthly St Louis Estate account.

## SOCIAL CLUB - PIZZA NIGHT

**Date:** Saturday 31st May | **Time:** 5:30pm  
**Where:** Kingsmill Lounge | **Cost:** \$15pp

Due to catering requirements by the social club, there will be no ticket sales after 2:00pm on Thursday 29th May and no tickets available at the door. Please get your tickets early.

## DOGS IN THE VILLAGE

Residents are reminded that it is a requirement that dogs must be always on leash when walking in the communal areas of the Estate. We also ask all dog owners to ensure they are able to keep dog's barking to a minimum to ensure the comfort of neighbours and other Residents living in close proximity.

Most importantly please remember to pick up after your pet on every occasion, collection bags are provided in various locations around common lawn areas of the Estate.

## MAY BIRTHDAYS

We would like to wish a Happy Birthday to all the April born St Louis residents and staff!



## WELCOME TO OUR NEW RESIDENTS!



St Louis Estate would like to extend a very warm welcome to our new residents!

# ST LOUIS CARE AT HOME UPDATE

MAY 2025

## AGED CARE REFORMS INFORMATION SESSION

**Date:** Wednesday 7th May 2025 | **Time:** 10:30am | **Where:** Kingsmill Lounge

Are you aware of the three significant changes to be introduced by the Australian Government, Department of Health, and Aged Care in July 2025? Join our Aged Care Reform Information Session hosted by the Department of Health and Aged Care and St Louis Home Care to find out more.

- **Support At Home Program**  
The introduction of the Support at Home Program (July 2025). The Support at Home Program will replace Home Care Packages and Short-Term Restorative Care. The Commonwealth Home Support Programme (CHSP) will transition to the new program no earlier than 1 July 2027.
- **New Aged Care Act and Standards**  
The introduction of a new Aged Care Act and Strengthened Aged Care Standards from the 1st of July 2025.

Please RSVP to Tanya: phone **(08) 9385 3406** or email [homecare@stlouisestate.com.au](mailto:homecare@stlouisestate.com.au)

## NURSING OR PERSONAL CARE

Do you know a Veteran who might benefit from Nursing or Personal Care? St Louis Care at Home is an approved Department of Veteran Affairs provider offering community nursing and personal care services to eligible veterans across the Western Suburbs of Perth.

If you have a Gold or White Veterans card, please enquire about our veteran services by phoning **(08) 9385 3406** or emailing [homecare@stlouisestate.com.au](mailto:homecare@stlouisestate.com.au)

We look forward to hearing from you.

## SHOPPING BUS SERVICE

St Louis Home Care offers a Thursday's shopper bus service to all residents of St Louis Estate. The service leaves the Homestead at 1:00pm, each Thursday, and returns to St Louis Estate at 2.30 pm, with Nicola Cross.

The Shopper bus service fee is \$15.00 per person. No bookings are required.



## WA DAY PUBLIC HOLIDAY

The St Louis Home Care Office will be closed on the Monday 2nd of June 2025 due to WA Day.



## THE MYSTERY OF A DISAPPEARING COTTAGE

### Brothers save Macedon House

By John Slee

Two old boys of St Louis School in Claremont have stepped in to save Macedon House.

Richard and John Adams, who are now property manager and chairman respectively of Australian City Properties Pty Ltd, want to see the historic old cottage preserved, after reading of its plight in the POST.

They have offered to remove the cottage and the Clough Engineering group has offered to give it to them for nothing.

For the Clough group it will remove an embarrassment.

For the Adams brothers it will mean saving a building which was once their old classroom.

"It was because of the POST that this building was saved," said Richard Adams.

Macedon House, easily visible from Stirling Highway, has a National Trust classification.

But it stands on land Clough has brought from St Louis and on which a retirement village is to be built.

Clough doesn't want to be seen as a destroyer of our heritage, and

Australian City Properties is in the business of preserving it.

ACP did an \$800,000 restoration on Bishop's House in Mounts Bay Road.

It owns a lot of property in the central business district, and Mr Richard Adams said the favoured location for Macedon House was a city site, but he could not name it yet.

#### Original

He said the old cottage would be taken by jinker to its new site, placed on stumps and restored.

"It's got lathe and plaster walls so it won't jinker too far," he said.

"We are going to bring it back to its original condition."

Mr Adams hoped to move it by early next year.

Clough is buying the four John XXIII sites and in return will build the new school at Graylands.

Clough's architect-designer for the school, Mr Jim Brady, said he was delighted at the

offer to remove Macedon House.

He said there had been "an enormous response" from people in the area to the idea of a retirement village.

• Letter, photo see p. 2



Macedon House in the grounds of John XXIII ... it's going to be saved and moved to another site.

### When I lived in Macedon House

I remember old Macedon House very well, having lived there as a child from 1915 to 1921.

My mother left our property at Dangin after the death of my father, J.S.W. Parker,

and she rented Macedon House until she built her own home.

On the eastern side near the front corner of Macedon House there was a very large old shadehouse which was so completely covered

with bougainvillea creepers we didn't dare to venture in.

We had no idea that possums lived there until one winter's night when we were sitting around the fire in the large dining room and to

our astonishment in came a mother possum with her baby on her back.

She walked right around the room and out again. We watched her go back to her home.

I hope that a lot of thought is given to Mr Hosken's suggestion that the old house be removed and preserved.

E.M. Leggoe

Macedon House was part of St Louis school and was the Junior School building at the southern end of the school near Stirling highway. A charming heritage cottage with its steep gabled roof, hand carved trim and weathered brickwork. Generations had passed through its doors, their laughter and stories soaked into the very wood of the floorboards.

The Post article tells us of its preservation and removal to an undisclosed site? That was 1985/86 soon after the Clough takeover. If you remember Macedon House or know where it might have ended up, we would love to hear from you. A house with such history deserves to have its story told-right up to the present day.

## HOMESTEAD HAS A NEW "HAT"

It was fascinating to have a front row seat in observing the process of stripping off the old and putting on the new roofing of our precious Homestead building.

Built in 1900 the building has a classification from the National Trust. It is noted for its limestone walls, brick quoins and verandahs.





## THE SOCIAL CLUB: TWILIGHT TRIVIA



**When ?...TUESDAY 10<sup>TH</sup> JUNE 5PM-7.30**  
Questions start at 5.30

**Where ? Kingsmill Lounge**

**Why? Cos its free and its fun!**

*You must book your spot at the office as a solo or in a table group you nominate  
BY ...Friday 6<sup>th</sup> June.....*

**BYO beverages and nibbles**  
**Sandwiches provided**

### *St Louis Estate Social Club presents* **TWILIGHT TRIVIA**

#### *FUN, PRIZES & BRAGGING RIGHTS*

• *Love a good laugh and a bit of friendly competition? Then gather your team and join us for an unforgettable*

• **Trivia Quiz Night**

• *Expect brain teasing questions, awesome prizes and a night of fun!*

• *Whether you're a history buff, a pop culture guru, or just in it for the laughs, there's something for everyone.*

• *Get your team together*

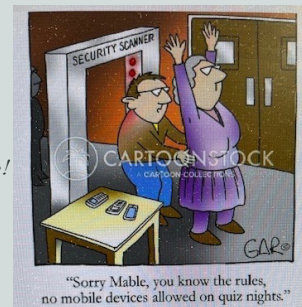
• *(4-6) people per table)*

• *or come solo-*

• *we'll find you a crew*

*Dr Google or Mr Siri not welcome!*

***Book early You must  
have a ticket to be in it!***



Pauline and Ric Evans sharing the cooking!

## THE LAST BBQ OF THE SUMMER

On a balmy night at the end of March the Social Club had their last BBQ for the season. It was well attended with the "snags and dead Cow" abundant and sizzling away with a variety of tasty salads supplied. A happy good old Aussie BBQ.



Ray House is looking after his own and Margaret Coles meat.



Kerrie Roberts arrived late in her Bowling shirt and elated that she had won her Bowls match. Cheers to victory!

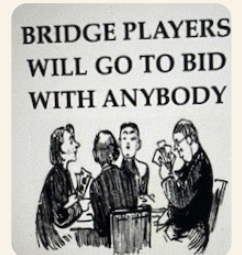




## WHAT TRUMPS?

One of the longest running clubs of the Estate is the Bridge Club. Lovers of the game find it an excellent brain activity, just to remember "what trumps"? Always two or three tables playing every week. More players very welcome.

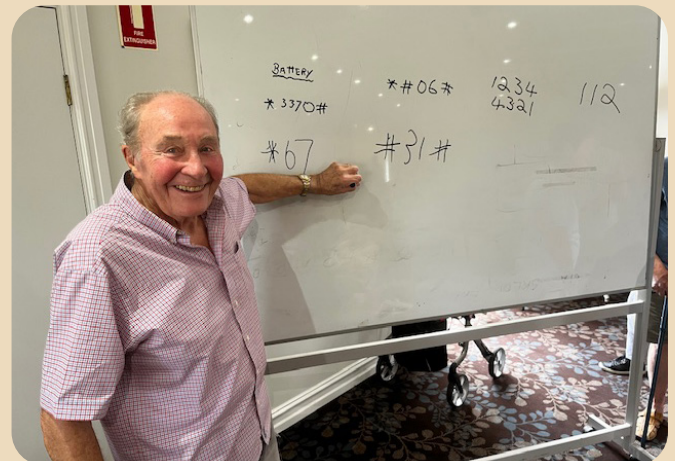
**OLD BRIDGE  
PLAYERS  
NEVER DIE  
THEY JUST  
STOP  
TURNING  
TRICKS**



## PETER HUNT'S "SHORTCUTS"

Peter Hunt's talk "Shortcuts" was a delightful whirlwind of handy hints, clever hacks and the kind of domestic wisdom that makes you feel like a wizard with a feather duster. He shared cleaning tips that could make your shower sparkle with the enthusiasm of a toddler on sugar. Sneaky phone tricks that made half the room feel like they just discovered fire and health remedies so simple we all wondered why we hadn't been rubbing ginger on our earlobes already.

He gave us hilarious takes on senior life with a variety of funny stories and witticisms.



### Frivolity in Old Age

Remember, old folk are worth a fortune, with silver in their hair, gold in their teeth and gas in their stomachs. I have become a little older now and a few changes have come into my life. Frankly, I have become a frivolous old girl. I am seeing seven gentlemen every day.

As soon as I wake up WILL POWER helps me out of bed. Then I visit JOHN. Next it's time for EARL GREY, followed by POSTMAN PAT. Shortly after ARTHUR RITIS shows up and stays for the rest of the day. He doesn't like to stay in one place for very long, so he takes me from joint to joint.

After such a busy day, I'm really tired and glad to go to bed with JOHNNY WALKER.

Oh yes, I'm also flirting with AL ZYMER.

Cheers Joan



## WATER AEROBICS

The village pool transforms into a scene of organised chaos as the weekly water aerobics class begins. Limbs move in every direction, some more gracefully than others and an occasional rogue noodle float drifts away like it's making a break for freedom.

Between synchronized giggles and exaggerated splashes, everyone leaves with tired arms, happy hearts and plans to do it again next week.



# RESIDENTS' ROVING REPORTER



## CARING FOR COUNTRY

Despite an unexpected breakdown in the visual display, Rachel Letts delivered a compelling and insightful talk on the restoration and improvement of Australia arable land.

She highlighted the importance of better Land Management as the key to increasing soil quality and sustainability, emphasising the vital role of farmers in caring for the country. Her talk was based on Michael Jeffries book "Caring for Country" a well researched exploration of the efforts being made to protect and rejuvenate Australia's farmland.

Despite the technical hiccup, Rachel's passion and knowledge kept the audience engaged making it a truly valuable and thought provoking presentation.

## THE SECRET GARDEN

Tucked away in a quiet corner of the estate lies a hidden gem - a place of peace, beauty and serenity. Here, beneath the cool shade of graceful trees you can sit and unwind surrounded by the gentle shimmer of sparkling water and the soothing sounds of nature.

This special retreat invites you to relax reflect or simply enjoy a quiet moment away from the world whether you're seeking solitude or sharing conversation with a friend.



## THE GARDEN COMMITTEE IS "BLOOMING"

The garden committee of the Estate is excited to be working alongside management to enhance and beautify the Estates gardens. Comprised of passionate residents with a love for nature and community the committee contributes ideas, oversees planning projects and helps create welcoming outdoor spaces for everyone to enjoy.

From vibrant flower beds to peaceful seating areas the goal is to make the gardens a source of pride and tranquilly for all. Together with management they hope to ensure that our green spaces flourish reflecting the warmth and spirit of our village.

