

AUGUST 2025

WHAT'S ON THIS MONTH

Meal of the day	Important Dates/Public Hols	Events in the Village	Exercise/Activity Class	Village Organised Trip
Social Activities	Guest Talk	Formal Dining (menu on back)	Casual Dinner	Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
				Winter Warmers Buffet (KL) 12:00pm	Kiora Café Open 9am - 12pm	Sunday Roast (KL) 12:30pm Roast Beef and Vegetables Dessert: Panna Cotta
				Happy Hour (KL) 5:00pm		
				No Curry Night		
4	5	6	7	8	9	10
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Aged Care Employee Day	Guest Speaker (KL) 10:30am Sandy Baker "Children's TV in the 70s and 80s in WA"	Kiora Café Open 9am - 12pm	Sunday Roast (KL) 12:30pm Roast Turkey and Vegetables Dessert: Apple Vanilla Crown and Ice Cream
Pasta Night (KL) 6:00pm Chorizo and Sundried Tomato	Seniors Morning Tea (Kiora) 10:00am Private Event	Yoga (Kiora) 9:00am	Gentle Exercise (Kiora) 11:15am	Curry Night (KL) 6:00pm Lamb Rogan Josh		
	Bridge Club (PDR) 1:00pm	Sound Healing (Kiora) 10:30am	Movie (KL) 1:30pm The Children's Hour			
		Wednesday Dining (DR) 6:00pm				
11	12	13	14	15	16	17
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Social Club Committee Meeting 10:00am (Kiora)	Birthday Morning Tea (KL) 10:30am	Kiora Café Open 9am - 12pm	Sunday Roast (KL) 12:30pm Roast Pork and Vegetables Dessert: Fruit Crumble
Pasta Night (KL) 6:00pm Spinach and Ricotta Cannelloni	Christ Church Grammar School Concert Performance (KL) 11:30am-12:30pm	Yoga (Kiora) 9:00am	Gentle Exercise (Kiora) 11:15am	Curry Night (KL) 6:00pm Satay Chicken		
	Mah-Jong Club (PDR) 1:00pm	Sound Healing (Kiora) 10:30am	Movie (KL) 1:30pm Charade			
		Wednesday Dining 6:00pm (DR)				
18	19	20	21	22	23	24
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am Elizabeth Owens "Teaching Horses to go Sideways"	Kiora Café Open 9am - 12pm	Sunday Roast (KL) 12:30pm Roast Chicken and Vegetables Dessert: Trifle
Pasta Night (KL) 6:00pm Tuna and Vegetable Pasta Bake	Bridge Club (KL) 1:00pm	Yoga (Kiora) 9:00am	Movie (KL) 1:30pm Wicked Little Letters	Curry Night (KL) 6:00pm Thai Beef Curry		
		Sound Healing (Kiora) 10:30am				
		Garden Committee Meeting 10:30am (KL)				
		Wednesday Dining 6:00pm (DR)				
25	26	27	28	29	30	31
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Curry Night (KL) 6:00pm Chicken Curry	Kiora Café Open 9am - 12pm	Sunday Roast (KL) 12:30pm Roast Beef and Vegetables Dessert: Mango Mousse
Pasta Night (KL) 6:00pm Beef Lasagne	Mah-Jong Club (KL) 1:00pm	Yoga (Kiora) 9:00am	Movie (KL) 1:30pm Grease		Social Club Event (KL) 5:30pm \$15 Per Person	
		Sound Healing (Kiora) 10:30am				
		Resident Committee Meeting 10:30am (PDR)				
		Wednesday Dining 6:00pm (DR)				

AUGUST WEDNESDAY DINING	6	13	20	27
	Wednesday Dining (DR) 6.00pm Barramundi or Lamb Chop Dessert: Panna Cotta	Wednesday Dining (DR) 6.00pm Beef Silverside or Garlic Prawns Dessert: Peach and Apricot Crumble	Wednesday Dining (DR) 6.00 pm Lamb Shank or Porterhouse Steak Dessert: Pavlova	Wednesday Dining (DR) 6.00 pm Spice Marinated Chicken or Salmon Dessert: Sticky Date Pudding

TENTATIVE SEPTEMBER CALENDAR 2025

ST LOUIS ESTATE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	Gentle Exercise (Kiora) 11:15am Seniors Morning Tea (PDR) 10:00am Private Event Bridge Club (PDR) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	Social Committee Meeting (PDR) 10:00am Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am Happy Hour (KL) 5:00pm Curry Night (KL) 6:00pm	Kiora Café Open 9am - 12pm	Father's Day Sunday Roast (DR) 12:30pm
8	9	10	11	12	13	14
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	Gentle Exercise (Kiora) 11:15am Mah-Jong Club (PDR) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	Guest Speaker (KL) 10:30am Curry Night (KL) 6:00pm	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
15	16	17	18	19	20	21
Chair Yoga (Kiora) 10:30am Mexican Night (KL) 6:00pm	Gentle Exercise (Kiora) 11:15am Bridge Club (PDR) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Garden Committee Meeting (PDR) 10:30am Wednesday Dining (DR) 6:00pm	Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	Birthday Morning Tea (KL) 10:30am Curry Night (KL) 6:00pm	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
22	23	24	25	26	27	28
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	Gentle Exercise (Kiora) 11:15am Mah-Jong Club (PDR) 1:00pm	Aqua Aerobics (Pool) 9:00am Sound Healing (Kiora) 10:30am Resident Committee Meeting 10:30am (PDR) Wednesday Dining 6:00pm (DR)	Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	Guest Speaker (KL) 10:30am Curry Night (KL) 6:00pm	AFL Grand Final Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
29	30					
Kings Birthday Office and Café Closed	Gentle Exercise (Kiora) 11:15am Bridge Club (PDR) 1:00pm					