



PINK RIBBON BRUNCH

Date: Friday 10th October **Time:** 9:45am for a 10am start **RSVP:** Monday 29th September 2025

Location: Kingsmill Lounge **Cost:** \$50.00 with all profits donated directly to NBCF.

After the overwhelming support and success over the past five years of Pink Ribbon Breakfasts, this October, St Louis Estate will again raise funds for the National Breast Cancer Foundation (NBCF), the event will support NBCF's goal to work towards zero deaths from breast cancer by 2030.

Breast cancer is the most commonly diagnosed cancer in Australia. A staggering 1 in 7 women will be diagnosed with breast cancer in their lifetime. This equates to 55 Australians facing a diagnosis each and every day. This year, more than 3,000 women and men will lose their lives to breast cancer.

And without research, a further 27,000 more lives will be lost to breast cancer by 2030. In the 27 years since NBCF's inception, the five-year survival rate for breast cancer has increased from 76% to 91%. Ultimately, NBCF is working towards a goal of zero deaths from breast cancer by 2030.

Your support will save lives. Get your tickets today!

Join us for a gourmet brunch & fun to be had, to help support this special cause, bring your friends and family along.



FATHER'S DAY ROAST LUNCH

Date: Sunday 7th September **Time:** 12:30pm

Location: Dining Room **Cost:** \$32

As our way to celebrate Father's Day at St Louis, we invite you and your family to join us for a delicious gourmet roast lunch to honour and appreciate the amazing men in our lives. All fathers will receive a special gift on the day. Bookings are essential via reception. St Louis Estate wishes you a Happy Father's Day!

KINGS BIRTHDAY PUBLIC HOLIDAY Office & Kitchen Closure

Please note Reception, Kitchen/Café & Kiora Café will be closed on Monday 29th September 2025 for the Kings Birthday Public Holiday. There will be no Casual Dinner or Yoga Class held on this Monday. Home Delivery Meals are available for pre-order via reception.

RESIDENT NEWSLETTER

SEPTEMBER 2025

SEPTEMBER MOVIES



If you have a special request for a movie your fellow residents may enjoy, please advise us via reception. Every Thursday at 1:30pm in the Kingsmill Lounge.



The Mission | Adventure/Action

Thursday 4th September

Cast: Robert De Niro, Jeremy Irons, Ray McAnally

Running time: 2hrs 5min



Julie and Julia | Comedy/Romance

Thursday 11th September

Cast: Amy Adams, Meryl Streep, Chris Messina

Running time: 2hrs 3min



The Aviator | Adventure/Drama

Thursday 18th September

Cast: Leonardo Di Caprio, Cate Blanchett, Kate Beckinsale

Running time: 2hrs 49min



The Thomas Crown Affair (1999) | Crime/Thriller

Thursday 25th September

Cast: Pierce Brosnan, Rene Russo, Denis Leary

Running time: 1hr 53min

John Garland, AM, is best known for his work in Executive Lifestyle Properties, service to Rotary over the past 34 years including past President of Rotary Club of Perth, officiating as auctioneer at over 3,000 auctions, past President of the Real Estate Institute of Western Australia (REIWA), and past Chair of The Small Business Development Corporation. In 2007 John was awarded an order of Australia (AM) in recognition of his services to real estate and the community.

Perhaps less known is his passion for music and singing in a male voice choir as a Bass 2, or B2 as it's called. In terms of vocal range, B2 is a very low note and falls within the lower end of the range for a baritone or the absolute bottom of the range for a tenor. Similarities can be drawn to Paul Robeson who was famous for his beautiful deep singing voice, notably Ol' Man River, which John also performs.

David Taylor is a pianist, composer and songwriter. He is a mature age student, studying a Bachelor of Music at the University Of Western Australia Conservatorium Of Music. Originally studying classical music he has moved towards developing his own style of what he calls, "nostalgic classics with a soupçon of improvisation". He enjoys playing standards such as Autumn Leaves, As Time Goes By, Over the Rainbow, On a Street Where You Live and the like.

He also enjoys playing pieces from movies and theatre such as Phantom of the Opera, Titanic, Les Mis, Forrest Gump and others.

David has a relaxed style and enjoys it when people around him are in a comfortable setting, enjoying the company of others while he adds to the ambiance.

Michael Mav | 26th September

Persian Carpets

The Silk Road Lives On — Right Here in Claremont
Step into the world of Majestic Persian Carpets, where each handmade rug is a masterpiece of fine art, history, and heritage. These aren't just floor coverings—they're woven stories, crafted over centuries with symbolic motifs, rich natural dyes, and age-old techniques passed down through generations.

Celebrated by collectors and designers worldwide, our carpets are cultural treasures that blend elegance with enduring value. And now, the spirit of the ancient Silk Road has found its permanent home in Claremont at the iconic Majestic Persian Carpet Gallery on Bay View Terrace—serving Perth for over 40 years.

Join us for two special mornings at St Louis Estate, Claremont, where we'll share the fascinating stories behind these timeless pieces. Don't miss our showcase events on Friday 26 September and Friday 3 October, from 10:30 to 11:30am — a rare opportunity to experience history underfoot.

GUEST SPEAKERS



Join us in **every Friday in the Kingsmill Lounge at 10:30am** for this month's guest speakers.

David Taylor and John Garland | 5th September

Pianist/Vocalist

John Garland (vocals) and David Taylor (piano) present, A Walk Down Memory Lane in Song. The two have created a set of selected pieces for voice and piano that embrace some memorable songs over the past decade.



ST LOUIS ESTATE
LIVE WELL

MONTHLY EVENTS

HAPPY HOUR

Date: Friday 5th, September

Time: 5pm **Where:** KL

CELEBRATE ST LOUIS MORNING TEA

Date: Friday 19th September

Time: 10:30am **Where:** KL

BRIDGE CLUB

Date: Tuesday 2nd, 16th
and 30th September

Time: 1pm **Where:** KL

SOCIAL COMMITTEE MEETING

Date: Thursday 4th September

Time: 10am **Where:** KL

GARDEN COMMITTEE MEETING

Date: Wednesday 17th September

Time: 10:30am **Where:** KL

RESIDENT COMMITTEE MEETING

Date: Wednesday 24th September

Time: 10am **Where:** KL

SOCIAL CLUB DINNER

Date: Saturday 27th September

Time: 5.30pm **Where:** KL

MAH JONG CLUB

Date: Tuesday 9th and 23rd September

Time: 1pm **Where:** KL



ST LOUIS CHRISTMAS FETE STALL HOLDERS WANTED

Date: Friday, 5th December 2025

Time: 9:30am - 1:00pm

Grab your neighbours and invite your friends and relatives to our annual St Louis Christmas fete. We are currently seeking stall holders to join us on the day.

We are looking for a variety of stalls, including, food and baked goods, jams and preserves, arts and crafts, candles, crystals, knitted & crochet items, homewares, jewellery, art, books health-care products, local businesses, and Christmas themed gifts. If you know someone who fits the description of any of the above stalls, please get them to contact reception.

Stallholder applications are now open, and forms are available from reception. Call **(08) 9385 1420** or email admin@stlouisestate.com.au

Please spread the word to your friends, families & local community networks, encourage everyone to attend to support our annual fete. Lots of attendees means our stall holders and social club can have successful day.

SEPTEMBER BIRTHDAYS

We would like to wish a Happy Birthday to all the September born St Louis residents and staff!



WELCOME TO OUR NEW RESIDENTS!



St Louis Estate would like to extend a very warm welcome to our new residents!

ST LOUIS CARE AT HOME UPDATE

SEPTEMBER 2025

DO YOU KNOW A VETERAN WHO MIGHT BENEFIT FROM NURSING OR PERSONAL CARE?

St Louis Care at Home is an approved Department of Veteran Affairs provider offering community nursing and personal care services to eligible veterans across the Western Suburbs of Perth. If you have a Gold or White Veterans card, please enquire about our veteran services by phoning **(08) 9385 3406** or emailing **homecare@stlouisestate.com.au**. We look forward to hearing from you.

PUBLIC HOLIDAY

The St Louis Home Care Office will be closed on the Monday, 29th of September 2025, Kings Official Birthday.



SHOPPING BUS SERVICE

St Louis Home Care offers a Thursday shopper bus service to all residents of St Louis Estate. The service leaves the Homestead at 1:00pm, each Thursday, and returns to St Louis Estate at 2:30pm, with Nicola Cross.

The Shopper bus service fee is \$15.00 per person. No bookings are required.



NEW ST LOUIS CARE AT HOME WEBSITE

Please visit and share your feedback on our new website – **stlouiscareathome.com.au**

RESIDENTS' ROVING REPORTER

SEPTEMBER 2025

LIVE SHOW PRESENTATIONS // BOOK NOW – CLOSES SEPT 15TH

Please RSVP to reception by Monday the 15th of September.

All you need is..... a ticket



Cost Bus, show ,
lunch
\$55 per person

You're invited to a **Beatles Tribute concert**

When November 5th
Where His Majestys
Theatre
Departure from Village
10AM



GET READY TO TWIST AND SHOUT AS WE HEAD OUT FOR AN UNFORGETTABLE LIVE PERFORMANCE CELEBRATING THE TIMELESS MUSIC OF THE **BEATLES**



INCLUDED TRANSPORT TO THE THEATRE MEANS YOU CAN SIT BACK, RELAX, AND LET THE GOOD TIMES ROLL –NO PARKING WORRIES HERE



AFTER THE SHOW WE'LL ENJOY A LIGHT LUNCH TOGETHER –A PERFECT



WAY TO WRAP UP A MAGICAL MYSTERY TOUR

You're invited to an afternoon of Gilbert and Sullivan

Join us for a delightful afternoon of music, mischief and merriment as we head out to enjoy Gilbert and Sullivan's *The Mikado*- a witty operetta full of catchy tunes and comic twists

Transport. A bus will take us from the Village to the theatre and return us home afterwards –no need to worry about parking or directions.

Where: Dolphin Theatre UWA

Date: Saturday 8th November

Departure time from Village 1.15PM

Cost \$65 per person



RESIDENTS' ROVING REPORTER

SEPTEMBER 2025

CLASSICAL MAGIC AT KINGSMILL LOUNGE

Residents were treated to a superb classical concert presented by eight brilliant young musicians from Christchurch Grammar. These talented boys brought with them a rich programme of classical works carefully chosen to delight and inspire.



Chiara Kingswell (left) is the musical Director of Music at Christchurch Grammar. The group is pictured with her and their wonderful piano accompanist Marrtina.

SOCIAL CLUB - ORIENTAL NIGHT

Night in the Orient was the theme for the Monthly Social Club dinner featuring a spread of delicious Asian cuisine. Plenty of noodles, rice and flavour to go round.

A good crowd turned up to enjoy the evening with many gamely picking up chopsticks and some even managing to get the food to their mouths.

It was a cheerful lighthearted night full of fun flavour and a few dropped fortune cookies.



CHRISTMAS IN JULY

The Christmas in July luncheon at Kingsmill lounge was a resounding success bringing warmth and cheer to a wintry afternoon. The tables were festively decorated with bonbons and a cheerful glow setting the perfect scene.

Residents turned out in great numbers dressed in their best with many donning Santa and Christmas brooches. The food was a highlight, succulent Turkey and ham, golden potatoes and all the traditional trimmings followed by plum pudding and custard. Laughter and conversation filled the room, with many remarking it was one of the nicest lunches they've attended in a long time.



Best Bon Bon jokes from the tables:

Question: What do you call a woman who burns her bills? Answer: Bernadette!

Question: Why do cows have bells? Answer: Because their horns don't work!

RESIDENTS' ROVING REPORTER

SEPTEMBER 2025

A VISIT FROM THE GOLDEN DAYS OF TV

It was a walk down memory lane like no other when the residents we're treated to a captivating guest speaker Sandy Baker, a name familiar to many who grew up in WA in the early days of television. With a voice as warm as ever and a sparkle in her eye Sandy took us back in time to a time when families gathered around small black and white television sets and adjusted the antenna, hoping for a clear picture.

Sandy was the beloved presenter of a major children's programme on channel 7 in the early 1970s that became a daily ritual for thousands of children across the state. With joy and humour she recalled the magic of introducing characters like Percy the Penguin and of course the unforgettable Fat Cat a gentle furry figure who became a household name and was always tucked into bed right before the nightly sign off. She spoke fondly of the studio lights the live broadcasts where anything could, and often did, happen. Residents chuckled as Sandy described how in those early days even the most minor costume mishap or forgotten line would be broadcast live. There was no such thing as retakes or cue cards.

Her stories stirred up memories for many in the audience - grandparents who had watched alongside their children and even some who remembered the early TV sets and the excitement of the introduction of color TV in 1975s. It was a delightful morning of nostalgia.



Sandy with her fellow TV presenter Carolyn Tannock (Nee Sandy Palmer and Carolyn Noble).



Sandy Palmer introduces Fat Cat for the first time in 1972.

SOUP BUFFET POPULAR FUNDRAISER

A fundraising soup buffet was held in Kingsmill Lounge last month. It was to raise funds for the homeless to provide clothing and bedding, much needed in this severe winter. The event brought our community together with delicious soups, heartfelt conversations and a shared purpose. Thanks to everyone's generosity a significant amount of money was raised to help those in need as well as a generous supply of clothing and bedding donated by residents.



RON CELEBRATES HIS 90TH AT "THE ROCK"

To celebrate his achievement of reaching the age of 90 Ron Hassall embarked on a remarkable adventure to Uluru to celebrate his milestone birthday. Surrounded by the stunning red desert landscape he felt a deep connection with the land and the rich history of the area. That evening he enjoyed a classic meal of bangers and mash feeling both nostalgic and grateful for the journey.

