

SEPTEMBER 2025

WHAT'S ON THIS MONTH

Meal of the day	Important Dates/Public Hols	Events in the Village	Exercise/Activity Class	Village Organised Trip
Social Activities	Guest Talk	Formal Dining (menu on back)	Casual Dinner	Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Baked Creamy Feta Risoni	2 Gentle Exercise (Kiora) 11:15am Seniors Morning Tea (Kiora) 10:00am Private Event Bridge Club (KL) 1:00pm	3 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (KL) 6:00pm	4 Social Club Committee Meeting (KL) 10:00am Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm The Mission	5 Guest Speaker (KL) 10:30am David Taylor and John Garland "Pianist and Vocalist" Happy Hour 5pm (KL) Curry Night (KL) 6:00pm Beef Masala	6 Kiora Café Open 9am - 12pm	7 Father's Day! Sunday Roast (KL) 12:30pm Roast Turkey with Vegetables Dessert: Chocolate Mousse
8 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Spaghetti Bolognese	9 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	10 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (KL) 6:00pm	11 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm Julie and Julia	12 Guest Speaker (KL) 10:30am Claremont Drapers Display by Mary Evans Curry Night (KL) 6:00pm Lamb Vindaloo	13 Kiora Café Open 9am - 12pm	14 Sunday Roast (KL) 12:30pm Roast chicken and Vegetables Dessert: Rhubarb and Apple Crumble
15 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Tuna Bake	16 Gentle Exercise (Kiora) 11:15am Bridge Club (KL) 1:00pm	17 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining 6:00pm (KL) Garden Committee Meeting 10:30am (KL)	18 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm The Aviator	19 Birthday Morning Tea (KL) 10:30am Curry Night (KL) 6:00pm Butter Chicken	20 Kiora Café Open 9am - 12pm	21 Sunday Roast (KL) 12:30pm Roast Pork and Vegetables Dessert: Panna Cotta
22 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Chicken and Mushroom Fettucini	23 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	24 Aqua Aerobics (Pool) 9:00am Sound Healing (Kiora) 10:30am Resident Committee Meeting 10:30am (KL) Wednesday Dining 6:00pm (KL)	25 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm The Thomas Crown Affair (1999)	26 Guest Speaker (KL) 10:30am Michael Mavaddat Persian Carpets "The Silk Road Lives On" Curry Night (KL) 6:00pm Lamp Korma	27 Kiora Café Open 9am - 12pm AFL Grand Final	28 Sunday Roast (KL) 12:30pm Roast Beef and Vegetables Dessert: Brownie
29 King's Birthday Public Holiday Office & Café Closed	30 Gentle Exercise (Kiora) 11:15am Bridge Club (KL) 1:00pm					

SEPTEMBER WEDNESDAY DINING	3	10	17	24
	Wednesday Dining (KL) 6.00pm Snapper and Fillet Steak Dessert: Cheesecake	Wednesday Dining (KL) 6.00pm Barramundi or Chicken Chasseur Dessert: Pavlova	Wednesday Dining (KL) 6.00 pm Beef Cheeks or Salmon Dessert: Tiramisu	Wednesday Dining (KL) 6.00 pm Osso Bucco or Garlic Prawns Dessert: Chocolate Fondant

TENTATIVE OCTOBER CALENDAR 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
		Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	Social Committee Meeting (PDR) 10:00am Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am Happy Hour (KL) 5:00pm Curry Night (KL) 6:00pm	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
6	7	8	9	10	11	12
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	Gentle Exercise (Kiora) 11:15am Seniors Morning Tea (PDR) 10.00am (Private Event) Mah-Jong Club (PDR) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	Pink Ribbon Brunch Curry Night (KL) 6:00pm	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
13	14	15	16	17	18	19
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	Gentle Exercise (Kiora) 11:15am Bridge Club (PDR) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Garden Committee Meeting (PDR) 10:30am Wednesday Dining (DR) 6:00pm	Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	Birthday Morning Tea (KL) 10:30am Curry Night (KL) 6:00pm	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
20	21	22	23	24	25	26
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	Gentle Exercise (Kiora) 11:15am Mah-Jong Club (PDR) 1:00pm	Aqua Aerobics (Pool) 9:00am Sound Healing (Kiora) 10:30am Resident Committee Meeting 10:30am (PDR) Wednesday Dining 6:00pm (DR)	Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	Guest Speaker (KL) 10:30am Curry Night (KL) 6:00pm	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
27	28	29	30	31		
Chair Yoga (Kiora) 10.30am Pasta Night 6.00pm (KL)	Gentle Exercise (Kiora) 11:15am Bridge Club (PDR) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10.30 am Wednesday Dining 6:00pm (DR)	Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	Halloween Guest Speaker (KL) 10:30am Curry Night (KL) 6:00pm		