

# RESIDENT NEWSLETTER

NOVEMBER 2025



ST LOUIS ESTATE  
LIVE WELL



## CHRISTMAS COCKTAIL PARTY AND HOMESTEAD OPEN NIGHT

To celebrate the completion of our beautiful Homestead refurbishment and welcome in the festive season, St Louis Estate owners would like to invite all residents to a Christmas Cocktail party.

Join us from **5pm - 7pm on Thursday 27th November** with live entertainment by Adam Hall.  
Cocktail food and beverages provided.

**RSVP'S essential to reception by Tuesday 18th November.**  
We look forward to seeing you!



## ST LOUIS COMMUNITY

# Christmas Fete

**Date:** Friday 5th December 2025

**Time:** 9:30am - 1:00pm

**Where:** St Louis Estate Homestead & Lawn

Grab your neighbours and invite your friends and relatives to our annual St Louis Christmas fete.

There will be a variety of stalls featuring family-friendly fun, food and baked goods, jams and preserves, arts and crafts, candles, crystals, knitted & crochet items, homewares, jewellery, art, books health-care products, local businesses, and Christmas themed gifts.

The social club will be running the annual Devonshire tea from the café and there will be a sausage sizzle available for lunch from 11:00am – 1:00pm. The café will be closed on the day.



## CHRISTMAS RAFFLE DONATIONS

With Christmas just around the corner, Kristina is organising prizes and selling tickets for the very popular Christmas Raffle. To offer the numerous wonderful prizes, we rely on the generosity of the community to donate towards the prizes. Please donate items including, chips, chocolates, wine, Christmas theme knick-knacks, nuts, candles, giftware, jams, relish, biscuits or the like to Kristina at reception.

## CHRISTMAS RAFFLE TICKETS ON SALE NOW

**Tickets now on sale. Purchase tickets at reception.**  
**\$5.00 each or 5 for \$20.00**

The raffle will be drawn at the Christmas Fete on **Friday 5th December 2025 at 12:00pm.**

All proceeds from the raffle go directly to the St Louis Social Club to help subsidise resident outings and social club events during the year.

## SAVE THE DATE: RESIDENTS CHRISTMAS BANQUET

**Date:** Friday 19th December 2025

**Time:** 12pm | **Where:** Kingsmill Lounge | **Cost:** \$50

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## NOVEMBER MOVIES



If you have a special request for a movie your fellow residents may enjoy, please advise us via reception. Every Thursday at 1:30pm in the Kingsmill Lounge.



### **Octopus Teacher | Documentary/Drama**

Thursday 6th November

**Cast:** Craig Foster, Tom Braden Foster

**Running time:** 1hr 25min



### **Sixteen Candles | Comedy/Romance**

Thursday 13th November

**Cast:** Molly Ringwald, Justin Henry, Michael Schoeffling

**Running time:** 1hr 33min



### **Saving Mr Banks | Comedy/Docudrama**

Thursday 20th November

**Cast:** Emma Thompson, Tom Hanks, Annie Rose Buckley

**Running time:** 2hr 5m

## MONTHLY EVENTS



### **HAPPY HOUR**

**Date:** Friday 7th November

**Time:** 5pm **Where:** KL



### **BRIDGE CLUB**

**Date:** Tuesday 4th and 18th November

**Time:** 1pm **Where:** KL

### **SOCIAL COMMITTEE MEETING**

**Date:** Thursday 6th November

**Time:** 10am **Where:** Kiora

### **RESIDENT COMMITTEE MEETING**

**Date:** Wednesday 26th November

**Time:** 10am **Where:** PDR

### **GARDEN COMMITTEE MEETING**

**Date:** Wednesday 19th November

**Time:** 10:30am **Where:** PDR

### **JAZZ CONCERT SOCIAL CLUB EVENT**

**Date:** Saturday 29th November

**Time:** 5pm **Where:** KL

### **CELEBRATE ST LOUIS MORNING TEA**

**Date:** Friday 21st November

**Time:** 10:30am **Where:** KL

### **MAH JONG**

**Date:** Tuesday 11th and 25th November

**Time:** 1:00pm **Where:** KL

## ANNUAL GENERAL MEETINGS

### **ST LOUIS ESTATE AGM**

**Date:** Thursday 13th November

**Time:** 10:30am **Where:** KL

### **KIORA APARTMENTS AGM**

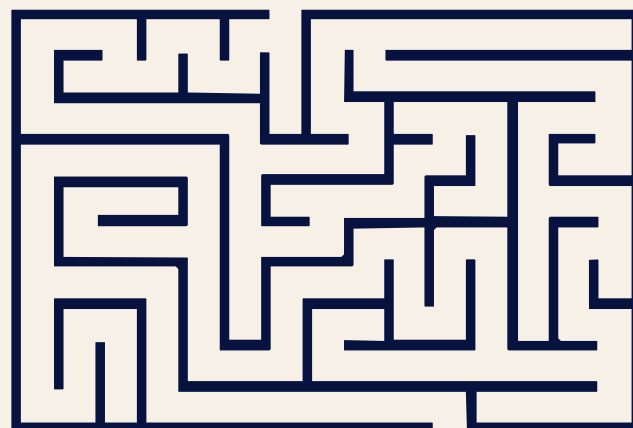
**Date:** Thursday 13th November

**Time:** 1pm **Where:** Heritage House

Further information will be provided to residents prior to the Meeting. Everyone is welcome and attendance is encouraged.



## PUZZLE





## GUEST SPEAKERS

Join us in **every Friday in the Kingsmill Lounge at 10:30am** for this months guest speakers.

### Premiers from Burke to McGowan | 7th November

#### Peter Kennedy

Peter Kennedy graduated from university and his career began as a High School teacher and lecturer in economics at Technical School before he joined the West Australian newspaper as a journalist in 1970. He moved to the Sydney Morning Herald in 1980 then became press secretary to Deputy Premier Mel Bryce in the WA parliament. He then returned to the West until 1990 when he joined the ABC. Peter was on ABC radio presenting morning and drive programmes. In 1995 he was awarded the Clarion prize at the WA media awards. He became the political reporter for the ABC in 2000 before retiring in 2010 but is still called on by the ABC for his expert knowledge on political matters. Peter was appointed Member of the Order of Australia in 2025 for "significant service to the print and broadcast media as a journalist."

Peters talk "Premiers from Bourke to McGowan" will give a fascinating insight into the past premiers of our State.

### Convict Talk | 14th November

#### Pamela Statham

Pamela Catherine Statham Drew, BEc-Hons (Monash 1965), PhD (UWA1981).

Pamela was for some 42 years a lecturer in Economics and Economic History at UWA where she published a number of works on early Australian history including the *Origins of Australia's Capital Cities* and the first volume of the *Dictionary of Western Australians*.

She married Nick Drew in 1996 and went on to complete a biography of Western Australia's first Governor, titled *James Stirling, Admiral & Founding Governor of Western Australia* published by UWA Press in May 2003 and a shorter illustrated version titled *James Stirling and the Birth of Swan River Colony* for WA's 175th Anniversary the following year.

Pamela retired in 2006 and began her partnership with the late Jacqueline O'Brien, producing first the history of the Colonial Chaplain Wittenoom's Family titled *On We Go*, as Jacqueline was a Wittenoom. Then, because the Stone family had been very kind in allowing us to use Alfred Stone's photographs of the Wittenooms, we agreed to write about Alfred – and this resulted in the book *Court and Camera* published in 2012.

Since then, Pamela has produced a documentary history of York in 2018, two books on WA Sandalwood (one an update) and a history of Pre-convict WA, called *Swan River Colony: the first 21 years* published in 2021- which set the scene for talks on Convicts.

*The convict talk explores why they came, what they did, how they lived and why the convict era ended.*

### Blueforce | 28h November

#### Nick Rossi

Please come and listen to Nick Rossi speak about all you need to know about your Blueforce.



## NOVEMBER BIRTHDAYS

We would like to wish a Happy Birthday to all the November born St Louis residents and staff!



## WELCOME TO OUR NEW RESIDENTS!



St Louis Estate would like to extend a very warm welcome to our new residents!

## CALLING NOMINATIONS FOR THE 2026 RESIDENTS COMMITTEE

St Louis Estate Residents Committee is seeking nominations from all residents who would like to be members of the committee during 2026. The committee is a group of residents, who represent the interests of their peers and to carry out various functions. The residents committee also provides an important channel for communication between the residents and management. We encourage all residents to consider nominating for 2026. Nominations are now open. The committee play a very important role in the Village, it would be wonderful to see some new residents, along with our existing members involved next year. If you would like to discuss the committee, further please contact the current Chair, Jill House.

# ST LOUIS CARE AT HOME UPDATE

NOVEMBER 2025

## THINKING ABOUT HOME CARE SERVICES?

Hello, my name is Karena Sherriff, St Louis Care at Home Manager. I joined the Home Care team in early 2022, with over twenty years of experience in community aged care. I would be delighted to assist you or your loved one in navigating the home and community care service industry. I am available Monday to Thursday weekly to explore a broad range of personally tailored home care service options with you.

To enquire about booking a visit, please phone **(08) 9385 3406** or email [homecare@stlouiscareathome.com.au](mailto:homecare@stlouiscareathome.com.au)

## ALL ABOUT SUPPORT AT HOME CARE

**Date:** Wednesday 19th November 2025

**Time:** 11am | **Where:** Kingsmill Lounge

Join Karena Sherriff, from St Louis Care at Home, for a free information session on how to access government-subsidised home care services as part of the new Support at Home program. Friends and family are welcome.

To book your place today, phone Freya on **(08) 9385 3406** or email [homecare@stlouiscareathome.com.au](mailto:homecare@stlouiscareathome.com.au)

You can find **St Louis Care at Home** at Unit 57, 10 Albert Street, St Louis Estate, or at our Cottesloe Office, Level 1, 525 Stirling Hwy, Cottesloe. Our friendly and helpful team is available Monday to Friday, 8 am to 3 pm, on (08) 9385 3406 to answer any home care enquiries you might have for yourself, a family member, friend, or neighbour at St Louis Estate or from across Perth's Western Suburbs.

Our Home Care programs include:

1. Home Care Packages Levels 1-4
2. Support at Home Levels 1-8
3. Department of Veteran Affairs – Personal and Nursing Care
4. Restorative Care
5. Assistive Technology and Home Modifications
6. Fee for Service

To find out more about registering with My Aged Care for an assessment for home care services, please contact, Karena Sherriff on **(08) 9385 3406**.

## PHYSIOTHERAPY

Physiotherapy led exercise and aqua classes continue to be offered on a Tuesday, Wednesday, and Thursday, with Edward, Jack, and Ash, at St Louis Estate and Kiora.

**Group Classes** | **Cost:** \$20.00 per person, per class. New members welcome.

### Date & Time:

Tuesday at 11:15am

Wednesday at 9:00am

Thursday at 11:15am

### Class:

Light Exercise

Aqua Class

Light Exercise

### Where:

Kiora Wellness Centre

St Louis Estate Pool

Kiora Wellness Centre

## SHOPPING BUS SERVICE

St Louis Home Care offers a Thursday's shopper bus service to all residents of St Louis Estate. The service leaves the Homestead at 1:00pm, each Thursday, and returns to St Louis Estate at 2.30 pm, with Nicola Cross.

The Shopper bus service fee is \$15.00 per person. No bookings are required.





# RESIDENTS' ROVING REPORTER

NOVEMBER 2025



Heres Cloe Dale giving her beautiful garden a Wednesday watering

## WHATS WATERING WEDNESDAY?

This time of the year will test the gardens of the estate. Very quickly our climate changes from a wet winter and early spring to the prospect of a dry five month spell. Gardens can literally die in a week if allowed to dry out.

So here is the mission!

Be on the lookout for wilting plants and if they look stressed give them a drink.

Heres a thought?

Our reticulation comes on every Monday and Friday early morning. That's a long gap between waters. So lets adopt the idea of making Wednesdays our day for handwatering the gardens private and communal to back up the automatic watering.

Spread the word and become "WEDNESDAY WATERERS"

## BURGERS AND BINGO

Big night for Social Club's Burgers and Bingo

Burgers and Bingo night at Kingsmill Lounge was a sizzling success. The smell of juicy burgers filling the air and the sound of laughter echoing around the room.

Residents tucked into their delicious meals before getting their game faces on for a lively round or two of Bingo where the excitement grew with every number called.

Cheers went up as lucky winners claimed their prizes adding to the joy the evening. It was a happy fun filled night that brought everyone together, proving once again that good food and little friendly competition make for the perfect recipe for community spirit.



Some of the 40 Residents who enjoyed the night



Our hostesses Kerrie Roberts and Jan Harley

## BACK TO THE FIFTIES SUNSET MUSICAL SOIREE

*STEP BACK IN TIME FOR A SWINGING  
EVENING OF JAZZ, FUN AND FIFTIES FLAIR!*

Enjoy a Live Jazz Band, "The Melody Masters Trio", a solo jazz pianist David Taylor and a Fifties Quiz to test your teenybopper memories for a couple of fun filled hours with friends.

Tap your toes to jazz, swing and golden fifties tunes –a short sweet and toe tapping trip down memory lane.

Saturday 29<sup>th</sup>  
November  
Kingsmill lounge  
5-7PM

BYO drinks and snacks  
Dress in 50's style  
(OPTIONAL)  
Prizes for best outfit and  
quiz winners



*The Melody Masters Trio*

Tickets \$15 must book at office  
No ticket –no entry  
Organize your table (6) or leave it  
open to us  
*Be there or be square!*

### A BEAUTIFUL ADDITION

A spectacular new furniture piece has found its home in the Estates beautifully transformed private dining room. Spotted by Rhonda Peploe during a visit to New York she immediately envisioned it as the perfect addition to the new space, and she was right!

It now sits proudly in place adding elegance and character to the room admired by all who dine there.



Jim Larkins an admirer of the new addition

### INTRODUCING OUR NEW ARTISTS GROUP

We're excited to announce that a creative new activity for our village residents- an artist group for anyone with an artistic spark.

Whether you're a painter, sculptor, weaver or simply someone who enjoys working with your hands and imagination, this is your chance to connect with fellow creators, share ideas, exchange techniques and find inspiration in good company.





## PINK RIBBON BRUNCH

It was a full house for our annual Pink Ribbon brunch held in support of The National Breast Cancer Foundation (NBCF). Guests enjoyed the delicious "breakfast-meets lunch" feast featuring fresh fruit, bacon eggs and an array of pastries.

Between courses Manager Sarah hosted an entertaining quiz that had everyone laughing and competing for the many prizes on offer.

It was a morning filled with fun and generosity resulting in an impressive \$4600 raised for Breast Cancer Research, a wonderful effort by both management and residents- well done to all.



Our Quizmaster Sarah



The Winning Table ( with a little help from their family)



# RESIDENTS' ROVING REPORTER

## CLAREMONT DRAPERS



Once a year we welcome a visit from Claremont drapers much to the delight of our female residents.

Their display of stylish and comfortable clothing always draws interest offering the perfect opportunity to browse, try on and perhaps treat themselves to something new.

It's a popular occasion with many residents happily topping up their wardrobes and enjoying a pleasant morning of fashion and fun.

## OUR LIBRARY UPGRADE



Volunteer librarian Pauline Evans has played a leading role in setting up our new library working closely with a dedicated team of fellow volunteers. Together they have carefully arranged and stocked the extensive new shelving, creating a bright and welcoming space for everyone to enjoy.

Some of the shelving reaches impressive heights a feature that might just encourage our taller residents to lend a hand or come in more often.

Thanks to Pauline and her team for establishing our new library, a well ordered and inviting hub for book lovers across the estate.

## THE HISTORY AND LEGACY OF PERSIAN CARPETS

Michael Mavaddat, owner of Majestic Persian Gallery gave a big audience of residents an excellent insight into the world of Persian Carpets.

Persian carpets are among the world's most enduring art forms, woven legacies that embody refinement, culture and symbolism.



Is Pam Larkins doing a deal here?



Peter and Pam Hunt with our speaker Michael Mavaddat



Margaret Bongers admires this beautiful piece