



MERRY CHRISTMAS & HAPPY NEW YEAR FROM EVERYONE AT ST LOUIS ESTATE

SOCIAL CLUB CHRISTMAS MORNING TEA

Date: Friday 5th Dec 2025 | **Time:** 10:30am - 12:00pm | **Where:** Kingsmill Lounge



In lieu of the 2025 Christmas Fete and to support several St Louis residents who were planning on hosting stalls at the Fete, we will be running a Social Club Christmas morning tea on the same date in the Kingsmill Lounge.

The morning will include a Social Club run Devonshire Tea for \$10.00 per person accompanied by a pot plant sale with all proceeds going towards supporting the Social Club for 2026. In addition, we will welcome stalls from our Residents showcasing, knitted toys & animals, Christmas cards, artworks and Christmas cakes for purchase on the day. Please bring along cash to support any of these stalls.

FETE CANCELLATION

Sadly, due to a lack of interest from stallholders along with several late cancellations, we have not been able to secure enough confirmed stall holder applications to make the event a success. As a result, we have made the difficult decision to cancel the 2025 St Louis Christmas Fete. The feedback from stallholders is that they are unable to cover their costs and make their stalls viable with the decreasing sales and support they've experienced in recent years.

CHRISTMAS RAFFLE

The raffle will be drawn at the Christmas Banquet on **Friday, 19th December 2025**.

All proceeds from the raffle go directly to the St Louis Social Club to help subsidise resident outings and social club events during the year.

Tickets are still available for sale at Reception.

Tickets are **\$5.00 each** or **5 tickets for \$20.00**. Cash only.



RESIDENTS CHRISTMAS BANQUET

Date: Friday 19th Dec | **Time:** 12:00pm | **Where:** Dining Room
Cost: \$50 per person

The St Louis Christmas Banquet will be our final social event and community celebration for the year. We invite and encourage all residents to bring along family members and friends to celebrate the festive season together and send off 2025 with good friends, great food and a few surprises. You will be treated with a traditional style, Gourmet Christmas lunch with all the trimmings.

Tickets include Champagne on arrival, a delicious 3-course meal and an afternoon of festivity, you know you don't want to miss. Don't forget you **must book at Reception**.



NEW YEAR'S DAY CELEBRATION

Date: Thursday 1st Jan 2026 | **Time:** 11:00am | **Where:** Kingsmill Lounge

Join fellow residents at the social club new year's get together, bring in 2026 with friendly faces and a casual celebration. All welcome! **BYO:** Wine, cheese, crackers

RESIDENT NEWSLETTER

DECEMBER 2025

VILLAGE SERVICES OVER THE *Festive Season*

CASUAL & FORMAL DINING

Casual and formal dining will be suspended during the Christmas Closure.

Pasta Night Final Night: 15th Dec | Reopens: 12th Jan

Curry Night Final Night: 12th Dec | Reopens: 9th Jan

Sunday Roast Final Lunch: 21st Dec | Reopens: 11th Jan

Wednesday Night Dining Final Night: 17th Dec | Reopens: 14th Jan

CHRISTMAS CLOSURE MEAL DELIVERY SERVICE

Although there will be no Café dine-in options and evening meals during the Christmas closure, we will still be offering our full home delivery service on a pre-order basis.

Delivery of your choice of fresh or frozen meals will be offered, via pre-order from the Christmas Delivery Menu which will be issued in early December. All orders **must be submitted to reception by Thursday 11th December** and will be delivered to residents on 22nd & 23rd December.

RECEPTION & CAFÉ CLOSURE

Please note that due to annual leave for staff over the festive season and operational requirements, there will be some changes to our business hours and services.

The St Louis Estate Christmas Closure period will commence at **12pm on Wednesday 24th December 2025 and reopen Monday 5th January 2026. During this closure period both Reception and the St Louis Café will be closed.**

The Kiora Café will remain open to offer services to residents on the days indicated in the Festive Season Opening Hours table below.



FESTIVE SEASON OPENING HOURS



Date	Meal Option	SLE Cafe Hours	Kiora Cafe Hours	Office Hours
Tuesday 23rd Dec	Normal Menu	9:00am - 2:30pm	8:30am - 1:30pm	9:00am - 4:00pm
Wednesday 24th Dec	Pre-order all meals from Christmas Delivery menu between Wednesday 24th December 2025 and Monday 5th January 2026	SLE Cafe will be closed from Tuesday 23rd December 2025 through to Monday 5th January 2026	8:30am - 12:00pm	Office closed from 12:00pm 24th of December and reopens at 9:00am on Monday 5th January 2026
Thursday 25th Dec			Closed	
Friday 26th Dec				
Saturday 27th Dec				
Sunday 28th Dec				
Monday 29th Dec			8:30am - 1:30pm	
Tuesday 30th Dec			8:30am - 1:30pm	
Wednesday 31st Dec			8:30am - 1:30pm	
Thursday 1st Jan			Closed	
Friday 2nd Jan			8:30am - 1:30pm	
Saturday 3rd Jan			9:00am - 12:00pm	
Sunday 4th Jan			Closed	
Monday 5th Jan	Normal Cafe Menu No Pasta Night	9:00am - 2:30pm	8:30am - 1:30pm	9:00am - 4:00pm

RUBBISH COLLECTION

Please note due to the Christmas & Boxing Day public Holidays, in some years we experience delay in the Rubbish collection. This year we expect to see rubbish collection for all units to still fall on our normal collection days being **Wednesday 24th December and Wednesday 31st December**. Your bins will be put out and returned as normal on these days.



MONTHLY EVENTS

HAPPY HOUR

Date: Friday 5th December
Time: 5pm **Where:** KL



BRIDGE CLUB

Date: Tuesday 2nd and 16th December
Time: 1pm **Where:** KL

CELEBRATE ST LOUIS MORNING TEA

Date: Friday 12th December
Time: 10:30am **Where:** KL

MAH JONG

Date: Tuesday 9th and 23rd December
Time: 1pm **Where:** KL



DECEMBER MOVIES



If you have a special request for a movie your fellow residents may enjoy, please advise us via reception. Every Thursday at 1:30pm in the Kingsmill Lounge.



Klaus | Adventure/Fantasy
Thursday 11th December
Cast: Jason Schwartzman, J.K. Simmons, Rashida Jones
Running time: 1hr 36min



Elf | Comedy/Adventure
Thursday 18th December
Cast: Will Ferrell, James Caan, Bob Newhart
Running time: 1hr 37min

GOPHERS PARKING AT THE HOMESTEAD

With our new Homestead building open and busier than ever we would like to remind Residents to be considerate of others when parking gophers and mobility scooters at the Homestead. May we please request that you do not park close to the entry doors as this impedes access to the building and could pose a hazard in the event of an emergency. Gopher parking is encouraged along the walls of the Southern & Western sides of the veranda or on the main lawn. We encourage residents to refrain from parking on the deck area of the northern (lawn side) veranda.

DEVONSHIRE TEA

Date: Friday 5th December
Time: 10am **Where:** KL

There will not be a Social Club Event this month. There will be an event on New Year's Day instead, in the Kingsmill Lounge.

There are no meetings for the Social Committee, Resident Committee and the Garden Committee.

GUEST SPEAKERS

There will be **no guest speakers this month**, but we look forward to bringing you plenty of exciting guests from February 2026!



DECEMBER BIRTHDAYS

We would like to wish a Happy Birthday to all the December born St Louis residents and staff!



NEW HAIR SALON

Maria is excited to welcome all Residents to her brand new hair salon located in the Homestead building near the entrance to the Kingsmill Lounge. Maria takes appointments at St Louis Estate on Mondays, Wednesdays & Thursdays.

Appointments are to be made directly with Maria via call or text to 0407 100 544.

NEWSPAPERS

We kindly ask you to please consider other Residents and request that you **do not remove** newspapers from the Homestead or Kiora Café. If you would like to read the paper, please do so whilst in the communal areas and return to the racks prior to leaving the building.

ST LOUIS CARE AT HOME UPDATE

DECEMBER 2025

THINKING ABOUT HOME CARE SERVICES?

Hello, my name is Karena Sherriff, St Louis Care at Home Manager. I joined the Home Care team in early 2022, with over twenty years of experience in community aged care. I would be delighted to assist you or your loved one in navigating the home and community care service industry. I am available Monday to Thursday weekly to explore a broad range of personally tailored home care service options with you.

To enquire about booking a visit, please phone **(08) 9385 3406** or email homecare@stlouiscareathome.com.au

HOME CARE UPDATE

On behalf of the St Louis Care at Home team we wish everyone a safe and joyful festive season. In the lead-up to Christmas and the New Year, we wish to remind you of the upcoming **Public Holidays**.

The St Louis Home Care Office will be closed on the following days:

- **Christmas Day, 25th December 2025**
- **Boxing Day, 26th December 2025**
- **New Year's Day, 1st January 2026**
- **Australia Day, 26th January 2026**

SHOPPING BUS SERVICE

The shopper bus will operate on the regular Thursday, leaving the Homestead, St Louis Estate, at 1pm over December and January, excluding Public Holidays. The shopper bus will operate on the following dates, in place of the Christmas Day and New Years Day:

Wednesday, 24th December 2025 (1pm – 3pm)

Wednesday, 31st December 2025 (1pm – 3pm)

Shopper bus fee is \$15.00 per person.
No bookings required.



ALL ABOUT SUPPORT AT HOME CARE

You can find **St Louis Care at Home** at Unit 57, 10 Albert Street, St Louis Estate, or at our Cottesloe Office, Level 1, 525 Stirling Hwy, Cottesloe.

Our friendly and helpful team is available Monday to Friday, 8am to 3pm, on (08) 9385 3406 to answer any home care enquiries you might have for yourself, a family member, friend, or neighbour at St Louis Estate or from across Perth's Western Suburbs.

Our Home Care programs include:

1. Home Care Packages Levels 1-4
2. Support at Home Levels 1-8
3. Department of Veteran Affairs – Personal and Nursing Care
4. Restorative Care
5. Assistive Technology and Home Modifications
6. Fee for Service

To find out more about registering with My Aged Care for an assessment for home care services, please contact, Karena Sherriff on **(08) 9385 3406**.

RESIDENTS' ROVING REPORTER

DECEMBER 2025

EDITOR: MR JAMES NATT

THE ST LOUIS SOCIAL CLUB

St Louis Estate is a happy and vibrant village of senior citizens where community spirit thrives. The key feature of village life is the wide range of regular social events on offer bringing residents together in friendship and fun.

These activities come about largely thanks to a very active and imaginative social committee who meet monthly to dream up and plan new and entertaining events for everyone to enjoy.

*Your Social Club Committee (from left to right):
Rod Dale, Robin Tunnicliffe, Peter Hunt (Chairman), Jan Harley,
Jim Natt, Jim Larkins, Debbie Frink (Sec) Missing members Alan Frink
and Kerrie Roberts.
P.S. Sorry Alan, that's your headless body in the picture!!*



HALLOWEEN AT THE VILLAGE

Halloween came and went at St Louis with barely a ghost of attention from most of us.

No tricks, no treats and certainly no broomsticks in sight. That is except for our resident American couple Debbie and Alan Frink who bravely clung to their homeland tradition with pumpkins on the porch and a hopeful bowl of sweets at the ready. Their efforts were met not with fear of candy shaking crowds but with amused smiles and the occasional raised eyebrow.

Treated humorously as they might say. It reminded us that a little bit of fun, even if it's the spooky kind, never hurts.

THE RED CROSS - HUMANITY IN ACTON

The Red Cross stands as one of the world's most trusted and compassionate humanitarian organisations providing help wherever and whenever it's needed, most through its vast network of volunteers and professionals.

The Red Cross responds swiftly to natural disasters, supports communities in crisis, delivers lifesaving blood supplies and offers comfort to those affected by conflict or hardship.

Our guest speaker Simon Allen covered most of these aspects of Red Cross work and was well received and enjoyed by a large audience.



Jill House giving a vote of thanks to our Guest speaker Simon Allen

RESIDENTS' ROVING REPORTER

DECEMBER 2025



Joy Sinclair had the honour to introduce Margaret to Residents

IT'S A LONG WAY TO THE TOP...

Margaret Watroba is a trailblazing Mountaineer who has conquered Mount Everest twice reaching the summit on 2 occasions and coming close to the top on two other attempts as the oldest climber to achieve such a remarkable feat.

She vividly described the scientific importance of approaching the summit gradually "up and down", regularly to prevent problems with thin air and blood clots. Margaret embodies perseverance and courage. The thrilling and often dangerous adventures have been beautifully captured in stunning photographs making her talk not only inspiring but also visually captivating.



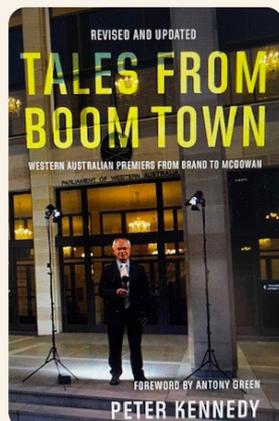
The treacherous climb from Camp 3 to the Top'
One slip = Disaster!!

THE GREAT TRANSFER OF FLOWER

Attention all green thumbs, brown thumbs and the occasional cactus killer, the **Christmas Morning Tea & Plant Sale on December 5th will feature a plant stall** like no other. The social club will be selling plants donated by residents to other residents.

Not a "transfer of power" but a "transfer of flower". It's your chance to swap a Fern for a fig, adopt an orphaned orchid or simply pretend you know what partial shade means. All while supporting your ever blooming social club.

Picture: Gardening Chairperson Beverley Hull has been busy getting lots of seedlings and plants ready for the Fete



OUR GUEST SPEAKER

Peter Kennedy AO gave residents an enthralling talk about his experiences as a journalist dealing with every West Australian Premier from David Brand to Mark McGowan. It was a fascinating insight into the personalities, successes and occasional failures of each leader.

Peters recently released the book "Tales from Boomtown" which proved highly sought after by residents rounding off a thoroughly enjoyable and engaging session.

MELBOURNE CUP LUNCH

The Melbourne Cup lunch was a terrific occasion drawing a big crowd of residents eager to watch the race that stops the nation. Cheers and laughter filled the room as everyone enjoyed a delicious lunch complete of course with the traditional glass (or two) of sparkling. Hats were donned, tips were shared and while everyone was a winner on the day, some were just a little luckier than others.



Anna and Meikle Meecham were amazingly lucky winners. They drew 1st, 2nd, and 3rd horses in the sweeps they entered. What are the odds of that??



The very attentive and charming staff



Pam Hunt resplendent in blue and ready to enter the "Lexus Tent"



Happy ladies looking like 'Winners'

BEATLES HITS BRING BACK MEMORIES

Twenty enthusiastic residents attended the Australian Beatles concert at His Majesty's Theatre and what a fabulous show it was. From the opening chords of "I want to hold your hand" to the grand finale of "Hey Jude" the tribute band captured the music magic humour and energy of the original fab four. The audience clapped and even swayed along to the timeless tunes that defined a generation. The production was first class with authentic costumes, Liverpudlian charm and pitch perfect harmonies that transported everyone straight back to the swinging 60s.

Thank you to all who joined in, it was a joyful trip down memory lane.



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EDITOR: MR JAMES NATT

ARE YOU A DESCENDANT OF A CONVICT?



Pamela Statham was a lecturer in economics and economic history at UWA for over 40 years and has published a number of works on early Australian and West Australian history.

In her talk about the convicts shipped out from Britain and Ireland to WA in the 1850/60s Pamela explored why they came, what they did, how they lived and why the convict era ended. A very entertaining talk with her conclusion - "We can honor them all, craftsmen and larrikins, drunkards and thieves, rogues and recidivists - and real pioneers, they helped make us who we are."

EXERCISE WITH JACK

Our new physiotherapist Jack Gangemi has been leading the Tuesday and Thursday morning exercise classes at Kiora. The sessions have become an important part of their week for many reasons, offering a gentle but effective workout for our well used bodies.

Jack is a personable and encouraging young man whose enthusiasm is infectious and it shows with class numbers steadily on the rise.



Here are just a few of the regular participants using their "muscle toning" stretchies. No prize for those that identify young Jack in the picture.

2025 AGM

The 2025 AGM provided residents with an excellent overview of both the financial and Estate activities over the past year. The major highlight was, of course the completion of the Homestead redevelopment- now finished and looking fabulous. Ed Wilson reported that all 129 units and 16 units at Kiora are fully occupied or under contract with waiting lists for both.

A comprehensive financial report was made available to residents and both Chairperson Jill House of the Residents committee and our Manager Sarah Williamson delivered excellent reports reflecting a successful and positive year for the Village.

