

# JANUARY 2026

## WHAT'S ON THIS MONTH

Meal of the day	Important Dates/Public Hols	Events in the Village	Exercise/Activity Class	Village Organised Trip
Social Activities	Guest Talk	Formal Dining (menu on back)	Casual Dinner	Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 OFFICE AND CAFÉ CLOSED Resident's New Year's Day Celebration (KL) 11:00am B.Y.O	2 OFFICE AND CAFÉ CLOSED	3 OFFICE AND CAFÉ CLOSED	4 No Sunday Roast
5 Chair Yoga (Kiora) 10:30am No Pasta Night	6 Gentle Exercise (Kiora) 11:15am Seniors Christmas Lunch (PDR) 12:00pm Private Event Bridge Club (KL) 1:00pm	7 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am No Wednesday Night Dining	8 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm Jersey Boys	9 Curry Night (KL) 6:00pm Satay Chicken	10 Kiora Café Open 9am - 12pm	11 Sunday Roast (DR) 12:30pm Roast Beef and Vegetables Dessert: Pavlova
12 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Spaghetti Bolognese	13 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	14 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	15 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm Luckiest Girl Alive	16 Birthday Morning Tea (KL) 10:30am Curry Night (KL) 6:00pm Lamb Korma	17 Kiora Café Open 9am - 12pm	18 Sunday Roast (DR) 12:30pm Roast Chicken and Vegetables Dessert: Trifle
19 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Tuna Bake	20 Gentle Exercise (Kiora) 11:15am Bridge Club (KL) 1:00pm	21 Aqua Aerobics (Pool) 9:00am Sound Healing (Kiora) 10:30am Garden Committee Meeting 10:30am (KL) Wednesday Dining (DR) 6:00pm	22 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm Forrest Gump	23 Curry Night (KL) 6:00pm Green Chicken Curry	24 Kiora Café Open 9am - 12pm	25 Sunday Roast (DR) 12:30pm Roast Pork and Vegetables Dessert: Mango Mousse
26 Australia Day Public Holiday Residents Sundowner (Kiora Rooftop) 5:30pm B.Y.O Drinks and Nibbles	27 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	28 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Resident Committee Meeting 10:30am (KL) Wednesday Dining (DR) 6:00pm	29 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm As Good As It Gets	30 Curry Night (KL) 6:00pm Beef Madras	31 Kiora Café Open 9am - 12pm	

**JANUARY  
WEDNESDAY  
DINING**

14

Wednesday Dining (DR) 6.00pm  
Beef Silverside or Garlic Prawns  
Dessert: Apricot Crumble

21

Wednesday Dining (DR) 6.00pm  
Beef Cheeks or Snapper  
Dessert: Cheesecake

28

Wednesday Dining (DR) 6.00 pm  
Lamb Chop or Barramundi  
Dessert: Tiramisu

# TENTATIVE FEBRUARY CALENDAR 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 Sunday Roast (DR) 12:30pm
2 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	3 Gentle Exercise (Kiora) 11:15am Seniors Morning Tea (PDR) 10.00am (Private Event) Bridge Club (KL) 1:00pm	4 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	5 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm Social Club Committee Meeting (Kiora) 10.00am	6 Guest Speaker (KL) 10.30am Happy Hour (KL) 5pm Curry Night (KL) 6:00pm	7 Kiora Café Open 9am - 12pm	8 Sunday Roast (DR) 12:30pm
9 Chair Yoga (Kiora) 10:30am Mexican Night (KL) 6:00pm	10 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (PDR) 1:00pm	11 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	12 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	13 Guest Speaker (KL) 10.30am Curry Night (KL) 6:00pm	17 Kiora Café Open 9am - 12pm	15 Sunday Roast (DR) 12:30pm
16 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	17 Gentle Exercise (Kiora) 11:15am Bridge Club (KL) 1:00pm	18 Aqua Aerobics (Pool) 9:00am Sound Healing (Kiora) 10:30am Garden Committee Meeting (PDR) 10:30am Wednesday Dining 6:00pm (DR)	19 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	20 Birthday Morning Tea (KL) Curry Night (KL) 6:00pm	21 Kiora Café Open 9am - 12pm	22 Sunday Roast (DR) 12:30pm
23 Chair Yoga (Kiora) 10.30am Pasta Night (KL) 6.00pm	24 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	25 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10.30 am Resident Committee Meeting 10:30am (PDR) Wednesday Dining 6:00pm (DR)	26 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	27 Guest Speaker (KL) 10:30am Curry Night (KL) 6:00pm	28 Kiora Café Open 9am - 12pm	