



CHRIST CHURCH INTERGENERATIONAL VISIT

Date: Friday 20th March 2026 | **Time:** 10:30am - 11:00am | **Where:** Kingsmill Lounge

We are delighted to welcome the pre-primary students from Christ Church Grammar School to St Louis Estate as part of our ongoing intergenerational program. The students, along with their teachers, will visit during our March Birthday Morning Tea to join in the celebrations and have a chance to engage with residents and share stories and experiences as part of their Humanities and Social Sciences program focusing on history and memories.



EASTER RAFFLE – DONATIONS & TICKETS

Easter will soon be upon us, and we have commenced collecting donations at Reception for our **Annual Easter Raffle**.

We hope to put together some great prizes, but we can't do that without all the wonderful donations from our residents and families! Kristina will be happy to gather any of the Easter eggs, chocolates, or wine you'd like to donate to make our raffle a great success. If you'd like us to collect them from your unit, please phone reception to arrange.

The raffle will be drawn on **Thursday, 2nd April 2026**, in the **Kingsmill Lounge**. All proceeds will be donated to the **St Louis Social Club** to be used to support social activities in the Village and interaction among residents. All your support is appreciated.

The hunt will be on... for the winners of our Easter Raffle.



CHRIST CHURCH COMMUNITY SERVICE PROGRAM

The students and staff of Christ Church Grammar School have recommenced visiting St Louis Estate residents since February. The students' visits have an important focus on serving our community and interacting with and assisting residents.

Activities have been taking place in the Kingsmill lounge with volunteer resident Alan Frink providing some valuable table tennis lessons and games interaction, other residents are welcomed and encouraged to attend, the pool table and other giant games and puzzles are available for use every Friday.

The visits can also include students helping residents with computers, televisions, mobile phones, other IT queries, car washing or small tasks around the home. The **visits take place on Friday afternoons from 1:30pm - 2:45pm**. Please register your interest to be included in any aspect of the community service program with reception.

REMINDER PUBLIC HOLIDAY CLOSURES

LABOUR DAY

St Louis Reception, **Kitchen/Café & Kiora Café will be closed on Monday 2nd March** for the Labour Day Public Holiday. There will be **no Casual Dinner or Yoga Class** held on this day.

Home Delivery Meals are available for pre-order via reception which will be delivered on Sunday 1st March.

EASTER WEEKEND

St Louis Reception, **Kitchen/Café & Kiora Café will be closed on Good Friday 3rd April** through until we **reopen on Tuesday 7th April** for the Easter long weekend. There will be **no Casual Dinners or Sunday Roast** on during this closure, and **yoga class will be cancelled on Easter Monday 6th April**. Home Delivery Meals are available for pre-order via reception and will be delivered on Thursday 2nd April 2026.



MARCH MOVIES

If you have a special request for a movie your fellow residents may enjoy, please advise us via reception. Every Thursday at 1:30pm in the Kingsmill Lounge.



Babe | Adventure/Comedy
Thursday 5th March
Cast: James Cromwell, Magda Szubanski, Christine Cavanaugh
Running time: 1hr 31min



Charlotte's Web | Adventure/Comedy
Thursday 12th March
Cast: Amy Adams, Natalie Chan, Keith David
Running time: 1hr 20min



The Lion King | Adventure/Family
Thursday 19th March
Cast: Matthew Broderick, Jeremy Irons, James Earl Jones
Running time: 1hr 28min



Wicked | Fantasy/Musical
Thursday 26th March
Cast: Cynthia Erivo, Ariana Grande, Jeff Goldblum
Running time: 2hr 40min



MOVIE OF THE WEEK

Please send in any suggestions or requests for the Thursday Movie of the week to reception.

NEW SCRABBLE CLUB

Do you enjoy word games, friendly competition, or meeting fellow word-lovers? We are launching a Scrabble Club at St Louis Estate and would love for you to join it.

The club will run fortnightly at 1pm on the first Thursday of each month on the same weeks as our Bridge club. Please contact reception for additional information but we look forward to seeing you at our first event on Thursday 5th March 2026.

GUEST SPEAKERS



Join us every Friday in the Kingsmill Lounge at 10:30am for this month's guest speakers.

David Taylor | 6th March

AI in Music

An interactive performance demonstrating how AI is about to change everything. David Taylor who is studying music at UWA, has been researching and experimenting with AI in music and constructed several compositions using AI. This interactive demonstration will walk through the process of creating music using AI, from basic themes and genres to the more advanced and demonstrate the way in which AI is already disrupting the music industry.

The session is intended to be interactive, inviting members of the audience to contribute ideas, stories or the like which will be used as the basis to create and play musical compositions. There will also be some discussion on the use of AI and the impact on the music industry.

Claremont Lions Club | 13th March

The Claremont-Nedlands Lions Club was formed in 1986 and is part of the Lions Club International which started in 1917. Here in the Western Suburbs, the Club is best known for fighting blindness and aiding seniors and the disabled.

The Claremont-Nedlands Lions Club will have a representative visit to let you know of the Club's activities and, if you wish, how you can get involved.

Sharyn | 27th March

Little Eeden Farm

Home to premium bush honey, the delightful The Hive Café, and the relaxing Little Eeden Pine Camp.

Pure Bush Honey

At Little Eeden Farm, our bees gather nectar from a diverse range of trees across our property, neighbouring farms and across Western Australia, producing a distinctive, unprocessed honey. Our variety of honey offers a beautifully balanced blend of natural bush flavours. We also take pride in crafting unique infused honey varieties, thoughtfully created using only fresh, locally sourced ingredients. Each batch reflects our commitment to quality, creativity, and the natural goodness of our region.

MONTHLY EVENTS



BRIDGE CLUB

Date: Tuesday 3rd and 17th March
Time: 1pm **Where:** KL

SOCIAL COMMITTEE MEETING

Date: Thursday 5th March
Time: 10am **Where:** Kiora

SCRABBLE CLUB

Date: Thursday 5th and 19th March
Time: 1pm **Where:** PDR

HAPPY HOUR

Date: Friday 6th March
Time: 5pm **Where:** KL

MAH JONG

Date: Tuesday 10th and 24th March
Time: 1pm **Where:** KL



GARDEN COMMITTEE MEETING

Date: Wednesday 18th March
Time: 10:30am **Where:** KL

CELEBRATE ST LOUIS MORNING TEA

Date: Friday 20th March
Time: 10:30am **Where:** KL

RESIDENT COMMITTEE MEETING

Date: Wednesday 25th March
Time: 10am **Where:** KL

SOCIAL CLUB EVENT

Date: Saturday 28th March
Time: 6pm **Where:** KL

ST LOUIS CARE AT HOME – NURSING CARE SERVICES

St Louis Care at Home have registered nurses working Monday to Friday, as part of the home care service offerings. Our nurses service over 130 valued clients both in the community and St Louis Estate, therefore, it is essential that appointments are made in advance, for a registered nurse visit.

In the case of a medical emergency, please activate your Blue Force alarm, for Blue Force to reach your registered next of kin or emergency medical services (Ambulance) on your behalf. If a registered nurse attends to your medical emergency from St Louis Care at Home, the following nursing care charges will apply.

Nursing Care Fees: Home Care Clients

Minutes	Weeks Days (6am - 1pm)	After 1pm
15 mins + 15 mins Clinical Note	\$104.24	\$106.39
30 mins + 15 mins Clinical Note	\$140.25	\$144.00
45 mins + 15 mins Clinical Note	\$166.25	\$171.60
60 mins + 15 mins Clinical Note	\$206.25	\$213.21

Nursing Care Fees: Fee for Service Clients

Minutes	Weeks Days (6am - 1pm)	After 1pm
15 mins + 15 mins Clinical Note	\$97.95	\$99.88
30 mins + 15 mins Clinical Note	\$130.35	\$133.73
45 mins + 15 mins Clinical Note	\$153.75	\$158.57
60 mins + 15 mins Clinical Note	\$189.75	\$196.01

NEWSPAPERS – TO BE LEFT IN CAFES FOR ALL TO READ

Please remember that the newspapers in the Café are for the use and enjoyment of all residents. We kindly request that you **do not remove** the newspapers or any part of the newspapers from the café area. It is being reported by fellow residents regularly that there are no papers left in the cafe to read by mid-morning. If you wish to read the newspaper in your home, we are happy to assist you in arranging a newspaper delivery directly to your unit.

GOPHER PARKING AT THE HOMESTEAD

We would like to remind all residents that when you visit the homestead on your gopher, we request all gophers be parked along the wall on the southern side of the veranda.

Please refrain from parking on the northern side near the water fountain or on the lawn.

MARCH BIRTHDAYS

We would like to wish a Happy Birthday to all the March born St Louis residents and staff!



WELCOME TO OUR NEW RESIDENTS!

St Louis Estate would like to extend a very warm welcome to our new residents!



ST LOUIS CARE AT HOME UPDATE

MARCH 2026

THINKING ABOUT HOME CARE SERVICES?

Hello, my name is Karena Sherriff, St Louis Care at Home Manager. I joined the Home Care team in early 2022, with over twenty years of experience in community aged care. I would be delighted to assist you or your loved one in navigating the home and community care service industry. I am available Monday to Thursday weekly to explore a broad range of personally tailored home care service options with you.

To enquire about booking a visit, please phone **(08) 9385 3406** or email homecare@stlouiscareathome.com.au

SUPPORT AT HOME

St Louis Care at Home offers a range of in-home support services tailored to your needs and preferences, as part of the Support at Home program (government subsidised). If you're waiting for your My Aged Care Approved Support at Home services, our fee for service offerings can assist you in the interim with housekeeping, preparing meals, personal care, shopping, gardening, and transport. To enquire about our fee for service rates, including 24/7 hr care options, please contact the Home Care Office on **(08) 9385 3406**. We service Perth's Western Suburbs (North Fremantle to West Perth, inclusive).

SHOPPING BUS SERVICE

St Louis Home Care offers a Thursday shopper bus service to all residents of St Louis Estate. The service leaves the Homestead at 1:00pm, each Thursday, and returns to St Louis Estate at 2:30pm.

The Shopper bus service fee is \$15.00 per person. No bookings are required.



DO YOU KNOW A VETERAN WHO MIGHT BENEFIT FROM NURSING OR PERSONAL CARE?

St Louis Care at Home is an approved Department of Veteran Affairs provider offering community nursing and personal care services to eligible veterans across the Western Suburbs of Perth. If you have a Gold or White Veterans card, please enquire about our veteran services by phoning (08) 9385 3406 or emailing homecare@stlouisestate.com.au. We look forward to hearing from you.

For further information on St Louis Care at Home services please visit our website: www.stlouiscareathome.com.au. You can find **St Louis Care at Home** at Unit 57, 10 Albert Street, St Louis Estate, or at our Cottesloe Office, Level 1, 525 Stirling Hwy, Cottesloe. Our friendly and helpful team is available Monday to Friday, 8 am to 3 pm, on (08) 9385 3406 to answer any home care enquiries you might have for yourself, a family member, friend, or neighbour at St Louis Estate or from across Perth's Western Suburbs.

RESIDENTS' ROVING REPORTER

MARCH 2026

EDITOR: MR JAMES NATT

Australia Day

THE SOCIAL CLUB SUNDOWNER

The Social Club held its traditional end of month function at a new venue in January, taking to the rooftop of Kiora. Although it turned out to be the coolest Australia day evening in 27 years, the weather did little to dampen spirits. The event attracted a strong response from residents, with more than 50 people enjoying a relaxed social sundowner, a great atmosphere, and the chance to connect with friends and neighbours.



Anne Marie Baker to Charlie Townsend:

"Hey Charlie, wheres ya Aussie clobber Mate?"
Our beloved "Yank"
Charlie replies:
"What the ???? did she say?"



The Social Club presents an exciting exhibition for you to consider.

THE TITANIC

Book early at the Office.



Created by Musealia and Titanic historian and expert Claes-Göran Wetterholm, this experience separates fact from fiction like never before. An audio guide in English will serve as your narrator, bringing every historical account to life with music, sound effects and testimonies from Titanic passengers and crew. Unravel the true story of the ship as you embark on a trip through time bringing you closer to the myths, stories and the real history of the Titanic.



An audio guide will take you on a narrative experience describing the events on that fateful day in 1912.



Unravel the true story of the ship through personal belongings, photographs and other relics.



Walk through a recreation of the ship's interior-from a first-class suite to a humble third-class cabin.

THURSDAY 9TH APRIL | 9.30 - 12.30

COACH & TOUR | \$50 PER PERSON | BUY YOUR LUNCH AT MUSEUM CAFÉ | BOOK AT OFFICE | **CLOSES 1ST APRIL**

HAPPY HOUR

Once a month, our village offers residents a perfect excuse to step out, raise a glass, and enjoy a bit of laughter with familiar faces and new friends alike. No speeches, no fuss, just easy conversation, and a friendly welcome for everyone. Whether you stay for ten minutes, or the whole hour, it's a pleasant way to add a little sparkle to the month.



THE ESTATE RESIDENTS COMMITTEES

The key role in our various Residents committees is in building a good community life. Committees are made up of volunteers, all residents, all willing to help and receiving no financial gain. In the end, the value of a resident committee is measured not by minutes taken or meetings held but that even in retirement contribution matters and that when people volunteer not for gain but for good the whole community thrives.

THE RESIDENTS COMMITTEE

The role of the Residents committee at St Louis Estate is to help look after the interests of the residents by providing a forum and liaising with Management to help maintain a happy, caring and safe village environment. The members are all volunteers and the Social and Gardening Committees are represented on the Residents committee. Meetings are held once a month. Representatives from Management attend these meetings and concerns relating to village life are raised and discussed.

Please feel free to contact members, or to attend these meetings as a visitor.

- Jill House (Chairperson)



Back row from left: Sandy Clarkson, Barry Moore, Jim Larkins, Ron Hassell, Jan Harley, Trish Quinlan, Meikle Meecham, Jim Natt Seated front Colin Jameson, Jill House (Chair), Pauline Evans (Sec.), Joy Sinclair.

THE SOCIAL CLUB COMMITTEE

The Social Committee is currently made up of approx. seven members and works closely with residents. It meets once a month to discuss what they believe would be the most interesting events for the Residents. These include such events as BBQs, Pizza nights, special events such as New Years day drinks, Australia Day, Bingo and Burgers night, jazz nights etc. Special events such as visits by School Music performances, outside musicals and visits to interesting venues. They accumulate funds from fetes and raffles to be able to purchase items that may be needed by the village.

New members are welcome.

- Peter Hunt (Chairman)



Back row from left: Rod Dale, Jim Larkins, Jim Natt, Jan Harley, Kerrie Roberts
Front Row: Debbie Frink (Sec), Peter Hunt (Chair), Robin Tunnicliffe

THE GARDENING COMMITTEE

The gardening committee exists to support the care, maintenance, and ongoing enhancement of the Estates gardens. The committee works with management in looking for improvement and advancement of the common and private gardens of the Estate. The committee is advisory in nature drawing on the experience and interest of residents who value the importance of attractive and well-maintained garden, in creating a pleasant, and welcoming community environment.



Back row from left: Oli, Meikle Meecham, Jim Natt, Rachel Letts, Michael Prevost. Seated: Jim Larkins, Barbara Hammonds, Colin Jameson. Absent: Beverley Hull (Chair), Sue Campbell

MORNING MELODIES 2026

Get ready for another year of live music at His Majesty's Theatre.

Morning Melodies - Perth's much loved daytime concert series. Once again, The Social Club will be offering its popular "Bus-Concert- Lunch" package deals, making it easy, relaxed, and enjoyable to attend. With transport to the theatre door, music, and a pleasant lunch, all taken care of.



The Puccini Gala 10TH JUNE

The Opera stars of the future performing the soaring melodies of Puccini make this concert an unmissable morning at the Opera.



Christmas with Gilbert and Sullivan 17TH DECEMBER

O come, all ye faithful fans of Gilbert and Sullivan. Join us for a merry morning of Christmas carols and Gilbert & Sullivan songs and chorus.



Soulphonic 4TH NOVEMBER

Experience the glory days of soul like never before in *Soulphonic*, a spectacular show presented by the Milford Street Shakers. Music from artists like Marvin Gaye, The Supremes, Aretha Franklyn, and Ray Charles. Packed with get up and dance. *Soulphonic* sells out performances across Australia.



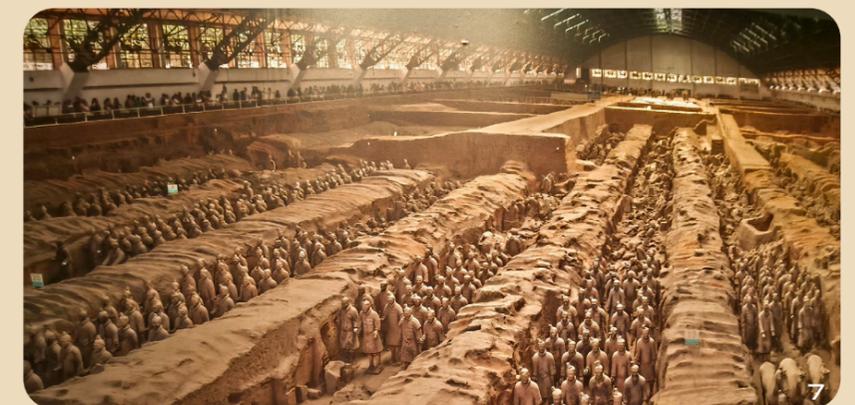
THE TOUCH OF EMPEROR

The Tomb of Emperor Xi of Qin Dynasty

The royal tomb, built in the feudal age of China was discovered in 1974 by local farmers. The Terracotta Army is a collection of terracotta sculptures depicting the armies of Qin Shi Huang the first Emperor of China. It is a form of funerary art buried with the Emperor in 210 BC with the purpose of protecting him in his afterlife. Altogether there are about 8000 soldiers, 130 chariots with 520 horses, the majority of which remain in situ in the pits near Qin shi mausoleum (Ref Picture). All the Terracotta found here are great works of art. They reflect both the exquisite workmanship of sculpture, and the advanced Metallurgical technique of the ancient Chinese people who lived about 2000 years ago.



Happy group of residents who enjoyed the Terracotta Army exhibition



RESIDENTS' ROVING REPORTER

EDITOR: MR JAMES NATT

ABOVE THE DECK

A Pilot's life in the Fleet Air Arm

Michael King gave us a fascinating and highly informative talk about his experiences as a pilot in the Fleet Air Arm aboard the aircraft carrier Ark Royal. The insights he gave into the life of a Navy pilot particularly the skill discipline and nerve required to land aircraft on a carrier were captivating and gave us a real appreciation of just how demanding and exciting that role was. Of course he blended some romance into his talk by telling us how he met and courted his wife Margie, when the Ark Royal docked at Fremantle.



Pictured with Michael are daughters Amelia (left), Helen and Granddaughter Amelia with Helen's husband Wayne



DEVONSHIRE TEA AT KIORA

Captured for posterity is a most impressive round table, laden with scones, jam and cream and surrounded by eight elegant ladies and one very brave gentleman. Clearly outnumbered but smiling all the same he seems to be enjoying the Devonshire tea almost as much as the lively conversation swirling around him.

ERNIE TURPIN

Whose journey has been as varied as it has distinguished.

A qualified cartographer with a postgraduate degree in management Ernie spent twenty five years lecturing then in a remarkable second chapter his vocation turned fully to art.

For the past twenty five years he has not only developed into an accomplished artist himself, but has also shared his passion and expertise as a professional art teacher.



Pictured with Ernie receiving some artists advice is Ric Abercromby