

RESIDENT NEWSLETTER

JULY 2026



ST LOUIS ESTATE
LIVE WELL

CHRISTMAS IN JULY



Date: Friday 24th July
Time: 12pm | **Price:** \$50.00 per person, which includes a delicious 3-course meal.

Join us to celebrate Christmas in July, a delicious mid-year treat, with good friends, great food and a few surprises. You will be treated with a traditional style, Gourmet Christmas lunch with all the trimmings and an afternoon of festivity, you know you don't want to miss.

Bookings are essential via Reception. | RSVP closes Friday 17th July.



FRIENDLY REMINDER - COMMUNAL BIN AREAS

We request all Residents please be mindful of other residents sharing the communal bin area, we ask that residents ensure items are placed in the correct bin. Where possible, could you please wash and crush down bottles, cans and cardboard boxes prior to putting them into the recycling bins. Please also note that shredded paper must be put in the general waste bin not the recycling bin.

Thanks very much for your understanding and cooperation.

SUPPORT OUR LIONS CLUB NEWSPAPER RECYCLING PROGRAM

A friendly reminder to please save your newspapers for the Lions Club recycling program rather than placing them in general waste or recycling bins.

Accepted items:

- Newspapers only
- Folded neatly
- Clean and dry
- Free from food scraps or other contamination

Please do not include:

- Glossy magazines
- Catalogues or junk mail
- Soiled or wet paper

Drop-off locations:

- The newspaper-only collection crate located between the Administration Office and Unit 55
- Selected newspaper collection crates located in designated bin rooms throughout the village

The Lions Club recycles these newspapers to raise funds for valuable community projects, including disaster relief, youth programs, hospitals, scholarships and other local charitable initiatives.

Thank you for helping support this worthwhile community program.



SEEKING EOIS FOR ART EXPO

Date: 5th -7th of August

We invite all St Louis Estate Residents to share your creativity and be part of our much-loved Art Expo in 2026. Registrations for artists wishing to exhibit their artwork are now open.

Please submit your completed registration forms to Reception ASAP should you wish to participate.

REMINDER: NO CURRY NIGHT 24TH JULY

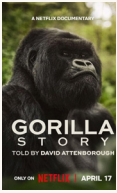
Please note there will be no Casual Dining Curry Night on Friday 24th July 2026 due to Xmas in July luncheon.

RESIDENT NEWSLETTER

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MONTHLY MOVIES

If you have a special request for a movie your fellow residents may enjoy, please advise us via reception. **Every Thursday at 1:30pm in the Kingsmill Lounge. (No movie on the 23rd.)**



A Gorilla Story by David Attenborough | 2nd July

Veteran naturalist Sir David Attenborough tells the story of a remarkable group of gorillas, from his first encounter in the '70s to the present day.



Elf | 9th July

A man raised by Santa's elves travels from the North Pole to New York City to meet his biological father, who doesn't know he exists and is in desperate need of some Christmas spirit.



Rams | 16th July

A decades-long feud between two sheep farming brothers comes to a head when disaster strikes their flocks.

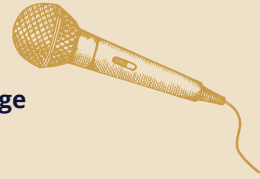


The Thursday Murder Club | 30th July

Four irrepressible retirees spend their time solving cold case murders for fun, but their casual sleuthing takes a thrilling turn when they find themselves with a real whodunit on their hands.



GUEST SPEAKERS



Join us in **every Friday in the Kingsmill Lounge at 10:30am** for this month's guest speakers.

Bill Reynolds | 3rd July

History of Cricket in Western Australia

Bill Reynolds is a registered professional historian and belongs to local, national and international history societies and to the Cricket charity, The Lords Taverners.

Bill is a retired farmer and agricultural consultant. In Cricket, he has been a player, coach, umpire and has written two books on WA cricket and has been a ground tour guide for the WACA.

On July 3rd, he will speak about the History of Cricket in Western Australia.

Richard Offen | 10th July

Early Photographs of Perth

Photography, as we know it, emerged in the early 1800s with the work of Nicéphore Niépce, who created the first permanent photograph. This was followed by the invention of the daguerreotype by Louis Daguerre and the calotype by William Henry Fox Talbot, both in 1839. These inventions laid the foundations for modern photography.

The State Library has a huge collection of photographs of Western Australia, its people and places. These include many taken in the 1860s by amateur photographer Alfred Stone, just twenty years after the first photographs saw the light of day. For this talk Richard has selected pictures of Perth taken between 1860 and 1899. Some places you will recognise, others are long-gone.

Laurie Varendorff | 31st July

Le Grande Tour

In 1963/4 I travelled from Brisbane via Sydney where I boarded the P&O SS Canberra liner to Naples then Rome & Munich Germany then back to Naples Italy via Innsbruck, Trento, Milan, Florence, Tower of Pisa, Rome, Naples then Catania Sicily. Back up the Adriatic Coast to the country of San Marino and up to Innsbruck Austria to attend the 1964 Winter Olympics. Back to Venice, Genoa and Monaco, Nice, Cannes, Marseille then on to Barcelona Spain where Lou & I left the van to work as Professors Anglaise. I hitchhiked to London 1,500km to pick up the VW Kombi then back to Barcelona via Andorra, then onto Valencia, Alicante, Granada, Malaga, Gibraltar then across to Tangiers, Morocco North Africa via Spanish Ceuta. Back to Gibraltar, Jerez de la Frontera, Seville, Madrid and through France to Boulogne-Sur-Mer and a Ferry to Dover & finally London UK where I worked as a Swimming Instructor and then after several months to Amsterdam via Harich and the Hook of Holland and on a Super G Constellation to New York USA stopping off at Shanno Ireland, then Gander Newfoundland Canada a 20 hour flight in a four piston engined aircraft.



MONTHLY EVENTS

SCRABBLE CLUB

Date: Every Thursday (2nd, 9th, 16th, 23rd, 30th)

Time: 1pm **Where:** PDR

BRIDGE CLUB

Date: Tuesday 7th and 21st

Time: 1pm **Where:** KL

SOCIAL COMMITTEE MEETING

Date: Thursday 9th July

Time: 10am **Where:** Kiora

SATURDAY SUNDOWNER

Date: Saturday 11th July

Time: 5pm **Where:** KL

MAH JONG CLUB

Date: Tuesday 14th and 28th

Time: 1pm **Where:** KL



GARDEN COMMITTEE MEETING

Date: Wednesday 15th July

Time: 10:30am **Where:** KL

CELEBRATE ST LOUIS MORNING TEA

Date: Friday 17th July

Time: 10:30am **Where:** KL

RESIDENT COMMITTEE MEETING

Date: Wednesday 22nd July

Time: 10am **Where:** KL

SOCIAL CLUB EVENT

Date: Saturday 25th July

Time: 5pm **Where:** KL



NEW NATIONAL EMERGENCY WARNING SYSTEM - AUSALERT

Residents may soon hear a loud warning sound from their mobile phones as part of a nationwide test of the Australian Government's new emergency warning system, AusAlert.

AusAlert is a new national emergency alert system that will be used to quickly send warnings to people during serious emergencies such as bushfires, floods, cyclones, severe weather events, public health emergencies and security threats. The system is designed to provide faster and more targeted warnings than traditional SMS alerts. Before the system is officially launched later this year, a nationwide test will be conducted on Monday 27 July 2026. Everyone in Australia with a compatible mobile phone, and some smart watches and tablets, may receive the test alert.

What to expect

For residents in Western Australia, the test is scheduled for: **Monday 27 July 2026 at 12:00pm (AWST).**



At the time of the test

Your device may vibrate and emit a loud siren-like warning sound for approximately 10 seconds. The alert may sound even if your phone is set to silent or "Do Not Disturb" mode. A message will appear on your screen clearly stating that it is a TEST and that no action is required.

No need for concern

This is simply a national system test to ensure AusAlert works correctly before it is used during real emergencies. Residents do not need to take any action if they receive the test message. The new AusAlert system is expected to be operational across Australia from October 2026 and will help emergency services provide timely warnings when lives and property may be at risk. **For more information, visit: www.ausalert.gov.au**

2026 AUSTRALIAN CENSUS - TUESDAY 11 AUGUST 2026

CENSUS



The next Australian Census will take place on Tuesday 11 August 2026.

Residents living at St Louis Estate on Census Night (**Tuesday 11 August 2026**) will be required to complete a Census form. The ABS has advised that Census staff will visit each unit to deliver Census forms and information to residents from in late July. Once completed, paper forms can be returned using the Reply Paid envelope provided. Residents who prefer can complete the Census online using the instructions supplied with their Census materials, wherever they have access to the internet.

Need assistance?

If you require help completing your Census form, you may ask a family member, friend or trusted person to assist you. Residents can also contact the ABS directly for support.

Please note that St Louis staff are unable to complete Census forms on behalf of residents, however we will be happy to assist residents in accessing information and support services if required.

Remember: Everyone staying in your home on **Census Night - Tuesday 11 August 2026** should be included on your Census form.

ST LOUIS CARE AT HOME UPDATE

JULY 2026

ALL ABOUT SUPPORT AT HOME CARE

You can find **St Louis Care at Home** at Unit 57, 10 Albert Street, St Louis Estate, or at our Cottesloe Office, Level 1, 525 Stirling Hwy, Cottesloe.

Our friendly and helpful team is available Monday to Friday, 8am to 3pm, on (08) 9385 3406 to answer any home care enquiries you might have for yourself, a family member, friend, or neighbour at St Louis Estate or from across Perth's Western Suburbs.

Our Home Care programs include:

1. Home Care Packages Levels 1-4
2. Support at Home Levels 1-8
3. Department of Veteran Affairs – Personal and Nursing Care
4. Restorative Care
5. Assistive Technology and Home Modifications
6. Fee for Service

To find out more about registering with My Aged Care for an assessment for home care services, please contact, Karena Sherriff on **(08) 9385 3406**.

SHOPPING BUS SERVICE

St Louis Home Care offers a Thursday shopper bus service to all residents of St Louis Estate.

The service leaves the Homestead at **1:00pm, each Thursday**, and returns to St Louis Estate at 2:30pm.

The Shopper bus **new service fee is \$20.00** per person from July 2026. No bookings are required.



NOW ON SOCIALS



St Louis Care At Home is now on Facebook and Instagram. Please join and follow our pages to share with friends, family and neighbours seeking a local quality home care provider.

To find us on either Facebook and Instagram, search St Louis Care at Home and click follow. We look forward to you joining our friendship circle.



St Louis Estate Social Club invites you to...

BURGERS AND BINGO NIGHT

Get ready for a night of laughter, good food and big wins!

The burgers are made fresh by "Grill'd", the recognized best burgers in town. Two burger sliders with fresh side salads to complete a tasty meal.

Four games will be played with the winner of each receiving a mystery prize. And stand by for surprises during the night?

Date: Saturday 25th July

Time: 5:00pm | Get together in tables of six for a BYO drinks and nibbles
5:30pm | Burgers arrive and served to tables
6:00pm | Bingo Begins, "Eyes Down"

Price: \$20.00 per person, which includes 4 games of Bingo
Bookings are essential via the office. Bookings close Wednesday 22nd July.

Burger options include:

- Beef slider with tasty cheese, mustard, pickle, tomato sauce & egg mayonnaise
- Chicken breast slider with brie cheese, cranberry sauce & herbed mayonnaise



THE PERTH MINT GOLD TOUR

A full bus of residents enjoyed a most informative tour of the Perth Mint, another package presented by your Social Club.

The Perth Mint opened in 1899 as the third Australian branch of Britain's Royal Mint. Their purpose was to refine the gold discovered in WA's gold fields and turn it into sovereign coins for use throughout the British Empire and beyond. Over the next three decades the Mint produced more than 106 million sovereigns and 735,000 half sovereigns from West Australian gold. As one of Australia's top exporters they create expertly crafted commemorative coins together with many of Australia's most sought after legal tender bullion.



Ray House "I wonder if they'll notice if I slip this into my pocket and walk very, very slowly."



*This is a replica of the Normandy Nugget
The largest nugget ever found on the
Kalgoorlie Goldfields.*



"Like liquid Gold" an expression used for many things. But this is the real thing when we saw gold in molten form transformed into a solid bar. A fascinating process to see.

RESIDENTS' ROVING REPORTER

JULY 2026

A SWINGING SUCCESS

The Social Club's recent jazz concert struck the right notes attracting an enthusiastic audience of 70 residents for an evening of toe tapping entertainment.

Residents thoroughly enjoyed the relaxed atmosphere with many humming along and some even unable to resist a gentle sway to the music.

It was another successful social club event bringing friends and neighbours together for a memorable celebration of great jazz and good company.



Diane Heseltine, Helen Spring and Kerrie Roberts mouthing the songs in unison like the Andrew Sisters



Jenny Edwards, Cloe Dale and Margie King ex Loreto Convent girls who remembered singing some of the songs in their school days.



Kingsmill was "Full and Jumping!"



The Melody Masters delivered another excellent Jazz programme.



Debbie and Alan Frink remember their swinging days in "the States" Alan "I was a fantastic Jitterbugger" man!

HEALING THROUGH DANCE AND MOVEMENT

Susie Craddocks presentation drew on her extensive experience working with an NGO at Kolkata using the healing power of dance to bring joy and wellbeing to groups of Indian women who have suffered physical and mental trauma.

Films of the dancing groups with their graceful movements demonstrated the emotional impact that a simple and accessible movement experience can have in building confidence, relationships and feelings of happiness.

After her talk Susie guided audience members through some simple dance movements.



Jill House Chair of the Residents committee giving her Annual report with Ed Wilson looking as though he had just been told the Coffee machine is broken!

BUDGET TIME

Management presented the Estates annual budget to residents, carefully explaining the figures. While a few modest increases and adjustments were necessary, the presentation was handled with openness, good humour and reassurance that every effort is being made to keep our village running smoothly comfortably and with the wonderful lifestyle we all enjoy.

SOUP BUFFET

Residents gathered for a delightful winter Warmer Soup Buffet, enjoying a choice of five delicious homemade soups that provided the perfect comfort on a chilly day.

Just when everyone thought they could not fit in another mouthful, a generous serving of ice cream appeared to round off the meal in style.

The lunch was made even more meaningful by residents wonderful support of our warm clothing collection for the homeless.



Diana Heseltine returns to the buffet "Which one will I try?" she thinks.

MORNING TEA FOR CANCER RESEARCH

Management hosted a wonderfully cheerful morning tea for our residents complete with fun quizzes, raffles with plenty of laughter and a dining room filled to capacity.

Not only did everyone enjoy a terrific social gathering, but in the true spirit of community generosity the event also raised an outstanding \$3000 plus for Cancer Research. Proof that a good cup of tea and a few raffle tickets can achieve remarkable things.



Margaret Graham (right) was a raffle winner. Sue Hardie seems happy for her.



Ric Abercromby had to stand up to review the "goodies" in the food tower before her, seated is Verna Smith.



Hilary Heptinstall was another happy winner in the Raffle.



Sarah Williamson teased Residents with a little "comp"! Guess the number of tea bags in the container? There was 225 and Trish Quinlan was just 200 out on her estimate!