

JULY 2026

WHAT'S ON THIS MONTH

Meal of the day	Important Dates/Public Hols	Events in the Village	Exercise/Activity Class	Village Organised Trip
Social Activities	Guest Talk	Formal Dining (menu on back)	Casual Dinner	Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	2 Gentle Exercise (Kiora) 11:15am Scrabble Club (PDR) 1:00pm Movie (KL) 1:30pm A Gorilla Story: Told by David Attenborough	3 Guest Speaker (KL) 10:30am Bill Reynolds "History of Cricket in Western Australia" Curry Night (KL) 6:00pm Thai Red Beef	4 Kiora Café Open 9am - 12pm	5 Sunday Roast (DR) 12:30pm Roast Beef and Vegetables Dessert: Chocolate Mousse
6 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Chicken and Vegetable Lasagne	7 Gentle Exercise (Kiora) 11:15am Seniors Morning Tea (PDR) 10:30am (Private Event) Bridge Club (KL) 1:00pm	8 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	9 Gentle Exercise (Kiora) 11:15am Social Committee Meeting (Kiora) 10:00am Scrabble Club (PDR) 1:00pm Movie (KL) 1:30pm Elf	10 Guest Speaker (KL) 10:30am Richard Offen "Early Photographs of Perth" Curry Night (KL) 6:00pm Lamb Korma	11 Kiora Café Open 9am - 12pm Saturday Sundowner 5.00pm (KL) Everyone Welcome BYO Drinks and Nibbles	12 Sunday Roast (DR) 12:30pm Roast Turkey and Vegetables Dessert: Panna Cotta
13 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Spaghetti Bolognese Order of Australia Private Event (PDR)	14 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	15 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Garden Committee Meeting (PDR) 10:30am Wednesday Dining (DR) 6:00pm	16 Gentle Exercise (Kiora) 11:15am Scrabble Club (PDR) 1:00pm Movie (KL) 1:30pm Rams	17 Birthday Morning Tea (KL) 10:30am Curry Night (KL) 6:00pm Penang Chicken Curry Last day to RSVP to the Christmas in July Lunch.	18 Kiora Café Open 9am - 12pm	19 Sunday Roast (DR) 12:30pm Roast Chicken and Vegetables Dessert: Tiramisu
20 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Fettucine Carbonara	21 Gentle Exercise (Kiora) 11:15am Bridge Club (KL) 1:00pm	22 Aqua Aerobics (Pool) 9:00am Sound Healing (Kiora) 10:30am Resident Committee Meeting (PDR) 10:30am Wednesday Dining (DR) 6:00pm Last day to RSVP to the Burgers and Bingo Event.	23 Gentle Exercise (Kiora) 11:15am Scrabble Club (PDR) 1:00pm	24 Christmas in July Lunch (DR) 12:00pm *Bookings Essential* RSVP BY 17/07/26 NO Curry Night	25 Kiora Café Open 9am - 12pm Social Club Event (KL) 5pm Burgers and Bingo *Bookings Essential* RSVP BY 22/07/26	26 Sunday Roast (DR) 12:30pm Roast Pork and Vegetables Dessert: Trifle
27 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Penne all'Arrabbiata	28 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	29 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	30 Gentle Exercise (Kiora) 11:15am Scrabble Club (PDR) 1:00pm Movie (KL) 1:30pm The Thursday Murder Club	31 Guest Speaker (KL) 10:30am Laurie Varendorff "Le Grande Tour" Curry Night (KL) 6:00pm Beef Massaman Curry		

**JULY
WEDNESDAY
DINING**

1 Wednesday Dining (DR) 6.00 pm Beef Fillet or Snapper Dessert: Sticky Date Pudding	8 Wednesday Dining (DR) 6.00 pm Barramundi or Lamb Chop Dessert: Apple and Rhubarb Crumble	15 Wednesday Dining (DR) 6.00 pm Garlic Prawns or Chicken Kiev Dessert: Mango Mousse	22 Wednesday Dining (DR) 6.00 pm Porterhouse or Salmon Dessert: Mini Pavlova	29 Wednesday Dining (DR) 6.00 pm Cod Fillet or Beef Cheeks Dessert: Self Saucing Chocolate Pudding
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TENTATIVE AUGUST CALENDAR 2026



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3 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	4 Gentle Exercise (Kiora) 11:15am Seniors Morning Tea (PDR) 10.00am (Private Event) Bridge Club (KL) 1:00pm	5 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	6 Gentle Exercise (Kiora) 11:15am Social Committee Meeting (Kiora) 10:00am Movie (KL) 1:30pm Art Expo	7 Guest Speaker (KL) 10.30am Happy Hour 5:00pm (KL) Curry Night (KL) 6:00pm Art Expo	8 Kiora Café Open 9am - 12pm	9 Sunday Roast (DR) 12:30pm
10 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm	11 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	12 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	13 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm	14 Guest Speaker (KL) 10:30am Curry Night (KL) 6:00pm	15 Kiora Café Open 9am - 12pm	16 Sunday Roast (DR) 12:30pm
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