

RESIDENT NEWSLETTER

AUGUST 2026



ST LOUIS ESTATE
LIVE WELL

You're invited to the
ST LOUIS ESTATE

Art Expo

We invite all St Louis Estate Residents to come along and celebrate the creativity and talents of fellow resident artists.

Exhibition Dates: 5th -7th of August 2026

Opening Night

Join us for the opening night of our 2026 exhibition.

Date: Wednesday 5th of August

Time: 4:30-6:30pm

RSVP is essential at reception.
Drinks and nibbles provided.

Exhibition Hours

External guests and residents welcome.

Date: Thursday 6th August

Time: 8:00am - 4:00pm

Date: Friday 7th August

Time: 9:00am - 11:00am



Aged Care Employee Day

Thanks for caring

AGED CARE EMPLOYEE DAY

Date: Friday 7th August

In August, Australia celebrates 'Aged Care Employee Day'. It is a national day to acknowledge more than 450,000 dedicated people who care for and support around a million older Australians, across the community, retirement living, home care and residential care sectors. This year, we say a special thank you for their continuing devotion to assisting so many vulnerable people.

We can take this opportunity to celebrate the contributions of our dedicated and amazing workforce here at St Louis Estate. Residents are invited to send thank you wishes or write a card to show their appreciation for our friendly and professional team. These can be dropped into reception prior to the 7th of August for all staff to read and enjoy.

FATHER'S DAY SUNDAY ROAST

Date: Sunday 6th September 2026 **Time:** 12:30pm

Where: Hinemoa Dining Room

Celebrate Father's Day with a delicious Sunday roast shared with family and friends. Join us at 12:30 pm on Sunday, 6 September 2026, in the Hinemoa Dining Room for a relaxed and enjoyable Father's Day lunch.

Enjoy a traditional roast meal and wonderful company as we celebrate the fathers, grandfathers and special men in our lives.



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MONTHLY MOVIES

If you have a special request for a movie your fellow residents may enjoy, please advise us via reception. **Every Thursday at 1:30pm in the Kingsmill Lounge. (No movie on the 6th)**



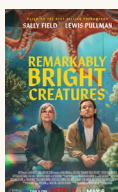
The Life List | 13th August

A woman revisits her childhood aspirations, endeavoring to achieve her old goals, only to discover that pursuing these lifelong dreams takes her on an unforeseen and surprising journey.



My Oxford Year | 20th August

When Anna, an ambitious young American woman, sets out for Oxford University to fulfill a childhood dream, she has her life completely on track until she meets a charming and clever local who profoundly alters both of their lives.



Remarkably Bright Creatures | 27th August

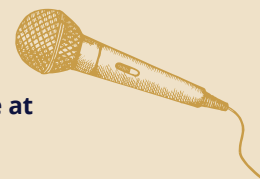
Through unlikely bonds formed during night shifts at a local aquarium, Tova, an elderly widow, learns of a life-changing discovery that may bring her joy and wonder once again.

AUGUST BIRTHDAYS

We would like to wish a Happy Birthday to all the August born St Louis residents and staff!



GUEST SPEAKERS



Join us **every Friday in the Kingsmill Lounge at 10:30am** for this month's guest speakers.

Gerry Westerberg | 14th August

Modelling Fun with Gerry

I will be bringing a number of my hand-crafted scale model ships and will give a talk on how/why/when/where I build my models.

My 2026 scale model exhibition has just finished and so I am able to bring some of them with me. The exhibition showcased 171 models that I have built.

All my ship models are to the same scale (1 inch = 16 feet) and are constructed from plans using mainly balsa wood. I mainly build Australian and British WWI and WWII ships but also build ships that are cute or historically significant.

Tim Keenan | 28th August

Humanitarian People I Have Worked With Over My Orthopaedic Career

Over the course of my medical career I have been especially privileged to work with many famous and interesting human beings, who have all contributed immensely to humanity and the world, including Mother Teresa in Calcutta, Catherine Hamlin in Ethiopia with women's fistulae, John Fawcett with eye surgery in Bali and Indonesia, and others including John Charnley who "invented" the total hip replacement surgery.

Alec O'Connell | 4th September

Hardship Is Not A Dirty Word

Since graduating as a teacher, Alec has worked across the full spectrum from Prekindergarten to Tertiary Education. Alec commenced as the 7th Headmaster of Scotch College in 2011. Scotch College commenced operation in 1897.

Before taking on the role of Headmaster at Scotch, Alec was Assistant Director at Catholic Education in WA where he held the portfolio of People and Organisational Services.

Through his career, Alec has held many honorary roles. He is currently Chairperson and a Director of the Association of Independent Schools in WA (AISWA), a Director of the Independent Schools Australia (ISA), Chair of Health Sciences External Advisory Board at the University of Notre Dame, and a member of the UWA Business School Ambassadorial Committee.

In recognition of professional service, Alec has received many awards. He is a Fellow of the Australian College of Educators (ACE), the Australian Institute of Management, the National Association of University Colleges and Halls and a Life Member of Trinity Residential College at the University of WA. He was also awarded the 2015 Australian College of Educators Medal for the most outstanding WA Educator and in 2026 Alec was awarded the AISWA Distinguished Service Award for exceptional service to education in WA.



MONTHLY EVENTS

SCRABBLE CLUB

Date: Every Thursday (6th, 13th, 20th, 27th)

Time: 1pm **Where:** Computer Room

BRIDGE CLUB

Date: Tuesday 4th and 18th

Time: 1pm **Where:** Computer Room

SOCIAL COMMITTEE MEETING

Date: Thursday 6th August

Time: 10am **Where:** Kiora

SATURDAY SUNDOWNER

Date: Saturday 8th August

Time: 5pm **Where:** KL

MAH JONG CLUB

Date: Tuesday 11th and 25th August

Time: 1pm **Where:** Computer Room



GARDEN COMMITTEE MEETING

Date: Wednesday 19th August

Time: 10:30am **Where:** KL

CELEBRATE ST LOUIS MORNING TEA

Date: Friday 21st August

Time: 10:30am **Where:** KL

RESIDENT COMMITTEE MEETING

Date: Wednesday 26th August

Time: 10am **Where:** KL

SOCIAL CLUB EVENT

Date: Saturday 29th August

Time: 5pm **Where:** KL

2026 AUSTRALIAN CENSUS – TUESDAY 11 AUGUST 2026

A message from Fiona Siford, the Australian Bureau of Statistics (ABS) Census Field Manager for Claremont.

It was lovely meeting some of the residents on Saturday whilst I was delivering census forms. For any residents who were not home I have placed the paper form and envelope under the doormat/front door. I will be visiting the remainder of residents throughout the week.

A couple of things to remember:

Please note that the census date is Tuesday 11th August. You can complete the Census as soon as you receive your form, if you know where you will be on Census night.

Completing the Census is compulsory. Your participation ensures the Census delivers a complete picture of Australia, helping governments and communities plan for the future.

Your census form can be completed either using the paper form or online using the unique code on the form which has been delivered to you. Family/friends are able to assist you in completing the form.

If using the paper form, please return it using the reply paid envelope provided. For any residents unable to get to a post box, I can collect your forms when I return for follow up after the census date.

If you complete the Census online could you please keep a record of your receipt number.

If you have any queries regarding completion of the Census please call the Census support phone number on the back of your Census form, or go to the Census website for more help: www.info.census.abs.gov.au/help

CENSUS



DOGS ON LEADS

A friendly reminder that all dogs must be kept on a lead while in communal areas of the village. Please also ensure you pick up after your dog and dispose of waste appropriately.

VILLAGE SPEED LIMIT

For the safety of residents, visitors and staff, the speed limit on all internal village roads is **8 km/h**. Please drive slowly and remain alert at all times.

ST LOUIS CARE AT HOME UPDATE

AUGUST 2026

ALL ABOUT SUPPORT AT HOME CARE

You can find **St Louis Care at Home** at Unit 57, 10 Albert Street, St Louis Estate, or at our Cottesloe Office, Level 1, 525 Stirling Hwy, Cottesloe.

Our friendly and helpful team is available Monday to Friday, 8am to 3pm, on (08) 9385 3406 to answer any home care enquiries you might have for yourself, a family member, friend, or neighbour at St Louis Estate or from across Perth's Western Suburbs.

Our Home Care programs include:

1. Home Care Packages Levels 1-4
2. Support at Home Levels 1-8
3. Department of Veteran Affairs – Personal and Nursing Care
4. Restorative Care
5. Assistive Technology and Home Modifications
6. Fee for Service

To find out more about registering with My Aged Care for an assessment for home care services, please contact, Karena Sherriff on **(08) 9385 3406**.

5 STEPS TO ACCESSING SUPPORT AT HOME CARE

Join Karena Sherriff, CEO, St Louis Care at Home, on **Wednesday, 19th of August 2026, at 11.00 am at St Louis Estate, Kingsmill Lounge** for a free Support at Home Care information session. Karena will be presenting 5 steps to accessing the government-subsidised Support at Home program.

To book your place today, phone Freya on **9385 3406** or email homecare@stlouiscareathome.com.au

DEPARTMENT OF VETERAN AFFAIRS

Do you know a Veteran who might benefit from Nursing or Personal Care?

St Louis Care at Home is an approved Department of Veteran Affairs provider offering community nursing and personal care services to eligible veterans across the Western Suburbs of Perth.

If you have a Gold or White Veterans card, please enquire about our veteran services by phoning **(08) 9385 3406** or emailing homecare@stlouiscareathome.com.au. We look forward to hearing from you.

SHOPPING BUS SERVICE

St Louis Home Care offers a Thursday shopper bus service to all residents of St Louis Estate.

The service leaves the Homestead at **1:00pm, each Thursday**, and returns to St Louis Estate at 2:30pm.

The Shopper bus **new service fee is \$20.00** per person from August 2026. No bookings are required.



RESIDENTS' ROVING REPORTER

AUGUST 2026



St Louis Estate Social Club invites you to... **THE NEWBY BLUES**



An A Cappella experience you wont forget!

The Newby Blues are an exciting all male a cappella group from St Georges College With their voices warmed, suits pressed and bow ties donned, these 14 young men serve up a hot musical experience bursting with personality and showmanship

Date: Saturday 29th August **Time:** 5:00pm | Kingsmill Lounge

Price: Tickets are \$10.00 per person, via the office.

A FRIENDLY REMINDER ABOUT EVENT BOOKINGS

One of the great strengths of our Village is the wonderful range of social activities and events available to residents throughout the year, from lunches and concerts to special dinners and social gatherings these events provide opportunity to make friends have fun and enjoy the Village life.

However we've recently experienced the growing problem with residents putting their names down for events and then not attending without letting us know. While we understand that unexpected circumstances can arise, last minute "no shows" can create significant difficulties for event organisers. Most events require advance planning, food must be ordered, seating arranged, supplies purchased and numbers confirmed with caterers and entertainers. When people book a place and do not attend valuable resources can be wasted, costs may increase and other residents whom have wished to attend can miss out on a place. Social Club volunteers work hard to organise enjoyable activities for everyone and accurate attendance numbers help us make the best use of club funds and ensure events run smoothly.

To assist everyone we encourage residents to regularly check the monthly calendar and make a note of any events they have booked. A quick glance at the calendar each week can help avoid forgotten commitments and reduce the number of empty seats at our functions. Thank you for your understanding in cooperation with everyone support we can continue to provide enjoyable and successful events for all our residents.

Your Social Club Committee



*Jan Harley's morning routine.
All-Bran first, Estate calendar second.
"One keeps me regular, the other keeps
me organised"*

THE MISMATCHED SOCK MAESTRO

One of our favourite American residents Charlie Townsend has become something of a celebrity at the exercise class and not just because of his enthusiastic stretches.

The real show begins when the shoes come off. Out pop the most amazing collection of colourful socks you could imagine with no two ever the same. Stripes on one foot polka dots on the other, bright colours clashing in perfect harmony.

It seems matching socks is simply not part of Charlie's exercise routine. We now suspect many residents spend more time admiring his latest sock combination than concentrating on their balance exercises

Long may his colourful footwear keep us smiling.



RESIDENTS' ROVING REPORTER

AUGUST 2026

JUNE AND FRANK

Margaret June Lynn was born in Perth in 1930 she was educated at Saint Hilda's primary school and later at Presbytery Ladies College. In her youth a champion tennis player selected for the Wilson cup state teams in 1948/49. June studied physical education at UWA and University of Melbourne. In 1951 she married Frank Craig. June and Frank had three children, one of whom was tragically killed by a falling tree from a Bush fire.

June joined the Liberal Party in 1950 and was elected to the legislative assembly for the southwest seat of Wellington in 1974. After only one term in parliament she became only the second woman to achieve cabinet rank in WA after which she held various cabinet posts until losing her parliamentary seat in the 1983 State election. After leaving parliament she was a partner in a children's clothing business and served as senior vice president of the Forest division of the Liberal Party. In 1994 June was appointed a member of the general division of the order of Australia (AM) for her long and distinguished parliamentary and community service.

June moved to St Louis nine years ago and considers the move an excellent decision as she is a very happy camper on the Estate.



EARLY PHOTOGRAPHS OF PERTH

History came vividly to life as history "Supremo" Richard Offens once again captivated a packed Kingsmill Lounge with a fascinating presentation featuring remarkable photographs of Perth between 1860 to 1899.

He traced the beginnings of photography in the early 1800s and showcased some of the earliest images of WA, many of which are preserved in the State library.

Richard's annual visits to St Louis are always eagerly anticipated and once again he delivered an informative and thoroughly engaging talk.



PAWS FOR A SMILE

St Louis is home to many much loved four legged companions who bring endless joy to their owners. For so many residents their little dogs are far more than pets they are loyal friends faithful companions and cherished members of the family. They provide comfort, encourage daily walks, spark conversations with neighbours and greet each other each day with wagging tails and unconditional love. The special bond between residents and their canine companions is a wonderful reminder that friendship comes in many forms and the happiness these little dogs bring helps make our village an even warmer more caring place to call home.



Debbie Frink with her 7 year old Pomeranian "Sassy".



Jacqui Broadhurst with her 7 year old Shelti/ Poodle "Lottie".



Michael Prevost with his 10 year old Shih-Tsu/ Maltese. "Wicket".



Kerrie Roberts with her 7 year old Toy Poodle/Shih-Tsu "Cricket".



Joan Grist with her 5 year old Cocker spaniel/ Cadsole "Poppy".



Pam Hunt with her 12 year old Maltese cross "Prudence".



John Henderson with his 3 year old Jack Russell "Bernie".



Duncan and Margaret McMurtrie with their 12 year old Kelpie cross "Dougal".



Brenda Wood with her 14 year old Staffie cross "Tillie".

RESIDENTS' ROVING REPORTER

A TASTE OF ASIA

The Kingsmill Lounge was filled to capacity as 60 residents gathered to enjoy the Social Clubs monthly Theme dinner. This time with the delicious Asian flavour. A tempting variety of dishes there was something for everyone and the happy chat around the room show just how much the evening was enjoyed. To top it all off residents were invited to take home an extra meal in the take away containers provided. It was truly a case of two meals for the price of 1. Great food, great company and great value. Another wonderful evening brought to our community by the Social Club.



With generous leftovers, Chairman Peter Hunt was only too happy to dish up a takeaway for Jan Walsh to enjoy the following day.



Ex Surf Life saver Laurie Varendorff relating to RLSAWA spokesperson Georgia Williams describing how he used to save surfers with the "old Reel and line" system!!

IN THE BUSINESS OF SAVING LIVES

The Royal Lifesaving Society of WA has played a vital role in keeping our community safe for generations. Through its outstanding work in teaching children and adults to swim, promoting water safety and providing life saving and first aid training, the organisation has helped prevent countless tragedies. In a state where beaches rivers and pools are such a big part of our lifestyle, it's dedicated instructors and volunteers continue to give people the skills and confidence to enjoy the water safely.

VILLAGE GARDENS

Reticulation sprinklers are now off for the winter by government regulation. They come on again on August 31st. However hand watering is still permitted. The rest of winter is forecast to be hotter and drier than normal. To keep and help our gardens looking good and alive over this period and into summer, I would ask residents that are able, to hand water where possible the Village gardens in their vicinity, and in the summer make Wednesday an extra water day by hand between Monday and Friday retic days. With the most generous donation of \$500 from the Social club, over \$1200 worth of various plants have been planted over the seven half acres of the village this winter Meikle Meecham (Chairman garden committee).



Setting the example of caring for a communal garden is Meikle and Anne Meecham.