

AUGUST 2026

WHAT'S ON THIS MONTH

							Meal of the day	Important Dates/Public Hols	Events in the Village	Exercise/Activity Class	Village Organised Trip
							Social Activities	Guest Talk	Formal Dining (menu on back)	Casual Dinner	Closed
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
31					1	2					
Chair Yoga (Kiora) 10:30am					Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm Roast Beef and Vegetables Dessert: Sticky Date Pudding					
Pasta Night (KL) 6:00pm Chicken Pasta Bake											
3	4	5	6	7	8	9					
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Curry Night (KL) 6:00pm Lamb Vindaloo	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm Roast Turkey and Vegetables Dessert: Pavlova					
Pasta Night (KL) 6:00pm Pesto Spinach Penne	Seniors Morning Tea (PDR) 10.00am (Private Event)	Yoga (Kiora) 9:00am	Social Committee Meeting (Kiora) 10:00am	CCGS VISIT 1:30pm-3:00pm	Saturday Sundowner 5.00pm (KL) Everyone Welcome BYO Drinks and Nibbles						
	Bridge Club (Computer Room) 1:00pm	Sound Healing (Kiora) 10:30am	No Movie	ART EXHIBITION 9:00am-11:00am							
		No Wednesday Dining	Scrabble (Computer Room) 1:00pm								
		ART EXHIBITION OPENING NIGHT 4.30pm - 6.30pm	ART EXHIBITION 8:00am-4:00pm								
10	11	12	13	14	15	16					
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am Gerry Westerberg Modelling Fun with Gerry	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm Roast Chicken and Vegetables Dessert: Chocolate Mousse					
Pasta Night (KL) 6:00pm Tuna Bake	Mah-Jong Club (Computer Room) 1:00pm	Yoga (Kiora) 9:00am	Scrabble (Computer Room) 1:00pm	Curry Night (KL) 6:00pm Beef Rogan Josh							
	Census Night	Sound Healing (Kiora) 10:30am	Movie (KL) 1:30pm The Life List								
		Wednesday Dining (DR) 6:00pm									
17	18	19	20	21	22	23					
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Birthday Morning Tea (KL) 10:30am	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm Roast Pork and Vegetables Dessert: Apple and Rhubarb Crumble					
Pasta Night (KL) 6:00pm Spaghetti and Meatballs	Bridge Club (Computer Room) 1:00pm	Yoga (Kiora) 9:00am	Scrabble (Computer Room) 1:00pm	Curry Night (KL) 6:00pm Coconut Chicken Curry							
		Sound Healing (Kiora) 10:30am	Movie (KL) 1:30pm My Oxford Year								
		Garden Committee Meeting (PDR) 10:30am									
		Wednesday Dining (DR) 6:00pm									
24	25	26	27	28	29	30					
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am Tim Keenan "Humanitarian People I Have Worked With Over My Orthopaedic Career"	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm Roast Beef and Vegetables Dessert: Chocolate Brownie					
Pasta Night (KL) 6:00pm Halloumi Pasta	Mah-Jong Club (Computer Room) 1:00pm	Yoga (Kiora) 9:00am	Scrabble (Computer Room) 1:00pm	Curry Night (KL) 6:00pm Lamb Madras	Social Club Event (KL) 5:00pm 'The Newby Blues'						
		Sound Healing (Kiora) 10:30am	Movie (KL) 1:30pm Remarkably Bright Creatures								
		Wednesday Dining (DR) 6:00pm									
		Resident Committee Meeting (PDR) 10:00am									

AUGUST WEDNESDAY DINING	5 NO WEDNESDAY DINING	12 Wednesday Dining (DR) 6.00 pm Barramundi or Corned Beef Silverside Dessert: Tiramisu	19 Wednesday Dining (DR) 6.00 pm Snapper and Beef Fillet Dessert: Panna Cotta	26 Wednesday Dining (DR) 6.00 pm Garlic Prawns or Lamb Shank Dessert: Apple & Rhubarb Crumble
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TENTATIVE SEPTEMBER CALENDAR 2026

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Seniors Morning Tea (PDR) 10.00am (Private Event) Gentle Exercise (Kiora) 11:15am Bridge Club (Computer room) 1:00pm	2 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	3 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm The Woman in the Window Social Club Committee Meeting (Kiora) 10:00am Scrabble (PDR) 1:00pm	4 Guest Speaker (KL) 10:30am Alec O'Connell "Hardship is Not a Dirty Word" CCGS VISIT 1:30pm- 3:00pm Curry Night (KL) 6:00pm Butter Chicken	5 Kiora Café Open 9am - 12pm	6 FATHER'S DAY Father's Day Roast (DR) 12.30 pm Roast Beef and Vegetables Dessert: Panna Cotta
7 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Chicken Risoni	8 Order of Australia Private Event (PDR) Gentle Exercise (Kiora) 11:15am Mah-Jong Club (Computer room) 1:00pm	9 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	10 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm Secret Lives of Orangutans David Attenborough Scrabble (PDR) 1:00pm	11 Guest Speaker (KL) 10:30am CCGS VISIT 1:30pm- 3:00pm Curry Night (KL) 6:00pm Beef Rogan Josh	12 Kiora Café Open 9am - 12pm	13 Sunday Roast (DR) 12:30pm Roast Turkey and Vegetables Dessert: Mango Mousse
14 Chair Yoga (Kiora) 10:30am Pasta Night 6.00pm (KL) Spaghetti Bolognese	15 Gentle Exercise (Kiora) 11:15am Bridge Club (Computer room) 1:00pm	16 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Garden Committee Meeting (PDR) 10:30am Wednesday Dining 6:00pm (DR)	17 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm Our Planet David Attenborough Scrabble (PDR) 1:00pm	18 Birthday Morning Tea (KL) 10:30am CCGS VISIT 1:30pm- 3:00pm Curry Night (KL) 6:00pm Lamb Korma	19 Kiora Café Open 9am - 12pm	20 Sunday Roast (DR) 12:30pm Roast Chicken and Vegetables Dessert: Chocolate Brownie
21 Chair Yoga (Kiora) 10:30am Pasta Night 6.00pm (KL) Tuna Bake	22 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (Computer room) 1:00pm	23 Aqua Aerobics (Pool) 9:00am Sound Healing (Kiora) 10:30am Resident Committee Meeting 10:00am (PDR) Wednesday Dining 6:00pm (DR)	24 Gentle Exercise (Kiora) 11:15am Movie (KL) 1:30pm A Life on Our Planet David Attenborough Scrabble (PDR) 1:00pm	25 Guest Speaker (KL) 10:30am Brian Sierakowski NO CCGS VISIT Curry Night (KL) 6:00pm Thai Green Chicken Curry	26 AFL GRAND FINAL Kiora Café Open 9am - 12pm Social Club Event (KL) 5:30pm	27 Sunday Roast (DR) 12:30pm Roast Pork and Vegetables Dessert: Apple & Rhubarb Crumble
28 Kings Birthday Public Holiday Office & Café Closed. No Pasta Night	29 Gentle Exercise (Kiora) 11:15am Bridge Club (Computer room) 1:00pm	30 Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining 6:00pm (DR)				