

WHAT'S ON THIS MONTH

- Meal of the day
- Important Dates/Public Hols
- Events in the Village
- Exercise/Activity Class
- Village Organised Trip
- Social Activities
- Guest Talk
- Formal Dining (menu on back)
- Casual Dinner
- Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Gentle Exercise (Kiora) 11:15am Seniors Morning Tea (PDR) 10.00am (Private Event) Bridge Club (CR) 1:00pm	2 Aqua Aerobics (Pool) 9:00am Wednesday Dining (DR) 6:00pm Cajun Spiced Chicken or Salmon Dessert: Sticky Date Pudding	3 Gentle Exercise (Kiora) 11:15am Scrabble Club (CR) 1:00pm Movie (KL) 1:30pm The Woman in the Window Social Committee Meeting (Kiora) 10:00am	4 Guest Speaker (KL) 10:30am Alec O'Connell "Hardship is Not a Dirty Word" CCGS Visit 1:30pm- 3:00pm Curry Night (KL) 6:00pm Butter Chicken	5 Kiora Café Open 9am - 12pm	6 HAPPY FATHER'S DAY! Father's Day Roast (DR) 12.30 pm Roast Beef and Vegetables Dessert: Chocolate Mousse
7 Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Chicken Risoni	8 Order of Australia Private Event (PDR) Gentle Exercise (Kiora) 11:15am Mah-Jong Club (CR) 1:00pm	9 Aqua Aerobics (Pool) 9:00am Wednesday Dining (DR) 6:00pm Snapper or Lamb Cutlet Dessert: Fruit Cobbler	10 Gentle Exercise (Kiora) 11:15am Scrabble Club (CR) 1:00pm Movie (KL) 1:30pm Secret Lives of Orangutans David Attenborough	11 Guest Speaker (KL) 10:30am Danielle Sartorelli "Life in Installments" CCGS VISIT 1:30pm- 3:00pm Curry Night (KL) 6:00pm Beef Rogan Josh	12 Kiora Café Open 9am - 12pm Social Club Sundowner (KL) 5:00pm BYO Drinks & Nibbles All Welcome	13 Sunday Roast (DR) 12:30pm Roast Turkey and Vegetables Dessert: Panna Cotta
14 Chair Yoga (Kiora) 10:30am Pasta Night 6.00pm (KL) Spaghetti Bolognese	15 Gentle Exercise (Kiora) 11:15am Bridge Club (CR) 1:00pm	16 Aqua Aerobics (Pool) 9:00am Garden Committee Meeting (PDR) 10:30am Wednesday Dining (DR) 6:00pm Barramundi or Pork Chop Dessert: Pavlova	17 Gentle Exercise (Kiora) 11:15am Scrabble Club (CR) 1:00pm Movie (KL) 1:30pm Our Planet David Attenborough	18 Birthday Morning Tea (KL) 10:30am CCGS VISIT 1:30pm- 3:00pm Curry Night (KL) 6:00pm Lamb Korma	19 Kiora Café Open 9am - 12pm	20 Sunday Roast (DR) 12:30pm Roast Chicken and Vegetables Dessert: Chocolate Brownie
21 Chair Yoga (Kiora) 10:30am Pasta Night 6.00pm (KL) Tuna Bake	22 Gentle Exercise (Kiora) 11:15am Mah-Jong Club (CR) 1:00pm	23 Aqua Aerobics (Pool) 9:00am Resident Committee Meeting (PDR) 10:00am Wednesday Dining 6:00pm (DR) Garlic Prawns or Beef Fillet Dessert: Cheesecake	24 Gentle Exercise (Kiora) 11:15am Scrabble Club (CR) 1:00pm Movie (KL) 1:30pm A Life on Our Planet David Attenborough	25 Guest Speaker (KL) 10:30am Brian Sierakowski AFL Football Legend NO CCGS VISIT Curry Night (KL) 6:00pm Thai Green Chicken Curry	26 AFL GRAND FINAL Kiora Café Open 9am - 12pm Social Club AFL Grand Final Event (KL) 11:45am Arrival 12:00pm Start BYO	27 Sunday Roast (DR) 12:30pm Roast Pork and Vegetables Dessert: Apple & Rhubarb Crumble
28 King's Birthday Public Holiday Office & Café Closed No Pasta Night	29 Gentle Exercise (Kiora) 11:15am Bridge Club (CR) 1:00pm	30 Aqua Aerobics (Pool) 9:00am Wednesday Dining 6:00pm (DR) Cod Fillet or Chicken Kiev Dessert: Chocolate Mousse				

TENTATIVE OCTOBER 2026 CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
			Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am Alan Harvey	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
			Movie (KL) 1:30pm	Happy Hour 5pm (KL)		
			Social Club Committee Meeting (Kiora) 10:00am	Curry Night (KL) 6:00pm		
5	6	7	8	9	10	11
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am Sarah Murphy East Perth Cemeteries	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
Pasta Night (KL) 6:00pm	Seniors Morning Tea (PDR) 10:00am Private Event	Yoga (Kiora) 9:00am	Movie (KL) 1:30pm	Curry Night (KL) 6:00pm		
	Bridge Club (KL) 1:00pm	Sound Healing (Kiora) 10:30am				
		Wednesday Dining (DR) 6:00pm				
12	13	14	15	16	17	18
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Birthday Morning Tea (KL) 10:30am	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
Pasta Night (KL) 6.00pm	Mah-jong Club (KL) 1:00pm	Yoga (Kiora) 9:00am	Movie (KL) 1:30pm	Curry Night (KL) 6:00pm		
		Sound Healing (Kiora) 10:30am				
		Wednesday Dining 6:00pm (DR)				
19	20	21	22	23	24	25
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm
Pasta Night (KL) 6.00pm	Bridge Club (KL) 1:00pm	Sound Healing (Kiora) 10:30am	Movie (KL) 1:30pm	Curry Night (KL) 6:00pm		
		Garden Committee Meeting 10:30am (PDR)				
		Wednesday Dining 6:00pm (DR)				
26	27	28	29	30	31	
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Pink Ribbon Brunch 9:45am	HALLOWEEN	
Pasta Night (KL) 6.00pm	Mah-Jong Club (KL) 1:00pm	Yoga (Kiora) 9:00am	Movie (KL) 1:30pm	Guest Speaker (KL) 10:30am	Kiora Café Open 9am - 12pm	
		Sound Healing (Kiora) 10:30am		Curry Night (KL) 6:00pm	Social Club Event 6:00pm	
		Resident Committee Meeting 10:30am (PDR)				
		Wednesday Dining 6:00pm (DR)				