

WHAT'S ON THIS MONTH

- Meal of the day
- Important Dates/Public Hols
- Events in the Village
- Exercise/Activity Class
- Village Organised Trip
- Social Activities
- Guest Talk
- Formal Dining (menu on back)
- Casual Dinner
- Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
			Gentle Exercise (Kiora) 11:15am Social Committee Meeting (Kiora) 10:00am Scrabble (Computer Room) 1:00pm Movie (KL) 1:30pm Song Sung Blue	Guest Speaker (KL) 10:30am Alan Harvey Curry Night (KL) 6:00pm Thai Red Beef Curry NO CCGS Visit	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm Roast Beef and Vegetables Dessert: Sticky Date Pudding
5	6	7	8	9	10	11
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6:00pm Spaghetti Meatball Pasta	Gentle Exercise (Kiora) 11:15am Seniors Morning Tea (PDR) 10:00am Private Event Bridge Club (KL) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining (DR) 6:00pm	Gentle Exercise (Kiora) 11:15am Scrabble (PDR) 1:00pm Movie (KL) 1:30pm Elvis	Pink Ribbon Brunch (KL) 9:45am No Curry Night NO CCGS Visit	Kiora Café Open 9am - 12pm Spanish Night (KL) 5:00pm Tickets Essential	Sunday Roast (DR) 12:30pm Roast Turkey and Vegetables Dessert: Mango Mousse
12	13	14	15	16	17	18
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6.00pm Cheesy Corn and Bacon Macaroni and Cheese	Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Wednesday Dining 6:00pm (DR)	Gentle Exercise (Kiora) 11:15am Scrabble (PDR) 1:00pm Movie (KL) 1:30pm Bohemian Rhapsody	Birthday Morning Tea (KL) 10:30am Curry Night (KL) 6:00pm Penang Chicken Curry CCGS Visit 1:30-3:00pm	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm Roast Chicken and Vegetables Dessert: Apple & Rhubarb Crumble
19	20	21	22	23	24	25
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6.00pm Tuna and Tomato Linguine	Gentle Exercise (Kiora) 11:15am Bridge Club (KL) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Garden Committee Meeting 10:30am (PDR) Wednesday Dining 6:00pm (DR)	Gentle Exercise (Kiora) 11:15am Scrabble (PDR) 1:00pm Movie (KL) 1:30pm Hachi	Guest Speaker (KL) 10:30am Sarah Murphy East Perth Cemeteries Curry Night (KL) 6:00pm Beef Massaman Curry CCGS Visit 1:30-3:00pm	Kiora Café Open 9am - 12pm	Sunday Roast (DR) 12:30pm Roast Pork and Vegetables Dessert: Chocolate Mousse
26	27	28	29	30	31	
Chair Yoga (Kiora) 10:30am Pasta Night (KL) 6.00pm Chicken Pesto Pasta	Gentle Exercise (Kiora) 11:15am Mah-Jong Club (KL) 1:00pm	Aqua Aerobics (Pool) 9:00am Yoga (Kiora) 9:00am Sound Healing (Kiora) 10:30am Resident Committee Meeting 10:00am (PDR) Wednesday Dining 6:00pm (DR)	Gentle Exercise (Kiora) 11:15am Scrabble (PDR) 1:00pm Movie (KL) 1:30pm The Wolf of Wall Street	Guest Speaker (KL) 10:30am Dr Michael Dawber GPS on Bayview Skin Cancer Information Session Curry Night (KL) 6:00pm Chicken Satay	HALLOWEEN Kiora Café Open 9am - 12pm Social Club Quiz Night (KL) 6:00pm Tickets Essential	

OCTOBER WEDNESDAY DINING	7	14	21	28
	Wednesday Dining (DR) 6.00 pm Pork Belly or Salmon Dessert: Tiramisu	Wednesday Dining (DR) 6.00 pm Barramundi or Beef Cheeks Dessert: Chocolate Brownie	Wednesday Dining (DR) 6.00 pm Snapper or Lamb Shank Dessert: Cheesecake	Wednesday Dining (DR) 6.00 pm Cod Fillet or Porterhouse Steak Dessert: Apple Crumble

TENTATIVE NOVEMBER CALENDAR 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30						1
Chair Yoga (Kiora) 10:30am						Sunday Roast (DR) 12:30pm Roast Beef and Vegetables
Pasta Night (KL) 6:00pm Spaghetti Bolognese						
2	3	4	5	6	7	8
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	AGM Meeting (KL) 10:30am	Kiora Café Open 9:00am - 12:00pm	Sunday Roast (DR) 12:30pm Roast Turkey and Vegetables
Pasta Night (KL) 6:00pm Chicken Lasagne	Melbourne Cup Luncheon (DR) 11:45am	Yoga (Kiora) 9:00am	Movie (KL) 1:30pm	NO CCGS VISIT		
	Bridge Club (KL) 1:00pm	Sound Healing (Kiora) 10:30am	Social Club Committee Meeting (Kiora) 10:00am	Curry Night (KL) 6:00pm		
		Wednesday Dining (DR) 6:00pm				
9	10	11	12	13	14	15
Chair Yoga (Kiora) 10:30am	Order of Australia Private Event (PDR)	REMEMBRANCE DAY 2026	Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am	Kiora Café Open 9:00am - 12:00pm	Sunday Roast (DR) 12:30pm Chicken Maryland and Vegetables
Pasta Night (KL) 6:00pm Tuna Bake	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Movie (KL) 1:30pm	NO CCGS VISIT	Social Club Sundowner (KL) 5:00pm BYO Drinks & Nibbles All welcome	
	Mah-Jong Club (PDR) 1:00pm	Yoga (Kiora) 9:00am		Curry Night (KL) 6:00pm		
		Sound Healing (Kiora) 10:30am				
		Wednesday Dining (DR) 6:00pm				
16	17	18	19	20	21	22
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Birthday Morning Tea (KL) 10:30am	Kiora Café Open 9:00am - 12:00pm	Sunday Roast (DR) 12:30pm Roast Pork and Vegetables
Pasta Night (KL) 6:00pm Fettuccine Carbonara	Bridge Club (KL) 1:00pm	Sound Healing (Kiora) 10:30am	Movie (KL) 1:30pm	NO CCGS VISIT		
		Garden Committee Meeting (PDR) 10:30am		Curry Night (KL) 6:00pm		
		Wednesday Dining 6:00pm (DR)				
23	24	25	26	27	28	29
Chair Yoga (Kiora) 10:30am	Gentle Exercise (Kiora) 11:15am	Aqua Aerobics (Pool) 9:00am	Gentle Exercise (Kiora) 11:15am	Guest Speaker (KL) 10:30am	Kiora Café Open 9:00am - 12:00pm	Sunday Roast (DR) 12:30pm Roast Beef and Vegetables
Pasta Night (KL) 6:00pm Penne Arrabbiata	Mah-Jong Club (KL) 1:00pm	Yoga (Kiora) 9:00am	Movie (KL) 1:30pm	NO CCGS VISIT	Social Club Event 6:00pm	
		Sound Healing (Kiora) 10:30 am	Christmas Cocktail Party	Curry Night (KL) 6:00pm		
		Resident Committee Meeting (PDR) 10:30am				
		Wednesday Dining 6:00pm (DR)				